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COVER: Burwood Walks Page 20



FROM THE EDITOR

WE have a nice surprise for our readers – welcome to new volunteer, cartoonist Paul Woods. Check out 'Insert Brain Here' (p.29).

Christmas events include an article about 'WWII War Brides at Christmas' with Burwood and Hartwell connections (p.45). As usual, we have delved into the past and have some interesting fare – runaway lovers at Camberwell railway station; a man who lived during the reign of six monarchs; and well-known Robin Boyd's connection to Ashwood.

Mark Learmonth's popular Burwood Walks is at walk #37! Join Mark for a 6km trek along the 'Trails and Reserves in Burwood' (p.20). Suzsi shares her 'Happy Place' with us in Suzsi's Garden (p.41) and Yoshi tells us about preparing her farm for the bushfire season in On the Farm with Yoshi (p.34).

The Bulletin wishes our Advertisers, Readers and Volunteers all the very best for Christmas and 2023.

SUMMER 2022-2023

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LOCAL CLASSIFIEDS
COMMUNITY NOTICES

SUBSCRIPTIONS

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(see page 7 for Advertising rates)



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- Joan Camberwell

VERYBODY loves Maisie; she is adorable, she is sweet, perhaps a little furry, but supportive and smart!

She does need looking after though. She needs to be fed, cleaned and have a haircut occasionally and taken out for exercise. That's okay, because Maisie is a great support for her owner Travina by alerting her to sounds like the doorbell or knock, smoke alarm, mobile phone and oven timer, all of which help Travina as she is hard of hearing.

Hang on!! Owner? Well, sometimes we're not too sure who owns who! Maisie is Travina's hearing dog, and a great companion to her.

For many years our club, Lions Club of Boroondara Gardiners Creek, has been supporting the Lions Hearing Dog programs with donations. When the opportunity became available for a local Ashburton resident to benefit from the Hearing Dog program, our club applied and two years later, Maisie arrived. Although the process was delayed by Covid, the Lions Hearing Dogs (based in Adelaide Hills, South Australia) were fantastic, and kept us informed about what was going on. Pups were being well trained at the Hearing Dog Centre and, with the help of Lauren and others, the project was underway and Maisie was chosen for her important job.

When Lauren came to Melbourne with Maisie, she was just 14 months old and ready to be assigned to Travina. Travina's eyes lit up when Maisie arrived. In fact, all our eyes lit up – such a cute, kind, clever dog. We hoped she'd pass the tests. For the 12 weeks Maisie and Travina were getting used to each other, our members got involved checking that Maisie was responding to the sounds and alerting Travina, and reported her progress to the Hearing Dogs. (By the way, we not only had to see that Maisie was doing her job – we had to ensure Travina wasn't spoiling Maisie.)

It was hard sometimes, because Maisie would jump around in excitement and we had to almost ignore her to get her to settle down. That was tough – we gave Maisie a pat later.

After twelve or so weeks, Maisie showed us she was smart and got a perfect score, passing with flying colours. Just recently, the past and current president presented Maisie with her special accreditation collar – impressive. Travina is a wonderful person, and we as a club are very pleased how well this has worked out, as is Travina. It did take time but it was well worth it. A good result all round. (More good news – Travina is soon to become a member of our club, and can bring Maisie to meetings.)

A special thanks to Lions Hearing Dogs – especially Lauren who helped guide us on this great project.

If you would like to know more about Lions Hearing Dogs, go to: www.lionshearingdogs.com.au, or contact their national headquarters info@lionshearingdogs.com.au

PETER MERANGE

Past President, Lions Club of Boroondara-Gardiners Creek



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Christmas

N 2002 The Alcove Art Shop (The Alcove) was established by a group of local artists who envisioned an outlet for artisans in the Whitehorse area that supported them with low commissions and brought them together as a community. It is nestled within the architecturally designed Box Hill Community Arts Centre (BHCAC), within the heritage listed Combarton Street precinct of Box Hill.

The Alcove was conceived as more than just a retail outlet for artisans to sell their wares. Visiting The Alcove will also give you the opportunity to meet some of our artists. Few opportunities exist for artists to meet their customers and vice-versa. Those who work in the shop value this interaction. In fact, this was one of the main inspirations for opening The Alcove.

At The Alcove, you will find a wonderful array of lovingly created crafts in a large array of mediums, including ceramics, wood art, jewellery, paintings, textiles, papercrafts, soaps and glassware. Each artist goes through a vetting process to become a member, and all items have to be original and handmade.

Many artist-run spaces have been established in Victoria, but few remain. The Alcove is one of the few such places still thriving; a testament to the hard work and dedication of its members, who do everything from running the shop to marketing and bookkeeping on a voluntary basis. It recently celebrated its 20th anniversary



A'Fair Exhibition

with a delightful afternoon tea and was attended by the Mayor and Assistant Mayor of the City of Whitehorse. The last two years have been difficult, but it did spur us on to create a new website which allows our members to sell their products online.

In addition to the bricks and mortar shop, and the online shop, The Alcove runs exhibitions at the BHCAC twice a year. During these special exhibitions, The Alcove spills into the gallery space of the BHCAC and fills it with items celebrating the beauty and joy of the season. It is a feast for your eyes providing a wonderful opportunity for you to purchase something special for yourself or your loved ones.

On Monday 5 December at 6–8pm, The Alcove will be holding the opening night to its annual Christmas A'Fair exhibition. If you'd enjoy a leisurely browse of handmade creations while meeting our artists, come along. The exhibition will continue until 18 December, 10am to 4pm Monday to Saturdays.

If you would like to find out more about The Alcove, visit www.alcoveartshop.org.au or like us on our Facebook page www.facebook.com/alcoveartshop or Instagram. We also have an online shop at our website. Or better yet, come into our bricks and mortar shop at 1/470 Station Street (at the corner of Combarton Street) Box Hill and browse our special space.

JEAN FREDERICKS





Every quarter – summer, autumn, winter and spring – 5000 copies of *The Bulletin* are delivered to local businesses, council offices, libraries, community centres, neighbourhood houses, op shops, cafes, banks, council service centres, rotary and lions clubs and many other locations – see 'Find your copy of *The Bulletin'* elsewhere in this issue.

Being local we'll reach your target audience.

ADVERTISING RATES (per issue)

Eighth-page: \$98

Quarter-page: \$185

Half-page: \$306

Full-page: \$485

Banner (cover): \$400

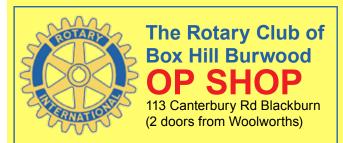
All listed prices are GST inclusive

Pre-booked print-ready ads must be submitted by our advertising deadlines of 1 February, 1 May, 1 August and 1 November. Otherwise, should you wish to have *The Bulletin's* Graphic Designer assist you with your ad – there is no charge for this service – the deadline is two weeks prior. A completed booking form is required to allow us to allocate space in the magazine.

We also have our Local Classifieds Directory – see the middle pages for prices.

Email advertise@burwoodbulletin.org or phone 0431 482 270

A not-for-profit organisation, Burwood Bulletin Inc. is run entirely by unpaid volunteers



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All funds go to Rotary projects – mostly local, some overseas.

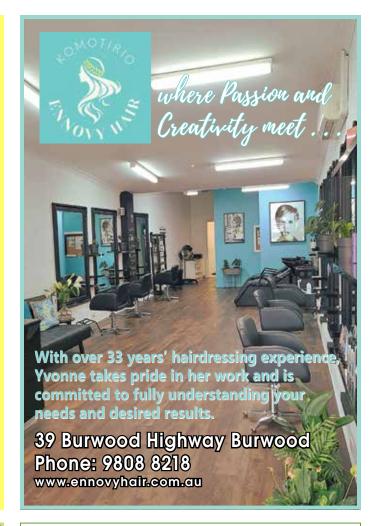
Open Mon-Fri 10am-4pm; Sat 10am-1pm Donations welcomed: clean quality clothing, books, jewellery, electrical goods, etc.

PLEASE DONATE WHEN SHOP IS OPEN.

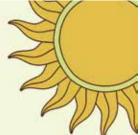


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for St Thomas's, Burwood. Yarra Gospel has also enjoyed performing in regional cities including Geelong, Ballarat and Shepparton.

Before Covid hit, the choir had two sell-out concerts featuring the gospel songs recorded by Elvis Presley and then Aretha Franklin. The Franklin concert raised \$2500 to help build toilets so teenage girls in India could stay at school.

relevant today as it was to those who sang the songs many decades ago. They are filled with pain and pathos, courage and faith, joy and freedom. They are timeless and have become a testimony to those who persevered through the storms of life but never lost their dignity. They fill us with hope, courage and joy.

mber 2022 -

February 2023

You can hear the choir on their website: yarragospel.org

Join us on Sunday 11 December at 10:30am, at St Thomas's Burwood, 44 Station Street. www.sttoms.org You'll receive a warm welcome.





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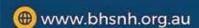


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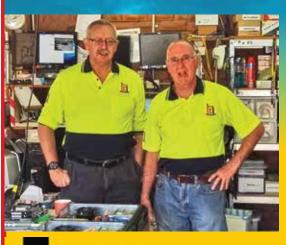




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IKE the movies? Come and join us at the Camberwell Film Society's new premises at the Camberwell Community Centre, 33–35 Fairholm Grove, Camberwell.

Everyone is welcome to our screenings, which we hold 11 times a year on the 3rd Wednesday of each month from February to November at 7:30pm (December is the 2nd Wednesday, with a Christmas party to follow).

We choose a wide variety of films and documentaries ranging from recent ones to old classics, Australian, and International from a wide range of countries. Many of the films are award-winning but not shown before in Australia.

Being community-based, we are a non-profit society and offer very reasonable rates. Our subscription is \$50 single or \$95 double for 11 films. It is an informal evening and we provide tea and coffee beforehand. Great value!

Our 2023 season starts on Wednesday 15 February at 7:30pm. Just come along, sign up as a member, bring your friends and have a great night.

Our 2023 Program will be available during December and can be viewed on our website: www.camberwell.filmsociety.org.au For further information or a copy of our 2023 program, contact Ross Sellenger (President) 0413 481 195 or Bill Kerr (Secretary) 9347 6969.

BILL KERR







Power Neighbourhood House for our community!

Power NH Garden

Pop in anytime to wander in our beautiful gardens. You are welcome to help keep the garden beautiful for the community by volunteering or using our raised garden beds for your own project.

Chatty Café @ Power

Open Tuesdays from 11:30am to 1pm with free tea, coffee and snacks. It's a chance to catch up with locals in the area and build connection by chatting over a cuppa!

Craft and Creations

Craft classes for all abilities and skill levels on Wednesdays between 1pm and 3pm. NDIS clients welcome. \$15 per class.

Free Book Club

A group of keen readers meet every third Wednesday of the month between 10am to 11:30am to discuss a book supplied by Monash Library.

Free Bread and Frozen Food for Residents of

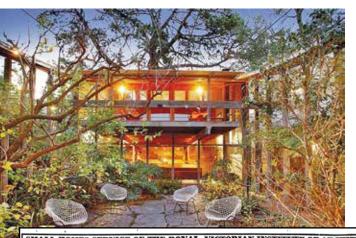
Ashwood Tuesdays 11:30am-1:30pm

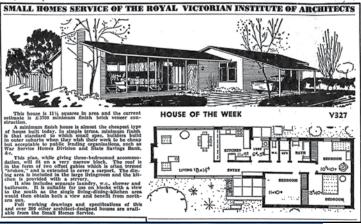
A selection of donated bread, frozen meals and a few staples and non-perishables will be available for those who need some support.

Volunteers

We always welcome people who may be keen to contribute to our neighbourhood house by volunteering. If you have special skill to share or want to be more involved in community, please consider volunteering; we can always use the extra hand. For all the latest events and news @ Power follow us on Instagram and Facebook. Also feel free to contact us on Ph. 8849 9707 or email office@powernh.org.au

Robin Boyd -a progressive mind







PICTURES (from top): The Walsh Street house; **Newspaper layout for 5 Kingsclere Street Vermont;** The current "Cellarbrations" liquor store in Ashwood.

OBIN G.P. Boyd CBE, born 3 January 1919 at Armadale, died 16 October 1971 following a virus infection in Britain while on a world tour; he died in the Royal Melbourne Hospital three weeks after returning to Melbourne. Buried at Springvale Botanical Cemetery, he was only 52 years old. An architect, writer, teacher and social commentator, he, along with Harry Seidler, stands as one of the foremost proponents for the International Modern Movement in Australian architecture. He authored the influential book The Australian Ugliness (1960), a critique on Australian architecture, particularly the state of Australian suburbia and its lack of a uniform architectural goal.

Robin Boyd designed the Walsh Street, South Yarra, home for his family in 1957; it is his most well-known work - extensively published both nationally and internationally as an exemplar of Australian modernist architecture. This experimental residence is where Boyd tested ideas about structure, technology and domesticity and it continues to influence design thinking today. It is now the home of the Robin Boyd Foundation - its Archive contains over 4000 items offering a rich insight into Boyd's seminal contribution as an architect, author, critic and public educator.

The Dandenong Journal, 1 July 1953

Robin Boyd submitted plans of a proposed modern self-service grocery store and dwelling for Mr. W. Wood,

Modern New Store for Jordanville*

in the Housing Commission shopping centre at the corner of High St. Rd. and Cleveland Rd., Jordanville.

The concrete shop and dwelling with dome roof, and almost completely glassed front, is to be set about 29ft. from the building line on each street, and this unfenced area will be developed as a garden and lawn frontage, with shrubs, trees, stone paving and steps. Large Neon signs will effectively light up what should be one of the most modern shops in the district.

The self-service grocery store is currently 'Cellarbrations'. Boyd designed it as an economical post-war building method (1952). It is on the Victorian Heritage Register. It is one of the old Nissen huts used to house immigrants after WWII. Sadly the shrubs, trees and stone paving no longer exist (see picture).

A year later, on 9 November 1954, writing for The Herald in his regular column Building and Design -Robin Boyd:

America comes to our suburbs

... A magazine is offering plans and specifications of American of American houses for Australians to build. Price for plans is one guinea, a cut of about 800

*now Ashwood

per cent, on the plans of any of the Small Homes Services operated by Australian Institutes of Architects. ... This may really start one of those "new trends in housing" which magazines are always foretelling.

Strangely enough, during a halfcentury in which America has influenced Australia in almost everything from slang to salesmanship, our houses so far have remained fairly independent. There always appeared to be several good reasons for this. Between the two countries there are vast differences in climate, regulations, building laws, materials, equipment, constructional traditions and methods.

Now that these differences are all to be surmounted by the magic of a twodollar blueprint, can we expect to see new framing methods, cedar shingle walls, felttile roofs, and other diverting changes in construction? No. Apparently this is not to be. ... Red cedar walls are now painted weatherboards and the felt roof is replaced with our more familiar French - Australian terra-cotta tiles.

... Will this mean we say goodbye to Australian planning habits such as entrance halls, separate toilets, shower recesses and laundries? Perhaps we will see a new era dawn, with American planning habits instead, such as double garages and basements for everyone. Wrong again. The plans, we learn, have been "adapted to suit Australian conditions." Halls, laundries, etc. have been added. ...

But on simple statistics - number of separate houses, proportion of homeownership, number of bathrooms, and so on - Australia usually wins hands down. America, of course, has many ideas in housing which we would do well to adopt:

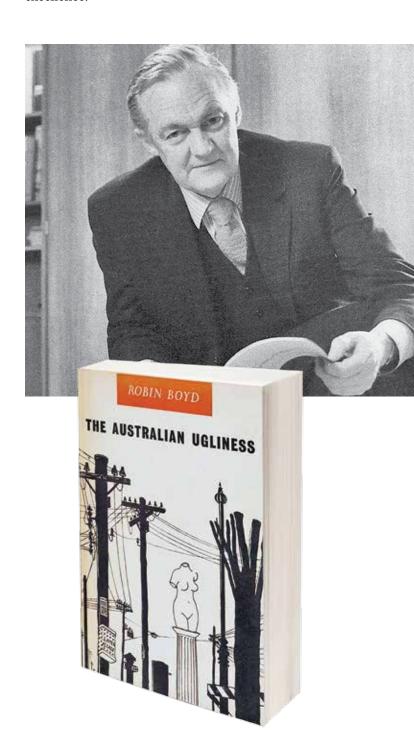
- · The sub-dividers' idea of leaving the trees and building roads on an estate before selling it.
- · The builders' idea of speeding erection times by pre-planning, mechanical aids, etc.
- · The manufacturers' idea of keeping promises on delivery dates.
- · The estate agents' idea of laying out a garden with trees before offering a house for sale.

... Every country, given time to develop, automatically excels in the things it believes to be important, and we of all nations, believe the separate private home to be important. And today, if Melbourne has anything to be proud of it is the quantity of her better homes. Here we can meet any city in the world on equal or better terms.

For one thing, it was our idea to bring the ideas of leading domestic architects to the

smallest home builder by providing plan services operated by the official institute of architects. These are now available in every State of Australia - but in no other country in the world.

According to the *Australian Dictionary of Biography*: "Despite his sometimes acerbic social comment, Boyd was a sociable man of unfailing good manners, kindness and charm. He never lost his engaging modesty. That quality and an all-pervasive sense of humour distinguished him even more than his capacity for work and his pursuit of excellence."



PICTURES (Above): Robin Boyd, and his iconic book The Australian Ugliness.



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Wall blasted to Rob Shop

Police believe that the thieves, who stole £2,000 worth of goods after blowing a hole in the wall of a Hartwell shop yesterday, spent weeks learning the layout of the building. The thieves broke into the butcher shop of R.J. Lercer in Camberwell rd., Hartwell and blew a hole in a brick wall to get into the radio shop next door.

Mr. Frank Werner, owner of the radio shop, said that the thieves had had an "eye for quality". They only took first class and expensive goods.

Police believe the thieves thought that there was a burglar alarm in the radio shop and would not take the risk of breaking through the door or windows.

Layout

The thieves obviously knew the layout of the two buildings because they cut through the fibro-plaster back wall of the butcher's shop.

The explosion was muffled by heavy bags and sawdust from the butcher's shop and no one heard it.

The force of the explosion broke a plate glass window in the butcher's shop and cracked the brick wall between the two shops.

Expensive goods stolen from the window were replaced by cheap radiators and refrigerator dishes to baffle suspicious watchmen or passers-by.

RIGHT: Miss Lois Hunter, cashier, and Mr. F. Hanaford, butcher, look at the hole blasted in their shop wall.



The Argus, 18 December 1950

Glen Iris gas explosion

An air cylinder which had lain on top of a sleepout for several months yesterday exploded, bounced on to a front lawn eight houses away, smashed through a wire fence, and careered for 25 yards down a Glen Iris street.

The cylinder, weighing about 201b., exploded at Mr. P. Manley's home at 1 Cromwell st. shortly before 1 p.m. It then whirled into the air and landed on the front lawn of 19 Cromwell st.

Police said last night they believed Mr. Manley used the gas cylinder to inflate a rubber R.A.A.F. type dinghy.

The cylinder nozzle had apparently been corroded by rain and sun while on the roof until yesterday, when the air blew the nozzle off. The cylinder was about 2ft. long and 5in. in diameter.

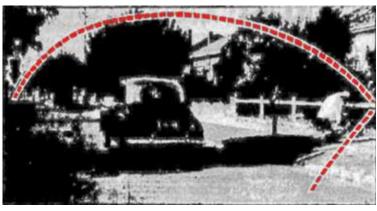
Mrs. J. Collins, of 23 Cromwell st., said she was in her front room when she heard a clattering noise.

"It sounded as if a car hub had come loose, and was sliding along the road," she said. "I

looked through the window, and saw the cylinder burst through the fence."

The picture shows:

• the flight of the cylinder from where it exploded at No. 1 Cromwell st., along the dotted line into the garden of No. 19, and from there through the wire fence on to the road.





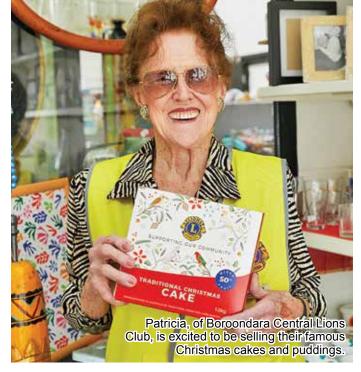
SAT 10 DEC ACOUSTIC DUO, SOUL OBSESSION 11AM-2PM
SAT 17 DEC THE CHRISTMAS DIVAS TRIO 11AM-2PM
SAT 14 JAN BACKYARD GAMES UPSIZED 11AM-8PM
SAT 21 JAN 'GOLD GRASS' CINEMA (FOOD, BEVERAGE AND
OUTDOOR MOVIE EXPERIENCE) 6PM-11PM

Summer on the Green at BV

Thas been a joy and privilege for us at Burwood Village to ramp back up again, after effectively a two-year hiatus due to the pandemic, operating with restrictions and limitations. Our business owners have done a brilliant job at pivoting where necessary, and regaining momentum in the retail space. Of course, local support is most appreciated, as returning to "normal" is a slow and steady process.

You may have noticed that we now look a little different, after a rebrand this year. Burwood Village is now known as BV, and our trader community and locals are loving it. The feedback has been wonderful.

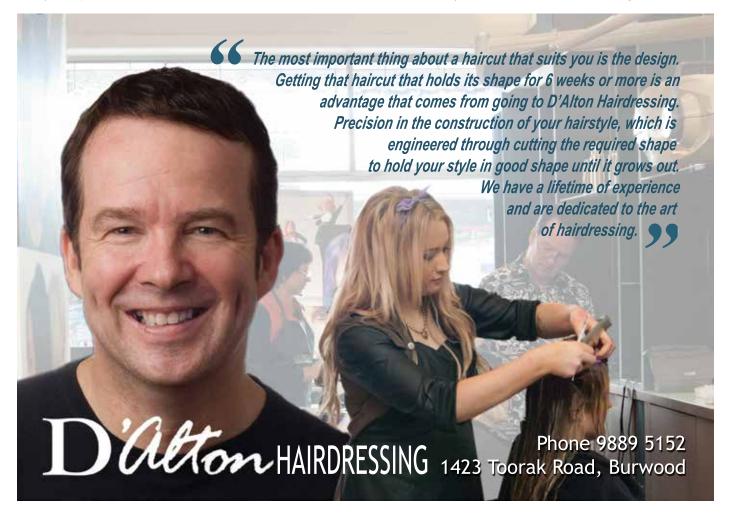
The Hallowe'en Street Party was a huge success, despite the rainfall due to the La Nina weather! Local families flocked to do the Trick-or-Treat, and kids enjoyed the face painting and general atmosphere. It was great to see so many exceptional costumes!



We plan to treat our local residents to 'BV on the Green' this Christmas, with our Summer Event Series. This will include an acoustic duo, Christmas trio, giant backyard games, and a movie on the Green.

Sign up to e-News to be the first to know about all things Christmas, local events, online competitions and retailer news. Follow us on Facebook or Instagram for your chance to win some great prizes!

For more information on Burwood Village, and for the store directory, head to www.burwoodvillage.com.au





HE City of Boroondara is partnering with *You Matter* (youmatter.org.au) for this year's annual gift giving program. You can donate a new book from a local Boroondara business; there will be book drop-off points at local libraries.

You Matter supports women and families who have experienced family violence through the provision of furniture and other household items necessary to run a functional home. They help survivors of family violence by providing a haven from which they can launch their new life in a stable environment. Providing a home ready to live in can reduce the financially crippling burden that beginning a new life from scratch can hold.

Australians are increasingly aware of the prevalence of family violence within our society. You can donate household items, money and time/volunteer.

You Matter works collaboratively with family violence agencies, lawyers, refuges to aid their clients who are in need of furniture or other items for their home. They're reliant on community goodwill both through the provision of household items and funds as well as volunteer labour.

You can also donate second hand items in good condition and ready for someone else to love and appreciate.

For after-hours family violence support:

- Safe Steps 1800 015 188
- 1800 RESPECT (1800 737 732)



Home Care Packages

This program is subsidised by the Australian Government for older people who require ongoing care and support to live independently at home.

There are four levels of Home
Care Package depending on your
assessed needs, ranging from
very basic care through to high
care. Samarinda can assist you
with contacting My Aged Care,
the Australian Government aged
care entry system. We can even be
with you through the assessment
process if needed.

How to get started

Our professional staff will assist you to make informed decisions, design your care plan, select your service providers, develop your individual budget and ensure that services enable you to live independently at home for as long as you can.

What will it cost?

For people in receipt of the full pension, Samarinda has opted not to charge any fees, however if your income level is above the Government determined threshold then we are required to collect an income tested fee set by Centrelink.

For a confidential chat or more information, please contact the Coordinator Tel: 9058 6064 Email: intake@saas.org.au

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the staff of life

◀HERE is a thriving food industry at Burwood Neighbourhood House (1 Church Street, Burwood); but it is not about making money. Rather, it is about being one of the ways that BNH can serve its local community.

BNH's involvement with Foodbank started in 2020 when, during Covid lockdown, organisations providing childcare, family violence/emergency services were able to stay open for limited periods to continue this service. "We shopped at Aldi to get non-perishable food, which was (and is) available 24/7," says BNH manager Cheryl Webster, "and it certainly helps locals, as each day all we can put out is used. We also occasionally get perishables (e.g. recently a load of potatoes, which we put out in bags of 4-5). Burwood Uniting Church and Ashwood Lions Club also came on board to support us with food donations".

Another string to their food-provision bow is that of ready-made frozen meals. These are supplied by the non-profit organisation Alex Makes Meals. They get different chefs/ restaurants to prepare them and each meal is labelled with ingredients (for people with allergies), reheating instructions, best-before date, etc.

Cheryl explains, "We get 40 meals every Thursday – meat and vegetarian - which we keep in our freezer. For this reason, we can only hand them out during operational hours, up to four per person each week. We are investigating the acquisition of a full-size freezer to increase our storage capacity for meals and other perishables".



Another contact made during Covid lockdown was with "Pure Bread" Surrey Hills Bakery, who provide bread through BNH for low-income locals. Two BNH volunteers pick it up on Mondays and Fridays, and the Uniting Church pick up on Wednesdays. It is then bagged up so it can be left available to people around the clock.

Bon appétit!

CHRIS GRAY





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Be on the same page!

Bookfest Ashburton – Pop-up Event Sunday 26 February 2023 10am – 2pm



ALLING all booklovers! Here's the perfect event for you. Bookfest Ashburton is all about books; reading them, writing them, creating art with them, talking about them and, importantly, ensuring they don't become landfill. If you missed our inaugural annual event on 9 July 2022, we're giving you a taste of what's to come next July with our special 'pop-up' event on Sunday 26 February 2023. Held at the Ashburton Community Centre, the event is part of the Ashburton Community Festival that the High Street traders organise each year.

You'll find the Bookfest Ashburton Pop-up at the Ashburton Community Centre (co-located with the Ashburton Library on High Street) where there will be a second-hand book sale of recently deleted items from the local Boroondara libraries, with most books priced at \$1 and \$2 each. Alongside the sale you will find a delicious Devonshire Tea, sausage sizzle and free bookthemed craft activities for all ages. Drop by and grab some bargain books and spend some time at your local Ashburton Community Centre. We'll see you there!

NATASHA KUPERMAN

Bookfest Ashburton is a fundraising event for the Ashburton Community Centre and Rotary Chadstone East Malvern and we thank you for your support.

BURWOOD Trails and

HIS walk is about 6km and is partly on Melway map 60 and partly on map 61. As in our last walk, we start at the corner of Burwood Highway and Station Street. We walk south down Station Street, on the western side of the street. We cross three streets (Havelock, Talbett and Beddows). We see St Thomas's Anglican Church from an interesting aspect, before reaching the 1st Bennettswood Scout Hall on our right.

Here we turn right (west) along a path through the Lundgren Chain Reserve. (If you look across the road, you will see the path that we used for our last walk.) However, the walk we are doing is a delightful stroll, passing a wooden seat with a drinking fountain. There are lots of large trees, including huge eucalypts, as we enjoy walking these winding paths. You can see Deakin University to the north. The next playground has a "door" and "mushrooms"! The path crosses over Peacock and Gillard Streets.

We started walking about 20 minutes ago, and just as we are getting into the swing of this walk, it stops! Turn right into Cumming Street, then left into Coppard Street going downhill to an obvious grassy parkland. Walk into this parkland, noting the very informative "Whitehorse Heritage Trail" sign which reminds us of this park's previous role - yes, a drivein movie theatre in Burwood. It is now used in part by Jemena Power and there is still a large barbecue/ picnic ground/playground. From here, it is a short walk south west along this trail to Gardiners Reserve. There is even a "slow down" sign for cyclists. Cross Gardiners Creek on the striking new bridge, and along the trail there are some "structures" to look at. We also pass an old cottage ("Settlers' Shelter") with its information panel. Keep on the lookout for sculptures and other information panels. Quite close by, on your left, there is a community garden which could be worth seeing.

Continue walking until you reach the main Gardiners Creek Trail, and turn left here. Walk south east, through the Local History Park to Highbury Road.

When we reach busy Highbury Road, we cross the creek to a set of pedestrian lights. Cross the road to the continuation of the path. There are many planted wildflowers. We continue southwest along a concrete

WALKS

Reserves in Burwood

path. This area is a strange combination of housing, tall trees, a concrete path and factories. The plantings here are varied and interesting, as are the local birds. I also heard frogs from a very large frog "pond". Ten minutes later, you can see Gardiners Reserve on your right (a very big sports ground). Another ten minutes further on, we reach a critical bridge, which we will use to get "home". I called it the Zodiac Street Bridge, and it is beside another great playground. Use this bridge to cross the creek into Zodiac Street.

Octavia Court, on the right, is not a through road, but leads to yet another fantastic playground. Instead, walk westerly to the end of Zodiac Street, then right into Morton Road briefly, followed by left into Leopold Street, to Warrigal Road. Surprisingly, perhaps, I found this fairly busy road to be an interesting one to walk along. Firstly, I noticed a view of the Dandenongs as I looked back along Leopold Street. From that starting point, I found Warrigal Road to be quite shady, and I saw a variety of houses in this road that I normally just drive past.

Walk north, and at Delmont Hospital, use the pedestrian lights to cross to the other side of Warrigal Road. Continue north up Warrigal Road until you reach the southern end of Burwood Reserve.

Entering Burwood Reserve from the south is quite exhilarating – there is a great mixture of "greenery", sports grounds and a marvellous playground. Explore the memorial and other parts of this reserve. There is also a public toilet in this park. After you have finished exploring, you can exit to the north via either Queens Parade or Myrniong Street to Toorak Road/Burwood Highway. There is an encouraging sign near Myrniong Street reading "Burwood Village 8 minutes".

Once you reach Burwood Village, there are several cafés where you can buy coffee. When you are ready, walk easterly to the tram stop near the corner of Burwood Highway and Warrigal Road to catch the No.75 tram, heading east for Vermont South via our starting point at stop 64.

MARK LEARMONTH

NB: This walk finishes quite close to Burwood Village, so you will need your myki to return by tram to the starting point (tram stop 64).









PICTURES (from top): Modern bridge nearby to Drive-in Theatre site; The "door" in the playground; Early Settlers' House; Enjoying the Burwood Reserve playground.

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Shop Local, Shop Fresh

T is critical that we support our farmers, the farming community and local farmer markets, by spending our money on products that will help boost our local economy. By choosing fresh produce farmed either locally, or at least in our country or region, we'll be helping to keep our farmers in business, which will help our local communities and small businesses continue to thrive.

- 1. Research what is grown in your region.
- 2. Shop at local family-run grocery or fruit and vegetable shops. Ask them which products are locally sourced and buy those products.
- 3. Check out our *What's On Locally* pages for local market dates and also our Community Notices Local Markets. Go as often as you can and buy enough fresh produce to last until the next market day.
- 4. Talk to store owners or staff; tell them why you're making the effort to shop there. It's a great conversation starter and they'll appreciate it.

The impacts on community employment and the local economy:

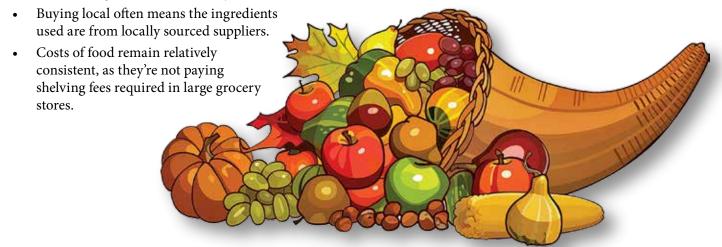
- If farmers can sell directly to customers or to a family-owned business or market, they'll have higher profit margins to help stimulate employment and the local economy, rather than corporations.
- By buying locally and supporting your farmers and markets, you're investing in your children's future and community.

The impacts on you and your family's health:

- Local food is often healthier than factory-produced food.
- There is less transportation involved, so the produce is fresher and thus lasts longer.
- Buying from farmers and local markets provides a wider selection of seasonal produce and thus encourages a broader spectrum of food choices, contributing to a healthier lifestyle.

The impact on your buying experience:

- There is more personal care put into local products than factory-produced products.
- The shopping experience is often more enjoyable with better customer service.
- Local shops can more easily accommodate for elderly, blind, hard of hearing, and/or people with disabilities.
- Shopping local is a great way to connect personally with your community.
- You're more likely to find a unique product when shopping locally.
- Local shops know their products better and can explain them in more detail.



A RUNAWAY MATCH. A BRIDE WITH £10,000. THE ANGRY FATHER FOILED.

A love comedy was enacted at a suburban railway station on the Camberwell line vesterday, and caused considerable commotion and amusement. A young man, accompanied by a young lady of 19 or 20 years of age, was at the station awaiting a train, when a welldressed and very irate, elderly man rushed to the spot. He was evidently in a great state of excitement, and addressing some of the people standing about the platform, besought their aid in preventing his daughter, the young woman referred to, running away to get married.

The young couple, however, stood their ground resolutely and lovingly together, and, of course, had the kindly sympathy of the onlookers. No one present responded to the appeal of the exasperated father, and in desperation he rushed out of the station in search of a constable.

Before his return, to the delight of the couple most concerned, the train steamed up to the platform. The happy pair promptly and gladly entered a carriage. During the next minute or two there was no little anxiety and eagerness to see whether, after all, the angry parent would return in time. He did not. The train moved away amid general rejoicing, and with two exceedingly happy young people in it.

According to report, they had doubly-outwitted the father. When at the station they were already married, though the father is supposed to have been ignorant of the fact. He did not know they were "off for the honeymoon".

Special interest was taken in the bride, owing to it being known locally that she is entitled, when twenty-one years of age, to a nice little fortune of £10,000. The father has, it is said, stoutly opposed her attachment to the young man of her choice, but, as the popular song says,

"There's always a night as well as a day."

And certainly this case goes to show that in love "Where there's a will there's always a way."

The bride has the hearty good wishes, not only of all who know her, but all who have heard of her love romance; and as to the bridegroom, the hope is expressed that he will prove as good a husband as such resolute attachment and devotion deserves. That is, of course, on the assumption that they are already married. For there is still some little doubt as to whether yesterday they were "off to the wedding", or were, going away for their honeymoon.



Are you a leftle or a rightle? Stencilled hands at the Cueva de las Manos in Argentina. Left hands make up over 90% of the artwork, demonstrating the prevalence of right-handedness.

AND preference is the tendency to be more skilled and comfortable using one hand over the other for tasks like writing and ball throwing. The natural rate of left-handedness is around 10–11%, but the rate was pushed down artificially during the Victorian period. When lefties went to work in factories using machines designed for right-handers, they looked awkward. Then compulsory schooling came along and they were obliged to write with their right hand.

Hand preference begins to develop before birth and appears to be related to differences between the right and left hemispheres of the brain. The right hemisphere controls movement on the left side of the body, while the left hemisphere controls movement on the right side.

In human biology, handedness is an individual's preferential use of one hand, known as the dominant hand, due to it being stronger or better in dexterity. The other hand, comparatively often the weaker, less dextrous or simply less preferred, is called the non-dominant hand. Kangaroos and other macropod marsupials show a lefthand preference for everyday tasks in the wild. This is apparent in the red kangaroo (Macropus rufus) and the eastern grey kangaroo (Macropus giganteus). Red-necked (Bennett's) wallabies (Macropus rufogriseus) prefer their left hand for fine manipulation, but the right for behaviours requiring more physical strength.

Handedness displays a complex inheritance pattern. If both your parents are left-handed, there is a 26% chance of you also being left-handed. Both my parents were left-handed,

as am I. My sister alone is right-handed. My maternal grandmother was likely a natural left-hander forced to use her right hand; as a result, she stuttered as a child.

King George VI was a natural left-hander forced to write with his right hand; he was a well-known stutterer. Australian speech therapist Lionel Logue (as memorialised in the film *The King's Speech*) assisted the king. It was thought his stammer resulted from the verbal abuse received from his father. However, he was forced to be right-handed. Other royal lefties – Queen Victoria, the Queen Mother, Prince Charles, Prince William and Prince George.

Miraculously both my parents and I survived the Catholic School education system without being forced to change our dominant hand.

In his book *Right-Hand*, *Left-Hand*, Chris McManus of University College London says that left-handers are on the rise, and that an above-average quota of high achievers have been left-handed; left-handers' brains are structured in a way that increases their range of abilities, and that the genes that determine left-handedness also govern development of the brain's language centres.

McManus: "Studies in the UK, USA and Australia have revealed that left-handers' brains are structured ... in ways that can allow them to process language, spatial relations and emotions in more diverse and potentially creative ways. Also, a slightly larger number of left-handers than right-handers are especially gifted in music and maths. A study of musicians in professional orchestras found

(continued on page 42)

Local budding cartoonist?

Ho Hum. More Trouble!





Drawn by Peter Green, 27 Myrtle-grove, Blackburn. (Awarded 10/.)

WELVE-year-old Peter Green of 27 Myrtle Grove Blackburn was making a bit of pocket money in 1951 courtesy of The Argus. I must admit to not at first understanding the meaning of the 'Ho Hum. More Trouble!' entry until I checked on Trove.

The Age, 14 February 1951

GRIM WARNING OF FURTHER CUTS GAS, POWER, RAIL RESTRICTIONS

Weeks of Hardship Face State

Victoria faces many weeks of drastic gas cuts, power restrictions and reduced suburban and country rail services, because the State has insufficient coal to provide normal services.

And over a year later, things were still looking grim. Did Peter grow up to be a cartoonist?

The Age, 15 April 1952

Power Cuts Closing Many Factories A.C.T.U. MAY APPEAL ON MARGINS RULING Industrial leaders estimate that the power ban which began yesterday will affect more than 200,000 workers in heavy industry alone by the end of the week.

For the second prize-winning entry, perhaps the swimmer was cooling off in Blackburn Lake. The value of 10/- today is roughly \$22.1

1 RBA calculation

CONGRATULATIONS TO ALL OUR WINNING ARTISTS AT THE 2022 WHITEHORSE ART SHOW

189 ARTISTS

615 ART WORKS



All money raised through sponsorship and the sale of paintings at our 2022 Box Hill Burwood Whitehorse Art Show has gone towards the purchase of two new machines for the stroke ward at Box Hill Hospital. Each machine will be utilised daily by the specialised stroke unit team for approximately 30 patients a month on a continual basis.

Rotary Club of Box Hill Burwood would like to thank all our wonderful sponsors and supporters who contributed to our art show.



Winning artist Angelo Quabba (left) with our Art Show administrator Linden and his wfe Madeleine

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BLACKBURN PICTURES.

Dlackburn is to make an-Dother step forward in her march of progress on Wednesday, 27th February, as on that date motion pictures will be shown in the Blackburn Hall. and on every Wednesday and certain Saturdays thereafter. A special programme has been arranged for the opening night, featuring Jack Holt and Dorothy Revier in "The Tigress", and a Warner special, "A Race for Life", featuring Rin-Tin-Tin, the wonder dog of the screen.

A special attraction will be the showing of a film taken at the recent Blackburn carnival, and parents will also be interested in a film taken of the local school children at work and play.

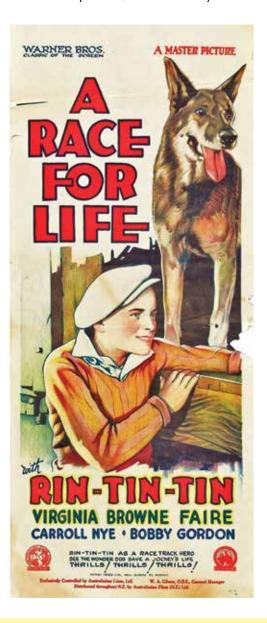
On Saturday, 2nd March, the programme will be "Lightning" (adapted from Zane Grey's famous book) and a Warner special, featuring Edna Murphy and Monte Blue in "Across the Atlantic".

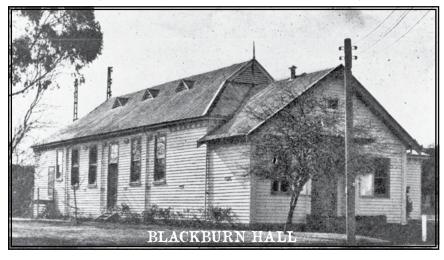
A special attraction for the following Wednesday will be a £60,000 all-Australian production [1926 silent film], "For the Term of His Natural Life", adapted from Marcus Clarke's immortal story, made by Australians for Australians. Prices of admission will be 1/- and 1/6; children half-price.

On the opening night half the net profit will be donated to the Blackburn and Mitcham branch of the Ladies' Benevolent Society.



Box Hill Reporter, 22 February 1929

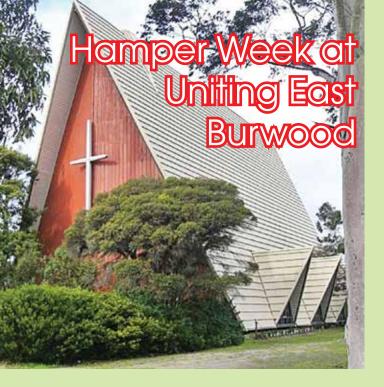




Contradictory

Found Missing Open Secret Small Crowd **Act Naturally** Clearly Misunderstood Fully Empty **Pretty Ugly** Seriously Funny

Only Choice **Original Copies Exact Estimate Tragic Comedy** Foolish Wisdom Liquid Gas Working Holiday Social Distancing English



HE many challenges that 2022 presented to people in our communities have been evident in the increasing requests for assistance experienced by agencies such as Uniting East Burwood. We are aware that for the people who have sought help, Christmas time means the hardships will be felt more keenly.

For Uniting East Burwood, a week in mid-December has always been significant, when we try to provide a little extra for those who find Christmas treats beyond their means. In the last two years, the festive atmosphere has been restricted. But it is hoped to again make Hamper Week a highlight in the Centre's calendar, when the hampers are prepared ready for the special day when our clients can collect them.

The community has always been generous in supporting the Hamper Appeal. We would again appreciate help with food items to fill those empty boxes; and monetary donations will ensure that we have enough supplies.

Goods can be delivered to the Uniting East Burwood, Cnr Burwood Highway and Blackburn Road Burwood East (entry from Blackburn Road), phone 9803 3400.

For online donations visit unitingvictas.org.au Choose "I'd like to select a specific service ..." and "Other" gives the option to name "Uniting East Burwood hampers".





Phone

little-known warning in your mobile phone manual advises you to keep the device at a certain distance from your body to ensure you don't exceed safety limits for radio-frequency (RF) exposure.

You need to keep your mobile phone at least 5-15 millimetres away from your head and body at all times to avoid exceeding the safety limit for RF exposure. In the real world, most people carry their phones close to their bodies, usually in a pocket or bra, which is the absolute worst area to put it, as it could raise their risk of both heart problems and breast tumours. When popular mobile phones were tested in direct contact with the body, they all exceeded the safety limit.

The specific absorption rate (SAR) is a measure of how much RF energy your body will absorb from the device when held at a specific distance from your body (ranging from 5–15 mm); it is not an indication of how safe your phone is. SAR testing, which is modelled on a large male head, was devised before mobile phone usage became commonplace among toddlers and young children, whose skulls allow for far greater RF energy penetration.

Different types of tissue, such as bone, brain, muscle and blood, all have differing levels of density and conductivity, which also affect the absorption rate. What this means is that a SAR rating is highly dependent on which part of your body is exposed to the radiation.

Studies have found evidence of DNA damage and damage to heart tissue in exposed male and female rats, but not mice, as well as prostate, liver and pancreatic tumours in both rats and mice. Mobile phones are not the sole source of RF. Tablets, computers, smart TVs, wireless baby monitors and smart meters, just to name a few, are also sources of similarly harmful radiation.

Where are all the brain tumours?

Neuro-oncologist Dr Jay Easaw of Edmonton, Canada, has images of one of the worst brain tumours he's ever seen, located on the side of the brain where the patient – a very heavy mobile phone user – held his phone. He believes we'll see more studies showing a correlation between mobile phone use and brain tumours as time goes on and heavy users since childhood start entering adulthood.

The incidence of glioblastoma multiforme (the deadliest type of brain tumour) more than doubled in the U.K. between 1995 and 2015 is said likely due to "widespread environmental or lifestyle factors" – which would include mobile phone usage.

a friend?

Evidence suggests the primary hazard of mobile phone radiation is really systemic cellular and mitochondrial damage, which can contribute to any number of health problems and chronic diseases. The pathway of oxidative destruction – triggered by low-frequency radiation emitted from mobile devices – may partially explain the unprecedented growth rate of chronic disease since 1990, and is a far greater concern than brain tumours.

Heart problems, neurological disorders & infertility

Mobile phone radiation has also been shown to have a significant impact on neurological and mental health, contributing to and/or worsening anxiety, depression and dementia, for example, and all of these conditions are becoming more prevalent. This makes sense as brain dysfunction will occur much faster than a tumour, which can take decades.

Research also suggests excessive electromagnetic field (EMF) exposure contributes to reproductive problems. Researchers have found prenatal exposure to power-frequency fields can nearly triple a pregnant woman's risk of miscarriage. EMF exposure may also play a significant role in testicular cancer and male infertility.

Studies have linked low-level electromagnetic radiation exposure from mobile phones to an 8% reduction in sperm motility and a 9% reduction in sperm viability. Wi-Fi-equipped laptop computers have also been linked to decreased sperm motility and an increase in sperm DNA fragmentation after just four hours of use.

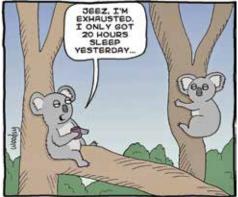
How to limit your RF exposure

- Avoid carrying your mobile phone on your body unless in aeroplane mode and never sleep with it in your bedroom unless it's in aeroplane mode. Even in aeroplane mode, it can emit signals. Use a Faraday bag¹.
- Use speakerphone and hold phone at least one metre away from you.
- · Radically decrease time on your mobile phone.
- Connect your desktop computer to the internet via a wired Ethernet connection and put desktop in aeroplane mode. Also avoid wireless keyboards, trackballs, mice, game systems, printers and portable house phones. Opt for wired versions.
- Shut off your Wi-F when not in use, especially at night when sleeping – ideally, eliminate it.
- · Shut off the electricity to your bedroom at night.
- Use a battery-powered alarm clock.
- Replace your microwave oven with a steam convection oven which will heat your food as quickly and far more safely.
- Avoid using "smart" appliances and thermostats which depend on wireless signalling. This includes "smart" TVs which emit a Wi-Fi signal and, unlike your computer, you cannot shut off the Wi-Fi signal. Consider a large computer monitor as your TV instead; they don't emit Wi-Fi.
- Refuse smart meters, or add a shield to an existing smart meter some of which can reduce radiation by 98-99%.
- Move your baby's bed into your room instead of using a wireless baby monitor or use a hardwired monitor.
- · Remove all fluorescent lights from your house.

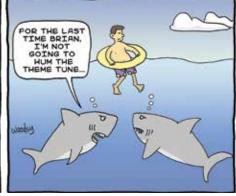
Source: mercola.com (USA)

1 "Faraday Bags" or "RF Blocking Pouches" completely block cell signals and protect user against EMF radiation, also protects the privacy and security of passports and key fobs.

woodsy insert brain here







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Frank Bertucci

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Ph. 9889 0061/68 Fax: 9889 0407

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Oates Rennick & Associates

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Fax 9808 2243

e: admin@oatesrennick.com.au

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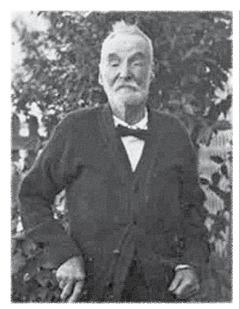
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The Span of Six Monarchs

The Age, 13 July 1939

LOOKING ON AT 105



MR. E. BENNETT

TO have lived in the reigns of six successive British monarchs and to be able to take a keen interest in history as it is being made to-day, is the achievement of Mr. Edward Bennett, of Briagolong, who will celebrate his 105th birthday to-morrow.

Born in the reign of William IV and, incidentally, just three days before Lord Melbourne became Britain's Prime Minister. Mr. Bennett has lived through the 64 years' reign of Queen Victoria — the longest in British history — the reigns of King Edward VII., King George V. and King Edward VIII. His

health is still remarkably good — he moves about freely, reads his newspaper, and can compare events of to-day with his experience in an eventful career.

Now living a peaceful life among his relatives and friends, who will gather tomorrow to celebrate his birthday near the township of Briagolong, Mr. Bennett's most recent public appearance was when he was presented to the Duke of Gloucester on the occasion of the Duke's visit to Maffra some vears ago.

Born in Tanderagee, County Armagh, Ireland, on July 13 1834, Mr. Bennett came to Australia in the ship London in 1851, the voyage occupying four months.

"Melbourne was then but a scattered village," he said today, "and I can well remember when the now crowded business section of Bourke-street was an open paddock. The water supply was drawn from a pump below Princes-bridge, for which the settlers paid 10/- a load. Hay was selling at £50 a ton, oats at £1 a bushel and bran at 10/?"

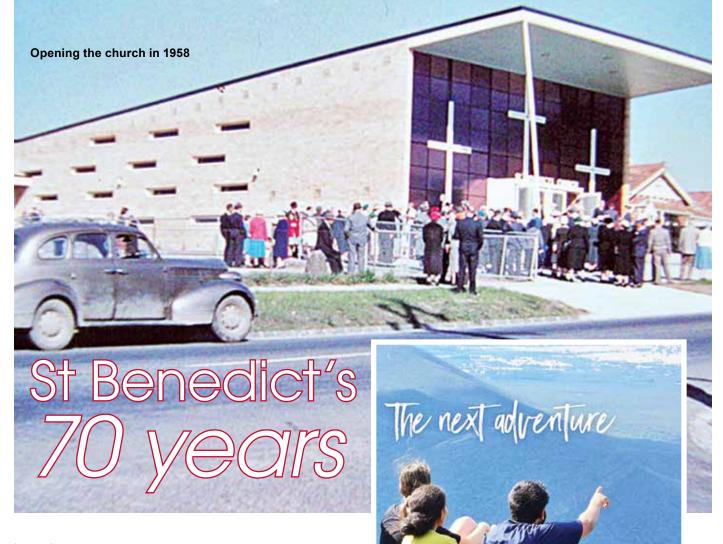
Mr. Bennett recalled carting wood with a horse and dray from Ballyshanassy¹, now Bur-

wood. Later he was associated. for many years with the firm of Campbell and Sons (Kirk's Bazaar). In 1861 he joined a gold rush to Gabriel's Gully (N.Z.). but without success. While in Dunedin he joined up with volunteers for the Maori war, but a truce was proclaimed.

After returning to Victoria Mr. Bennett made several profitable trips to New Zealand with horses. He afterwards joined his uncle in carting to the diggings, and came into contact with the Kelly Gang, when members of the family kept an accommodation house at The Rock waterholes near Kilmore. He looked on Ned Kelly as a "decent and engaging young fellow" at the time. Mr. Bennett came to Gippsland in 1886, and purchased the Turf Hotel at Sale. Four years later he transferred to Briagolong, where he became associated with the late Mr. Michael Landy in hop growing. In 1896 he took up a selection about three miles from Briagolong, and engaged in grazing until he retired. His relatives to-day include seven sons, four daughters, sixty grandchildren and about forty great grandchildren.

Note: Mr Bennett died in his 109th year on 19 October 1942, described in a letter on his death as "the oldest man in the commonwealth".

Ballyshanassy was named in honour of John O'Shanassy who took office as Victorian premier for the second time in 1858 as the village was surveyed. Ballyshanassy changed name twice to become Burwood. In its heyday, Ballyshanassy rivalled its northern neighbour, Box Hill, in importance and could have become the seat of local government. Andrew Lemon notes: "Ballyshanassy not only lost out to Box Hill, it eventually lost its name as well".



HIS year St Benedict's Catholic Church Burwood is celebrating their 70th anniversary! The history of the parish started with the opening of a Church Hall in 1931 which was serviced by the parish of Box Hill. St Benedict's Primary School then opened on the site in 1941. It was in 1952 that St Benedict's became an autonomous parish, operating out of the school building until the current church was constructed in 1958. Over the years the inside of the church has seen two major renovations; however the original structure of the building and the external façade remain unchanged.

During its 70 years, St Benedict's has had a variety of Parish Priests, who have all had a vision for serving the community of Burwood. This includes the Missionaries of God's Love priests, who took responsibility for the Parish in 2006. Together with the assistant priests, leaders, volunteers and parishioners who have all contributed to this vision, St Benedict's continues to thrive and serve the wider community.

St Benedict's is known for being a welcoming place, accepting and open to people from all walks of life. This welcoming and caring aesthetic, as well as offering a wide variety of ministries and groups for their parishioners, is the reason St Benedict's continues to grow.

With a strong community focus, the parish has initiated numerous outreach programs supporting seniors, refugees, youth and the disadvantaged to name a few.

During covid lockdowns they were on the front foot, starting online Masses, Adoration, Prayer Groups and Social groups immediately. Their YouTube channel now has over 55 000 subscribers – a number which continues to grow, with people tuning in from all across the world and proud to be part of St Benedict's online community.

To celebrate this milestone of 70 years, the Parish gathered with a Dinner Dance on 29 October, put up history displays in the church and shared memories during Masses. A celebratory Mass will be offered by Archbishop Peter Comensoli at St Benedict's on 4 December and a commemorative book will be available soon.

St Benedict's has an exciting future with many more outreach ministries planned and a vibrant community of parishioners. They would love to have you join them any time. Everyone is welcome!

VANESSA BIBILE





Member vacancies - Victorian Class B cemetery trusts

The following Class B cemetery trusts are seeking expressions of interest from suitably qualified members of the community who are interested in becoming honorary trust members. Women and those from a diverse background are actively encouraged to seek appointment:

THE BOX HILL CEMETERY TRUST THE BOROONDARA CEMETERY TRUST

Cemetery trust members are appointed by the Governor in Council for a term of up to five years on the recommendation of the Minister for Health. Cemetery trusts are responsible for the proper and efficient management of the public cemeteries under their control, including planning for future cemeteries services and the preservation of local history.

Being appointed to a cemetery trust provides successful applicants with a unique opportunity to develop their competencies as a board member. The Department of Health provides free governance training to all trust members.

Current members whose terms of office are due to expire may apply for reappointment as part of a competitive selection process.

More information about the role of cemetery trust members is available at: https://www.health.vic.gov.au/cemeteries-and-crematoria/class-b-cemeterytrust-appointments

To register your interest please refer to the trust contact details below and provide your expression of interest to the applicable trust within two weeks of the date of this advertisement:

Victorian Class B cemetery trust	Contact details
The Box Hill Cemetery Trust	9890 1229
The Boroondara Cemetery Trust	9853 7025

The Victorian Government is committed to ensuring that government boards and committees reflect the rich diversity of the Victorian community. We encourage applications from people of all ages, Aboriginal people, people with disability, people from culturally and inguistically diverse backgrounds and from lesbian, gay, bisexual, trans, gender diverse, intersex and queer people. The trust will provide adjustments to the recruitment process upon request.



Summer in Silvan means preparing for extreme heat. With the rising mercury comes the chance of bushfires. So, properties in bushfire-prone areas have a responsibility to prepare for such an event. And it's an all-year-round risk management activity.

Fire management doesn't mean that you are just responding to a fire. It's about taking appropriate action to prevent fires from starting and also knowing how to reduce the impact, should a fire break out.

There are three main ways in which a fire spread occurs: direct flame contact, ember attacks and radiant heat transfers.

A fire can occur in any type of vegetation, like shrubs, trees and grasslands. So, it is important to reduce the fuel load. The CFA describes the fuel load as "tonnes per hectare or the quantity of fuel per unit area."

'Fine fuels' such as leaves, twigs, bark and grass burn quickly. So, reducing these fine fuels from key areas as much as possible reduces the risk of fire.

Although heavier fuels such as logs and branches are slower to ignite, those too need to be cleared out and managed properly.

Farm properties don't have a fortnightly green waste collection by the council. Since we have considerable loads of green waste, burning off is permitted outside of the fire danger period.

The lead up to summer is a busy period for us; collecting all the debris and ensuring the property is ready for the approaching hot weather.

YOSHANTHI WELLAWA



ULCH is an excellent way to heat-proof your garden. Bare, exposed soil loses water rapidly through evaporation; the hotter the weather, the faster the moisture disappears. By insulating the soil surface with a layer of mulch matter, you'll conserve moisture for plant roots and save water at the same time.

Mulching suppresses weed growth – most weeds can't push through the mulch layer and those that do are weak and easily removed by hand and weed seeds can't get down to the soil to germinate.

Mulches reduce the wide temperature fluctuations occurring at surface level, from baking hot during the day to cold at night. This means less stress for plant roots.

Types of mulch

Garden mulches fall into two main groups – organic and inorganic. Organic mulches are derived from plant-based materials, such as straw, shredded timber and bark. They'll break down over time, improving the soil's structure and water-holding capacity – you'll need to top it up periodically with a fresh layer.

Inorganic mulches are mainly rock-derived – things like pebbles, gravels and scoria. Showy materials like coloured crushed glass products are not practical for covering large garden areas. Because of their lack of soil enhancing benefits, it's best to restrict the use of inorganic mulches to small scale decorative uses, such as around pot plants or on small garden beds for colour and interest.



How deep?

With mulch, there's a 'just right' quantity. Too shallow, and it won't do its job; too deep, and water can't get to the soil. As a rule of thumb, spread a covering 2–5cm thick, using the higher level for coarse mulches such as chunky barks and wood waste products. Keep finer mulches like shredded straw to about 2–3cm, as thicker layers can pack down and become a water-repelling blanket.

Compost Make it yourself for free. It feeds the soil as it breaks down. Use coarse-textured types.

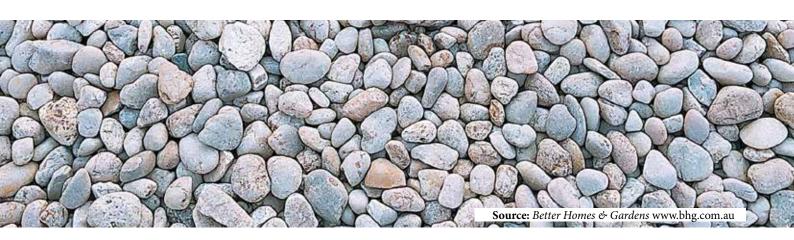
Fallen leaves Shred up the foliage of deciduous trees in autumn and compost them in bins or large garbage bags. Works best when mixed 50:50 with compost.

Bark Available in a range of sizes, from chunky to quite fine, bark is a long-lasting mulch. It's best used around shrubs and trees and for covering large garden areas.

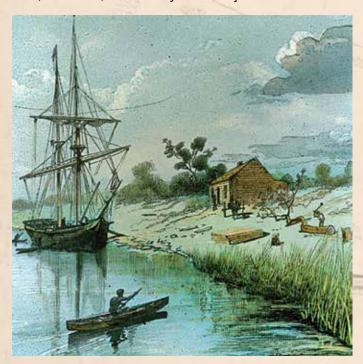
Grass clippings A free source of mulch if you mow your lawn regularly. Compost clippings for 2–3 months before you use them.

Shredded wood These mulches are available in a variety of sizes and colours. As they can draw nitrogen out of the soil, spread a layer of manure over the ground before you apply them.

Straw mulch Derived from sources such as lucerne and sugar cane, they're lightweight, easy to spread and come in bags or bales. Lucerne also releases nitrogen as it breaks down.



PICTURES (Above): Mrs Louisa Humphries photographed around the time she was interviewed; (Below) Fawkner's Enterprise in 1835, as seen from "the Falls". [Source: Gordon H. Woodhouse, photographer, and Schell, Frederic B. artist, circa 1925, State Library of Victoria].





A pioneer

HE Argus of 25 March 1905 interviewed Mrs Louisa Humphries (neé Harper) of Bolinda, near Romsey - born 22 December 1813 in England, died in 1912 at Romsey, aged 98. It was said that (she) "is probably the oldest woman in Victoria. She was born in London in 1813, and is consequently in her ninety-second year. She is still active and strong, has a wonderful memory, and a fund of anecdote about early Melbourne, which was a little bush village just two years old when she first knew it."

"My memory has always been good. 1 can remember going, as a little girl, with my mother to St John's Church, Bedfordroad, London, to hear the funeral service for George the Third in 1820. I was with her in the streets to witness the celebrations at the crowning of George the Fourth, and can distinctly recollect the public sympathy for Queen Caroline, whom he would not allow to be crowned. In 1830 I saw the celebrations when William the Fourth came to the throne, and in 1831, just before I left England, the public processions for Parliamentary reform. Just 671/2 years ago I landed in Melbourne. It is nine years since I saw it last, but I hope to see it once again."

"I came out to Van Diemen's Land in 1832, in the Princess Royal, the first emigrant ship which arrived there. There had been frequent requests for free domestic servants, and our ship brought out nearly a couple of hundred girls. We had been promised positions at 8/- to 10/- per week, which was regarded as good wages in those days. We soon found that there were too many of us, and it was extremely difficult to get good places.

"A year after I arrived I married, and we went to live at Launceston. There my husband worked occasionally for John Pascoe Fawkner, who was a neighbour. When Fawkner came over to Port Phillip, in 1835, he wanted my husband to engage with him, but I objected to his going to such a wild country. After Batman and Fawkner settled at Port Phillip, all the talk in Launceston was of the new country, and, work being slack, my husband, who was an

recalls

expert brickmaker, engaged with Fawkner, and left about the middle of 1837, promising to send for me in a month. But the schooner was five or six weeks beating about the Straits before they were able to enter the Heads. I was sent for at last, and arrived in the Yarra in the Enterprise (Fawkner's schooner) on September 14, 1837. ... It was on a Saturday evening when the Enterprise was tied up to a tree on the river bank, and Mr. Humphries took me and our two children through the bush to a little wattle and daub hut, which stood in what is now Little Collins-street, between Elizabeth and Swanston streets. My husband and a mate were brickmaking close by.

"On Sunday morning Mr. Humphries had to go up Batman's Hill to Fawkner's for rations and I was scared by the arrival of a number of blacks, who begged 'white lubra giv' it bread'. There was another hut a short distance away, and the woman sent her husband over to tell me not to be afraid of the natives. We lived in that hut from September 1837 to July 1839, when we moved out to what was then called Batman's Swamp, where the Spencer-street railway yards now are.

"Melbourne during that period was a scattered village in the bush without streets, and with few houses, mostly huts. ... I well remember John Batman's funeral in 18391. He was buried in what is now the old cemetery, adjoining the Victoria Market. Then it was neither cleared nor fenced just a few graves in the bush. ... Poor John Batman [21 Jan. 1801 - 6 May 1839] was an invalid for some time before his death, and used to be wheeled about in a chair. ...

"The first watch-house, the gaol, such as it was, and the stocks, were somewhere near where the Western Market now is. The gaol was a tea-tree shanty, which was burned down by some blacks who were imprisoned for stealing potatoes from a settler named Langhorne. The natives, who escaped, told how they fired it by rubbing two sticks

together. The policemen used to call the hours during the night-watch, and it was a standing joke afterwards to call out to them, '2 o'clock, and all's well, and the gaol's burnt.' I had never seen stocks before, and I was curious to know what the men were doing who were sitting on a bench with their legs stretched out through the frame day after day. My husband laughed at my stupidity."

"George Scarborough, quite a character, was the first poundkeeper, and the first pound was near the river bank, between Swanston and Russell streets. We went to the first races, held at Flemington in 1840, in Scarborough's bullock dray. Coming home Scarborough was three sheets in the wind, and we came down Batman's Hill, through Collins-street, at racing pace. Mrs. Scarborough and I, who were sitting on the bottom of the dray, being nearly tipped out when the bullocks rounded into Elizabeth-street."

"In November or December 1849, a great flood occurred, and all Batman's Swamp was under water. Our house was flooded, and the children and I were taken off in a boat. My husband's brickyards were destroyed, and we did not go back to live at the swamp, but moved out to Flemington, where we had a couple of acres of land."

"Provisions were often scarce and dear in the early days of Melbourne. The settlement had to depend on Launceston and Sydney for its flour, and often bad weather would delay the trading schooners and leave the place very short of food. Sometimes bread ran up to 1/- to 3/- a loaf.

"When the diggings broke out, Mr. Humphries, like most of the men folk, went off to make his fortune, but he was not very successful, and in 1858 he came up here (Bolinda), and obtained this farm (20 acres). Twenty-two years ago I lost my husband, and last year my eldest son, who was over 70, died. I have seven children still living, 45 grandchildren, two of whom are living with me, and nearly as many greatgrandchildren."

^{1. &}quot;Mr. Batman at all times distinguished for his activity as a bushman, on the occasion of his last adventure, it is understood, exposed himself to an injurious degree, violent cold working on mercury previously dormant in his physical system, hurried him to a premature death." ... Port Philip Gazette, 8 May 1839 of to the Brack



OR over 35 years, Louise Multicultural Community Centre in Whitehorse Road, Box Hill has been helping migrants and refugees learn English to feel less isolated and more connected with the wider community.

The Louise Centre, a not-for-profit neighbourhood house, focuses on providing a welcoming environment for newcomers to Australia. Volunteer language

tutors conduct English language classes for migrants from a variety of backgrounds, cultures and language levels, to learn and practise spoken and written English, as well as learn about Australian customs and culture.

The small, low cost, English Language classes are run weekdays at the Centre or online via ZOOM. They also offer Mandarin Language classes, conversation sessions, computer and technology classes, craft and cultural activities; all run by volunteers.

Although they currently have a team of about 20 experienced volunteer English language tutors, more are needed. You'll interact with adult learners from different ethnicities and cultures, then watch them progress and improve their language skills and confidence.

Volunteer English language tutors don't need to be a trained teacher or have TESOL training. If you're interested in joining the Louise Centre, please contact the Programs Coordinator, Cindy Kung, on 9285 4850 or programs@louise.org.au. You're also welcome to visit Suite 8, Town Hall Hub, 27 Bank Street, Box Hill on weekdays between 9:30am and 4pm.

taming agapanthus

ANAGING plants is a part of responsible gardening. Research indicates that about 65% of weeds introduced into the environment have escaped from parks and gardens.

at the Louise Gentre

Commonly known as Lily of the Nile, the *agapanthus* has fallen from grace as it produces copious seeds that readily

germinate, making them a potential environmental weed in some regions with their ability to adapt to localised climatic and soil conditions.

By pruning off spent flower heads before they set seed you'll prevent agapanthus becoming a problem. Dwarf agapanthus is ideal for rockeries or containers and, like the taller forms, is spectacular when planted in drifts along driveways or around swimming pools.

Another plant maligned due its weedy status is *zantadeschia*. Not a true lily, it's commonly known as the arum or calla lily. Cut flowers of arums last well in a vase, but if left on the plant will produce seeds that readily germinate, particularly along creeks and streams, potentially choking the waterways. The variety Green Goddess also displays this weedy characteristic, so regularly remove spent flowers.

The dramatic increase in the use of water-wise exotic plant species like ornamental grasses and tufting perennials pose potential threats as environmental weeds, especially in areas close to natural vegetation zones. The use of drought-hardy exotic grasses and perennials is one way of improving water efficiency in gardens but such plants could be the catalyst for future environmental problems.

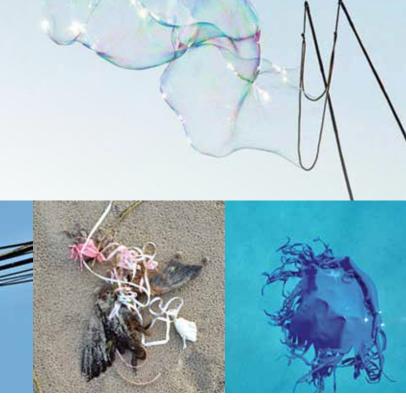


the truth about balloons

VERYONE loves balloons! No party, wedding or event is complete without at least a few colourful balloons as part of its decor.

But in recent times balloons have come under fire for their negative impact on the environment and the harm they cause to wildlife when they are not properly disposed of.

Research shows that most balloons are made out of one of three materials – mylar, vinyl or latex. Mylar balloons are composed of synthetic nylon with a metallic coating. Vinyl is another type of plastic material and is not the most common material for balloons. And both of these types are non-biodegradable as they are made of plastic-like substances.



Whether latex balloons are biodegradable or not is a question that is still being debated. Because latex comes from natural materials many people think it is biodegradable. And although latex balloons are more ecofriendly than those made of mylar or vinyl, they too are harmful to the environment.

All released balloons, and those that are not properly disposed, of end up as litter in the ocean and along shores, becoming marine and land debris.

"Animals commonly mistake them for food causing intestinal blockage", says balloonsblow.org, an organisation that tries to provide information to educate people about the destructive effects released balloons have on the environment, animals and even people. "And also many animals can become entangled in balloon strings, which can strangle or hurt them."

Balloons with a metallic coating conduct electricity and pose a risk to our electricity supply system. Stray balloons that drift into high-voltage equipment often cause power outages and other safety issues that impact the system. Businesses that routinely supply helium balloons are encouraged to inform customers that the release of helium balloons outdoors has been banned since 1 January 2022.

In addition, every time we fill a balloon with helium, we are wasting an essential non-renewable resource. Helium is said to be in short supply and in recent times there has been a global helium shortage. The Harvard Gazette recently quoted: "In our lifetime it might not run out, but for humanity it has a finite supply. We can't make any more."

So this festive season when you're having those big celebrations, perhaps reconsider getting balloons.

"Saying no to balloons doesn't mean the party's over!"
YOSHANTHI WELLAWA

Balloon alternatives

Bunting is a popular, eco-friendly alternative decoration that's found in party kits and is considered to be durable and reusable, making it sustainable. Bubbles are also another substitute that is cheaper than balloons, better for the environment and just as entertaining. And instead of plastic confetti, environmentally conscious people are using colourful flower petals and leaves as "biodegradable confetti". There are tissue paper pompoms, kites, paper chains, garlands ... a variety of selections.



Do you know that animals are good for your health?

Studies have found that pet ownership decreases blood pressure, maybe due in part to the effects of oxytocin, a cardioprotective hormone – that is, it helps protect the cardiovascular system. Affectionate and playful interactions generate oxytocin – the bonding hormone.

A study published in *Science* found that 30 minutes of interaction between humans and dogs elevated oxytocin levels by over 300% in humans and by around 150% in dogs.

Another study of almost 4000 healthy adults found that having a dog or a cat significantly reduced the risk of death from stroke or cardiovascular disease, with the effects stronger in women than in men, and with cats rather than dogs. Researchers suggested that the benefits were less likely to have come from physical exercise, but from the stress-relieving effects of having an animal companion.

Although the pandemic increased feelings of loneliness, especially in older adults (defined as over 60 years old), daily dog walks counteracted the effects. Therapy dogs make regular visits to hospitals, care homes and hospices where they help lift the spirits of patients.

Daily dog walks are an excellent source of exercise, and playful interaction around the home also reduces the likelihood of sitting around too much, improving circulation and also providing some regular exercise.

Pets don't ruminate over the past nor worry about the future. They're just here, now, responding to whatever the moment brings. We spend large amounts of our mental time in the past or future. Yet it's the present that best serves our mental and physical health.

Animals Good for Your Health

Specifically Cats

Cats are often hailed as pets that can soothe and bring calm. That is perhaps why places such as cat cafés¹ – where anyone can go and stroke or cuddle a cat while having a soothing drink – are so popular wherever they open.

Watching 'cute cat' videos on YouTube can make us happier and help keep negative emotions at bay. A survey conducted by the Cats Protection feline charity in the UK in 2011 found that people who spend time with cats or kittens report feeling calmer and less upset.

Although we may think of many cats as aloof and lacking the empathy usually associated with dogs, felines may actually be able to understand when their owners are feeling down and react accordingly.

A study by *Medical News Today* found that people who live with cats have a lower risk of experiencing a heart attack and cats can also protect you against allergies and asthma. Another *MNT* study argued that infants who grow up with furry pets, including cats, are less likely to develop allergies and obesity.

In a study of children with autism spectrum disorder, just playing with guinea pigs in their classroom for ten minutes caused a reduction in anxiety and improved their social interactions. Cats in families with an autism spectrum disorder child often provide valuable bonding, attention, and calming affection to the child.

timeout.com/melbourne/things-to-do/the-best-cat-cafes-in-melbourne

Sources: Article by David R. Hamilton PhD Referenced scientific research and full article available at: spiritlibrary.com/david-r-hamilton-phd/why-animals-are-good-for-your-health;; medicalnewstoday.com/articles/322716#Cats-contribution-to-research



My Happy Place

ET'S face it, when life gets a bit strenuous, we all need a quick break. I cope with my stress by visiting my Happy Place. I turn off the news, go outside and breathe the sweet air of my garden.

We all know that Covid was terrible. But I am a Silver-Clouds sort of person and saw lockdowns, shortages, and skyrocketing prices as a call to action in my cosseted life. Previously unused sections of garden were swiftly cleared to grow vegetables. And grow they have! Mixing manure, sugar cane mulch, compost, and potting mix in my wheelbarrow, I filled boxes and planted vegies. Yes, boxes, not pots. Pots are round. Black plastic boxes with drainage holes drilled around the bottom hold more soil and take up less space than pots.

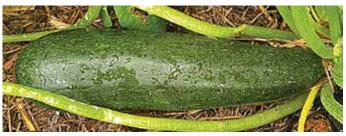
Planting in containers has the advantage that you can move them from sun to shade, turn them, and then easily disembowel them onto a tarp when the plants are finished – that's especially good for potatoes and other root crops. I also plant an assortment together: plants that go up (peas, beans, tomatoes) with ones that go down (potatoes, carrots), and quick ones (lettuce, cucumbers) with slow ones (capsicum, eggplant). That way they can share space and I have good crop rotation. Nobody wants 10kgs of tomatoes while the lettuce and cucumber are still developing. Grouped tightly, the containers shade each other's roots while still getting plenty of sun on the leaves.

Here's a good hint: Don't over-water, especially potatoes! Over-watering did my plants more harm than good. Pull off dead leaves quickly and spray for moulds. Never water in the evening, always early morning. Plant a lavender nearby to attract the pollinators.

Finally – having ignored friends who told me that store-bought vegies were plentiful again – I realised that growing food was not only easy, it was also a great form of peaceful meditation: outside, creating a bountiful garden. And the top reward was ... taste! Who amongst you is old enough to remember how food used to taste before it was commercially grown under duress and lights and gas? Me! I am. Now, my carrots are a bit wonky, my cauli has sprouted horns and my snow-peas are much smaller than shop bought, but they all taste wonderful!

Happy Gardening and Merry Christmas.

SUSZI MANDEVILLE





Roaming Transport

"HEN considering the today's costs of car ownership, one may hark back to the good ol' days when horses ruled the roads. Just feed them some hay, right? It appears though that there were sometimes hidden costs involved. At least our cars don't wander off on their own, landing us in court with hefty fines.

The Box Hill Reporter, 6 June 1919 CAMBERWELL POLICE COURT.

The only cases listed for Camberwell court on Friday May 30, before Messrs. Birch (chairman), Rodman and Rowley, J's.P., were proceedings by J Gunner (inspector for the city of Camberwell) against owners of stray animals, and the following penalties were imposed: David Price, whose horse was found in Summerhill road, 5/-, with 16/6 costs; [about \$85] Anton Lawson's horse found in Hunter's road, 5/- and 6/6 costs; William Swan, four horses found off

Highfield road, 20/- with 2/6 costs; John Hayes two ponies, Highfield road, 5/- and 6/6 costs; Joseph Smith, four horses found off Sunnyside road,

30/- and 10/6 costs; Joseph Smith, two cows off Norwood road, 15/- and 2/6 costs; [Joseph's two fines total 58 shillings, equivalent to approx. \$229]. Mary Nicholls, one cow off Middlesex road, 10/- and 2/6 costs; Kate Costello, one horse, off Balwyn road; 10/- and 2/6 costs; Hillman Brand, one horse, off Burke road, 6/- and 2/6

Given that the basic wage, introduced in 1907, was £2/2- per week – about £110 per annum, David Price's fine was nearly the equivalent of a week's income. Joseph Smith fared worse. Those wandering animals probably received a good talking to by their out-of-pocket owners when they returned home.

Are you a leftie or a rightie?

(continued from page 25)

a significantly greater proportion of talented lefthanders, even among those who played instruments that seem designed for right-handers, such as violins. Similarly, studies of adolescents who took tests to assess mathematical giftedness found many more left-handers in the population."

In sports, left-handed people have an advantage when aiming at a target as their opponents are accustomed to the right-handed majority. Interactive sports such as table tennis, badminton and cricket have an overrepresentation of left-handers; non-interactive sports such as swimming show no difference. Many actors and entertainers are lefthanded. A study at Durham University which examined mortality data for cricketers whose handedness was a matter of public record found that left-handed men were almost twice as likely to die in war as their righthanded contemporaries. The study theorised that this was because weapons and other equipment was designed for the right-handed.

Left-handed people have historically been considered unlucky or even malicious by the right-handed majority. In many languages, including English, the word for

the direction "right" also means "correct" or "proper". Throughout history, being left-handed was considered negative or evil; even into the 20th century, left-handed children were beaten by schoolteachers for writing with their left hand.

The list of famous lefties inevitably goes back deep into history to Charlemagne or Leonardo da Vinci. But it was only in the last few decades that being left-handed ceased to be a real problem and instead became something that could be celebrated.

Some Well-known Left-handers

Angelina Jolie Ben Stiller Bruce Willis Curtis Stone Dan Aykroyd David Bowie Dennis Quaid Germaine Greer Hugh Jackman Jeremy Renner Jim Carrey	Julia Roberts Keanu Reeves Lady Gaga Laurence Fishburne Lisa Kudrow Mark Hamill Mark Wahlberg Matthew Broderick Morgan Freeman Nicole Kidman Oprah Winfrey	Paul McCartney Pierce Brosnan Prince Charles Prince William Richard Dreyfuss Robert De Niro Robert Patrick Robert Redford Sylvester Stallone Tom Cruise Val Kilmer
Jim Carrey Judy Davis	Oprah Winfrey Owen Wilson	Val Kilmer Whoopi Goldberg
•		

International Left-Handers Day, held annually on 13 August, celebrates the uniqueness and differences of lefthanders.

RAINE BIANCALT

Sources: Wikipedia medlineplus.gov/genetics/understanding/traits/ handedness time.com/3978951/lefties-history https://www.bbc.com/ news



CHRISTMAS TRADITIONS FROM AROUND THE WORLD

Germany - Hanging Advent calendars

Advent, meaning "to come", begins four Sundays before Christmas. Gerhard Lang began mass printing paper advent calendars in the early 20th century with illustrations attached to a piece of cardboard with doors to view images underneath.

Colombia - Noche de las Velitas (Night of the Little Candles)

On 7 December night, Colombia honours Mary and the Feast of the Immaculate Conception with a celebration of light. Colombians illuminate their homes and streets with millions of white and coloured velas (candles) in patterned paper lanterns.

Ethiopia - Christmas on 7 January

Following a guiding star, three wise men travelled to Bethlehem "from the East" to pay homage to the infant Jesus. It's thought that the magi came from Asia, Europe and Ethiopia. Today, Ethiopians following the Julian calendar celebrate Christmas on 7 January.

Mexico - Gifting poinsettia

When a Mexican girl who'd nothing to offer the baby Jesus but a bunch of weeds deposited them, they burst into bright red flowers shaped like the star of Bethlehem. They are known as the Flores de Noche Buena, or Flowers of the Holy Night, and are synonymous with Christmas.

Guatemala - La Quema del Diablo (Burning of the Devil)

At sunset on 7 December, the eve of the Feast of the Immaculate Conception, Guatemalans gather in towns and villages to burn a devil's effigy to cleanse their homes of evils and misfortunes. Today communities gather in plazas at 6pm sharp and light a bonfire to burn the devil, often a piñata.

Rome - Midnight mass

In the 5th century when the Basilica of Santa Maria Maggiore was built, Pope Sixtus III instituted a Midnight Mass, a tradition that spread worldwide to many Christian countries.

Personal Care

Azubel Dental - Dental

Rodrigo Azubel follows a patient-centred approach to treatment through the promotion of healthier oral hygiene and preventative care as the basis to improving oral health and wellbeing; therefore comprehensive diagnosis and personalised treatment plans provide patients with professional service, clear options and advice in every step of the treatment process. See ad p.28.

Anthony J Von Moger – Homeopathy

Dr Joseph von Moger founded Homeopathic Centre in 1948, specialising in acute and chronic illness. They aim to empower clients to seek a natural and safer alternative as a first choice. Homeopathy addresses all chronic and acute ailments, often producing favourable outcomes in previously unsuccessfully treated conditions. Anthony's knowledge and experience assures patients of the very best in Homeopathic care. See ad p.28.



Auto Care

Kryton Automotive - Auto Repairs

Opened in 1992, Kryton Automotive has been providing quality automotive repairs and servicing to drivers in Burwood and inner eastern suburbs for 30 years. Current owner Michael who took over from his father, has worked at Kryton Automotive for much of his adult life, giving him the experience customers can rely on. Kryton Automotive prides itself on its quality and timely work. See ad p.28.

Penfold Motors Burwood - New, Used, Service

For over 50 years, Penfold Motors has a proud history of serving the eastern suburbs of Melbourne. Contact them for all your Audi, Mazda and Suzuki new and used car requirements, plus service, genuine parts and accessories. See ad p.28.



The Argus, 21 March 1955: "Police are investigating another mysterious fire in Camberwell near the shell of the burnt-out St. John's Church of England."

"A senior fire officer said yesterday:
"We can't say anything definite on the cause of the outbreak, but naturally, everyone is jumpy with all the church fires we have been having."

The Argus, 19 March 1955 had asked "Who is burning churches?" They reported that Camberwell clergymen were considering setting up guards to watch their church buildings.

"Police believe that a religious maniac may have started the spectacular fire which gutted St. John's Church of England, near Camberwell Junction, early yesterday. The interior of the church was one of the most beautiful in Melbourne. ...

"The fire was first noticed by an allnight tram driver soon after 4 a.m. Flames were leaping hundreds of feet in the sky and the church was a blazing inferno when the fire brigade arrived. Detectives from Camberwell and Russell st. C.I.B. believe that the church was deliberately set alight."

St John's Church of England, the first brick church in Camberwell, was built on the site in 1862.

The Argus, 21 March 1955 – "It will rise again ... the burnt-out shell of 93-year-old St. John's, Camberwell. A 40-minute blaze early on Friday morning gutted the building, sparing only its magnificent tower and spire." John Thomas McPhee, 23, invalid pensioner, of Auburn Parade, Hawthorn East, was committed for trial on five counts of arson causing £122,160 damage. He set fire to five

buildings, including three churches because he liked to "see the fire carts". McPhee pleaded guilty to all charges and did not ask for bail. The charges were that he had unlawfully and maliciously set fire to:

- Camberwell Free Press building, 3
 April 1954, completely destroying it, causing £1,500 damage.
- Camberwell Baptist Kindergarten Hall, Wills Street, 11 April 1954, gutting it and causing £7,000 damage.
- Salvation Army Citadel, Burke Road, Camberwell, 12 February 1955, totally destroying it and causing £10,000 damage.
- Berkowitz's furniture store room, Burke Road, 7 March 1955, causing £3,660 damage.
- St John's Church of England, Burke Road, 18 March 1955, completely destroying it except the tower, causing £100,000 damage.

About the St John's Church fire, McPhee said: "I got out when it started to burn the walls. I had dropped a match among some papers. I went down to the fire station in Burwood rd. and talked with the firemen from 4 a.m. to 4.30 a.m. The firemen went away to answer a call. I could see the fire, and I realised it was the one I started."

At the Salvation Army Citadel fire: "I tore hymn books up in a heap and dropped a match on them."

Senior Detective Ronald Braybrook said McPhee had admitted lighting the fires "because of the thrill of seeing the firecarts".

Because McPhee had diminished capacity issues, police had taken extra care to satisfy themselves that he really

was the person responsible for the fires. Braybrook's account of interviews with McPhee:

Did you set fire to St. John's Church? Yes. I wanted a place to sleep, and lit a fire because I was cold and wanted to get warm.

What did you do then? I got out when it started to burn the walls. I had dropped a match among some papers. Where did you go? I went down to the fire station in Burwood Road and talked with the firemen from 4am to 4.30am.

What happened at 4.30am? The firemen went away to answer a call. I could see the fire and I realised it was the one I started.

Where did you go? I went to a shed at Burriss's ice works and went to sleep and forgot all about it.

Did you telephone ministers at churches and tell them that their churches were to be set on fire? I remember 'phoning some; St Mark's and the Catholic Church in Burke Road. I don't remember the others.

The fire at the Camberwell Free Press: *Did you break in and set fire to this building?* Yes, and I stayed later to see it put out. *Why did you start it?* I thought it was sort of a practical joke.

The Argus, 29 June 1955 reported that McPhee was found guilty of five counts of arson. His "propensity for lighting fires made him a real menace in the community", Judge Cussen said.

Although on the electoral rolls McPhee is listed unemployed and living with his parents at 54 Campbell Grove in 1963, there is a Victorian death registration for him in 1955, with Archibald Samuel McPhee listed as his father.



IT is estimated that between 12 000 and 15 000 Australian women married American servicemen during WW11. Some made a life in the USA, while others returned to Australia with or without their husbands after the war.

The much-used phrase "overpaid, over-sexed and over here" showed the growing resentment that many Australian men felt about Americans coming in and "taking their wives". But the sheer number of American troops stationed in Australia during the Pacific campaign, at a time when many of Australia's own young men were away fighting in Europe and the Middle East, meant that for many Australian women American men provided much needed company.

Two local women, from Burwood and Hartwell, had daughters who went to live in America.

The Herald, 28 November 1953

WAS LUCKY THIS TIME

Mrs W.R. Harper, of Hartwell, who describes herself as "terribly unlucky" and says she has never won a raffle in her life, is going to the United States early next year because her name was drawn at a recent ballot of the U.S. Wives Mothers' Social Club.

Mrs Harper will be way for about six months, visiting her daughter and son-inlaw, Mr and Mrs E.B. Lotspeich, who live in the Yakima Valley, Washington.

Here Mrs Harper looks at a photograph of her daughter and son-in-law, and their three children, Wayne (8), David (6) and Karen (5).

Mrs Harper has not seen her two youngest grandchildren, and is excited at the prospect of spending six months with them. ...



The Herald, 9 December 1954

U.S. wives send for home plum pudding mix

... In addition to sending their daughters twin sets, members of the USA Wives Mothers Social Club have been asked to send parcels of ingredients for plum puddings.

One would imagine that Australian girls now living in America would be able to buy any food and clothing they wanted. But it seems they like to make their Christmas puddings from mother's favorite recipe, and say that Australian woollens - in knitteds - are softer than those offering in America at a reasonable price.

Mrs Robert Norton, widow of Lieut. Robert

Norton, who recently arrived home with her four children to spend six months with her parents, says that Americans, with a few exceptions such as the people in New England, do not know Christmas puddings such as we have here.

"They mostly have mince pie and cream to follow turkey," she said today.

Mrs Norton's husband was posthumously awarded the highest Congress Medal for bravery in the Korean war. She is returning to America to make her home with her mother-in-law and has been living in Portland, Maine. This New England State is very beautiful in the fall, and she says that many famous artists go there to paint.

(continued on page 46)



Alamein Alamein Learning Centre, 49 Ashburn Gr. Ashburton Library foyer, 154 High St.; Hi-Clean Dry Cleaners, 409 High St.

Ashwood Power N'hood House, 54 Power Ave.: Flakey Jake Fish & Chips, 499 Warrigal Rd.

Balwyn Balwyn Library, 336 Whitehorse Road; Balwyn Community Centre, 412 Whitehorse Road, Surrey Hills.

Bennettswood Bennettswood N'hood House. 7 Greenwood St.

Blackburn Stev-Computer 8 Wirreanda Court. Blackburn Sth The Avenue N'hood House @ Eley, 87 Eley Rd; Library, Blackburn Rd.

Box Hill Whitehorse Service Centre, 1028 Whitehorse Rd; Library, 1040 Whitehorse Rd.

Box Hill Sth Box Hill South Family Centre, 1228A Riversdale Rd; Dan the Minuteman, 2/193 Middleborough Rd.

Burwood Burwood Neighbourhood House, 1 Church St; Boroondara Lions Op Shop, 1350C Toorak Rd; Camberwell East Medical Centre, 236 Warrigal Rd; Pebble-Mix, 84 Highbury Rd.

Burwood East East Burwood Travel, 6/2 Burwood Hwy; Sofia's Restaurant, 299 Burwood Hwy; Burwood Heights Uniting Church, 347 Blackburn Rd.

Camberwell Bowen Street Community Centre, 102 Bowen St, Garvey Real Estate, 195 Through Rd; Library, 340 Camberwell Rd.

Canterbury Canterbury N'hood Centre, 2 Rochester Rd.

Chadstone Amaroo N'hood Centre, 34 Amaroo St. Forest Hill Whitehorse Service Centre, Forest Hill Chase; Neil Angus, MP, 2 Brentford Square; YES Op Shop, 53 Mahoneys Rd.

Hartwell Hartwell P.O., 1166 Toorak Rd; Fordham Ave Milk Bar, 116 Fordham Ave.

Hawthorn Library, 584 Glenferrie Rd.

Malvern East Phoenix Park N'hood House & Phoenix Park Library, 22 Rob Roy Rd.

Mont Albert The Boulevard, 369 Mont Albert Road; Mont Albert Post Office, 1a Hamilton St.; Mont Albert Florist 1 Hamilton Street, Mont Albert.

Surrey Hills Surrey Hills N'hood Centre, 157 Union Rd.

Wattle Park Rotary Recycle Op Shop, 1113 Riversdale Rd.

war brides for Christmas

(continued from page 45)

Mrs Norton belongs to the Overseas Wives' Club branch in Portland, which meets once a month at the Young Women's Christian Association. She is the only Melburnian in the branch.

Her mother, Mrs A. Nicholls, of Burwood, is honorary treasurer of the USA Wives Mothers Social Club, of which Mrs A Riley is president, and Mrs. V. Dixon, honorary secretary. ...

The USA Wives Mothers Social Club was founded four years ago. By social efforts the club has raised sufficient money to pay coast-to-coast fares of two mothers to enable them to visit their daughters. One has returned, the other is still away, and a third is likely to be given a trip soon. Members ballot for the chance.

The trip, it is believed, is beneficial to both mother and daughter. It helps the girl to settle down in her new home land, lessens the pang of homesickness for both and enables the mother to return to Australia with a clear picture of her daughter's way of life, and her surroundings.

The club believes that 75 per cent of wartime marriages between Australian girls and U.S. servicemen have been successful.

The fortnightly meetings of the mothers' club are happy affairs of exchanging news, seeing snapshots and making friends with women of similar family interests.



 MRS ROBERT NORTON (right) and her mother, Mrs A. Nicholls — "Jana" to her American grandchildren — inspect the artist efforts of (from left) Scott, Phillip, Robert and their sister Terry. Robert, 9, was born in Australia.



Christmas Eve - Saturday; Christmas Day - Sunday; New Year's Day - Sunday

Burwood Heights Uniting

Cnr Burwood Hwy & Blackburn Rd Burwood East.

Sun 18 Dec 7pm Carol Service.

Camberwell Baptist

Cnr Riversdale Rd & Wills St, Hawthorn East Sun 4 Dec 10am Living Nativity (dress up in your favourite nativity character), then enjoy some family activities and lunch after service. Sun 11 Dec BBQ @ 6pm, followed by Community Carols @ 7pm. Sun 18 Dec 7pm Community Carols. Family activities at 4pm followed by sausage sizzle & Community Carols Sun 25 Dec 9:30am Christmas Day Service.

St Clare's Catholic

138 Woodhouse Grove, Box Hill Nth Sat 24 Dec 9pm Christmas Eve Mass Sun 25 Dec 9am Christmas Day Mass; 11am Christmas Day Italian Mass.

St Faith's Anglican

6-8 Charles St, Glen Iris stfaiths.org Sun 18 Dec 10am Festive Carol Eucharist

Sat 24 Dec 4pm Children and Family Celebration

Sat 24 Dec 10:30am Choral Eucharist Eucharist. Sun 25 Dec 9:30am Choral Eucharist.

St Francis Xavier Catholic

1087 Whitehorse Rd, Box Hill 24 Dec 4pm Christmas Seniors' Mass; 6:30pm Christmas Eve Family Mass; Christmas Midnight Mass 25 Dec 10:15am Christmas Day Mass; 5:30pm Christmas Day Mass.

St Oswald's Anglican

100 High Street Rd, Glen Iris Advent Services 10am each Sunday in December Sun 18 Dec 7:30pm Carols and Readings Sat 24 Dec 4pm Children's Christmas service; 7:30pm Christmas Eve service Sun 25 Dec. 8am and 10am Christmas Day worship service.

St Peter's Analican

1030 Whitehorse Rd, Box Hill Sat 24 Dec 7:30pm Children and Families Service; 10:30pm Christmas **Eve Eucharist** Sun 25 Dec 9:30am Christmas Day

St Thomas's Anglican

44 Station St, Burwood 27 Nov 10:30am Advent of Light with Yarra Gospel Choir 11 Dec 5pm Carols in the Courtyard. BYO picnic 18 Dec 10:30am Advent of the God

Man 24 Dec 5pm Kids' Christmas Eve

Service; 11pm Christmas Eve Holy Communion Service 25 Dec 9am Holy Communion Service; 10:30am Chinese Holy Communion Service.

See page 58 for other Christmas events

Deadline for Easter Service notices is 23 January



Ped you know?

Naming of Melbourne

Sydney Gazette, 10 April 1837: The Colonial Secretary's Office advised "His Excellency the Governor has directed the name of "Port Phillip" to be altered to that of "Hobson's Bay", (we don't see the wit of this,) and he has further ordered that the site of two towns be laid, one on the western shore of the Bay to be called "William's Town", the other on the right bank of the Yarra River, which discharges itself into that Bay, to be named "Melbourne".

Eastern Food Rescue

EFR redistributes food, otherwise discarded, from supermarkets, local restaurants/cafes and bakeries. To prevent food waste, the food is free and available to the entire community. 8–12 Simla St, Mitcham, accessible daily. facebook.com/EasternFoodRescue

Nollaig na mBan faoi mhaise dhaoibh!

Women's Little Christmas, or Nollaig na mBan (in Irish) is on 6 January. Estimated to be 1800 years old, the day on which all the Christmas decorations must come down – not before or after – or else risk bad luck for the rest of the year. Ireland's ladies gather to eat the remaining Christmas cake!

Reignite Farming, Local Markets & Family-Run Grocery Stores

If farmers sell directly to customers or a family-owned business or market, they have higher profit margins that help stimulate employment and local economy. Not supporting local producers, makes you reliant on multinationals for your food supply. https://globalwalkout.com/reignite-farming

Do Something Near You

Get involved in community volunteering and charity events at https://dosomethingnearyou.com.au

Australian food is grown with dangerous chemicals banned in other countries

Although Australia has a global reputation as a source of clean food, we have some of the laxest pesticide use regulations in the western world – shorturl.at/mOT25

Dog attacks in Australia

Based on Sydney Children's Hospital admissions: #1 Pitbulls, 10.3% of all dog bites; #2 Labradors, 8.5% and #3 Rottweilers, 6.8%.

Help the Planet - Go Vegetarian or Vegan

Animal meats emit the most carbon emissions per unit of weight produced. Beef is one of the most carbon intensive foods, lamb and pork are not far behind. Poultry is one of the lower emitters. Some sources indicate that butter is the third highest emitting food behind beef and lamb.

Japanese Newspaper You Can Plant

On special occasions the Mainichi Shimbun newspaper prints a 100% green newspaper with seeds. After being read, it can be planted, watered and generate shoots. Pages are made from recycled raw materials: waste is dissolved in water and processed into pulp to create paper. Seeds are placed in the paper pulp, which is pressed and compacted. Even the ink is produced using vegetable substances.

Top IO wealthiest Countries on Earth by Median Wealth

Swiss investment bank Credit Suisse has calculated which countries are the world's wealthiest in 2022, based on both median and mean wealth. 1. Australia;

2. Belgium; 3. New Zealand; 4. Hong Kong; 5. Denmark; 6. Switzerland; 7. Canada; 8. The Netherlands; 9. United Kingdom; 10. France.

Foods that Never Go Off

White rice; honey, dried beans, 100% pure maple syrup; non-fat powdered milk, virgin coconut oil, soy sauce, cornflour, hard liquor, salt, popcorn, pure vanilla extract; bouillon cubes, vinegar.

From issue #II3

In 'A Tale of Box Hill' (for 1957's Box Hill Centenary) Ivan Southall described how early settlers walked from their homesteads as far as Hawthorn and beyond, laden with eggs, home-made butter, cheeses and clotted cream for sale. They'd walk back home, equally laden with household purchases.

Switch to ceramic or other inert, nontoxic cookware

When heated, non-stick cookware releases perfluorooctanoic acid (PFOA), linked to thyroid disease, infertility, organ damage, and developmental and reproductive problems in lab animals.





So much under one roof! Something for all!

1 Church Street, Burwood 3125 Phone: 9808 6292

Short Courses and Activities 2023

TERM 1

SOCIAL ACTIVITIES Bookings essential!



COMMUNITY BUS TRIPS

Monthly Bus trips to various destinations. Book early - the bus fills quickly.

ST PATRICK'S DAY LUNCH - Thurs 17 March

12:30pm Bookings essential 9808 6292

Come along, meet new friends. Enjoy in the festivities of the day. Remember to wear something green.



COMMUNITY GARDENS

4th Monday of every month

Plant up our new community garden, help design our front yard. Visit open gardens in the area with your new group and pot cuttings.

CARDS, Book club, LADIES SOCIAL GROUP, Scrabble, and our ART CLASS with our wonderful teacher Karen.

HEALTH & WELLBEING CLASSES

Yoga (<i>Hatha Style</i>)	Monday	9:05am – 10:05am
Yoga (<i>New class</i>)	Monday	7:00pm – 8:00pm
Meditation	Monday	10:15am – 11:15am
Social Walking	Wednesday	10:30am – 11:30am
Social Scrabble	Wednesday	10:00am – 1:00pm
Strength Training	Thursday	9:30am – 10:30am
Tai Chi	Thursday	10:30am – 11:30pm
Zumba	Friday	9:30am – 10:30am

Come along and try one of our free "Come and Try" sessions!

NEW PILATES class, ring to show your interest

New instructors contact the office with your skills.

SOCIAL CRAFT 3rd Monday in the month 12:30pm

Bring your craft, chat and create! It's FREE!

KNITTING/CROCHETING GROUP 11:00am - 1:00pm

Bring your knitting, or knit for a charity.

PLAYGROUP New groups and individuals welcome.

Large room and backyard. Low-cost sessions am/pm. Lots of equipment, covered sandpit and cubby.

CHILDREN'S PARTIES - Playgroup yard is great for booking a children's party; lots of play equipment. We have a large room and kitchen available.

We do "Come & Try Sessions"

OUR COMMUNITY PROJECT



KNITTED KNOCKERS - AUSTRALIA

"Communities Helping Women" Like us on Facebook & Instagram FREE 100% cotton prosthesis available.

Admin, data entry support is urgently required. Can you help?

COMPUTERS & I.T.

Seniors learn the clever things you can do with your computer, iPad, iPhone and Android Smartphone. You can also update your computer skills in Microsoft Word or Excel on your laptop or our computers.

- COMPUTERS FOR BEGINNERS Class Learn all the basics to get you started using a computer. Individual sessions, work at your pace, book when required.
- IINTRODUCTION TO WORD INTRO INTO EXCEL EBAY / GUMTREE WORKSHOP JOB SEEKERS – refresh your computer skills

URGENTLY REQUIRED: QUICKBOOK volunteer for data entry. Retired volunteers to go on the Burwood Neighbourhood House Committee.

TUTORS - Required for NDIS clients and seniors.

FOOD BANK We have pre-cooked frozen meals, located in our Freezer and we also have, out the front, non-perishable foods. Please call the office to pick up a frozen meal.

As there are more people suffering in the community, donations to the Foodbank/pantry are needed.

FROZEN TAKE AWAY FOOD available.

Donated by catering companies. Pick up Monday to Friday during Office Hours: 10:00am to 3:00pm.

WORK EXPERIENCE PLACEMENT: We support work experience for job seekers in admin and accounting.

VOLUNTEERS welcome in all aspects, admin, Foodbank, War Against Waste Project, cleaning, gardening, supporting Knitted Knockers Australia in admin, order requests and dispatch.

*Is there anything you would like or do at the community house? Have you got a skill or activity to teach to the community?

*Check the office for any day or time changes. Like us on Facebook & Instagram PHONE: 9808 6292 1 Church Street Burwood. Office Hours 10:00am-3:00pm Monday-Friday

Community Centres & Activities

Alamein N'hood & Learning Centre

49 Ashburn Gr, Ashburton. Marketing, Event Mgt, English & literacy classes, Yoga, Pilates, Meditation, Mosaics, iPads, Computers, MS Office, Career/ Employment, Volunteering. Men's Shed Tues & Thurs. Shopping bus & seniors excursions. e: admin@alameinnlc.com.au w: alameinnlc.com.au Ph. 9885 9401.

Amaroo Neighbourhood Centre

34 Amaroo St, Chadstone. Room Hire, **ACV GARDS Metro Support Group for** Asbestos, Art Therapy, Indian Dance, Board Games, Scrapbooking, Young Women's Arthritis Support, Seniors Strength, Circle for Natural Aid. Free Fruit, Veg & Bread, Haircuts, Comm. Lunch, Op Shop. Volunteers Welcome. Ph. 9807 2625 e: coordinator@amaroonc.org.au

Ashburton Community Centre

160 High St, Ashburton. Ph: 9885 7952 e: office@ashburtoncc.org.au Our Centre offers term-based classes, workshops, casual classes & social activities. Free trials available. Room hire for meetings & training. See our website for more details & to enrol online. w: ashburtoncc.org.au

Avenue N'hood House @ Eley

87 Eley Rd, Blackburn Sth. Activities & classes incl. exercise, crochet, mahjong, writing, yoga, computers, poetry, ukulele, iPads, meditation, line dancing, scrabble, social cards, sketching, bingo, carpet bowls & Pilates. Weekly cafe (Fri), accr. programs for special needs; Refresh for teens. Ph. 9808 2000. e: info@theavenue.org.au w: theavenue.org.au

Balwyn Community Centre, Surrey

Hills 412 Whitehorse Rd. Ph. 9836 7942 Classes/workshops incl. art; crafts, cooking, language (Italian, French, German); fitness & exercise, Pilates, Yoga, Tai Chi, meditation. Special interest groups, monthly Vege Swap and community groups meet at the Centre. Function Centre and small room hire. w: balwyncc.org.au e: reception@balwyncc.org.au

Bennettswood N'hood House

7 Greenwood St, Burwood. Ph. 9888 0234. Welcoming & inclusive; participate in social groups & activities: arts, music (ukulele/singing), Be Connected technology training, gentle exercise, dementia-friendly lunches & venue hire for community groups, children's parties/ classes. e: info@bennettswoodnh.org.au w: bennettswoodnh.org.au

Bowen Street Community Centre

102 Bowen St Camberwell. Ph. 9889 0791. Activities incl Playgroups, IT help, Italian, Yoga, Sewing & Language Conversation classes. CCS Approv. Childcare Childcare 3 & 5 hr Wed & Fri, 5hr Thurs. Party/meeting rooms for hire. w: bowenstreet.org.au e: info@bowenstreet.org.au

Box Hill South N'hood House

47 Kitchener Street. Ph. 9898 8270. w: bhsnh.org.au Wide range of programs including fitness (Yoga, Pilates, Strength training), Art/crafts (watercolour, botanical drawing, craft). Languages: French. Group & social activities, computer training. Whitehorse Urban Harvest Swap. Umbrella Dementia café. Room hire. e: info@bhsnh.org.au

Camberwell Community Centre

33 Fairholm Grove. Acrylics, Pastels, Drawing, Oil Painting, Watercolour, French, German, Spanish, Yoga, Tai Chi, Pilates, Line Dancing, Qigong, Pottery, Walking Group, Book Club, Bridge, Solo, Mahjong, Seniors Groups Ph. 9882 2611 e: contact@camberwellcc.org.au w: camberwellcommunitycentre.org.au

Canterbury Neighbourhood Centre

2 Rochester Road. Watercolour, open art, upholstery, literature, writing, history, yoga, Pilates, Tai Chi, Zumba, walking groups, book clubs, French and Italian language classes, mah jong, bridge, garden club and more. Free trials available. Ph. 9830 4214 w: canterburync.org.au

Clota Cottage Neighbourhood House

31 Clota Ave, Box Hill. Ph. 9899 0062. Learn/socialise/join in. Courses: Computers/ Digital Devices, Business Admin. Chinese speaking computer group. English & Mandarin classes. CHSP activities for over 65s incl. exercise classes, movies & outings. Gardening group, volunteer opportunities & more. Visit website for info. & sign up for our newsletter: clotacottage.org.au

Craig Community Centre

7 Samarinda Ave, Ashburton Ph. 9885 7789. w: craigfc.org.au Occ. Care & Kinder programs, Facilitated Playgroups, Primary & Secondary homework support, Seniors Activities, Volunteer Opportunities, Hall Hire. e: enquiries@craigfc.org.au

Kerrimuir Neighbourhood House

57 Linda Ave Box Hill Nth. We provide a range of classes & activities to suit all ages. From Art Classes to Strength & Fitness Classes. See our website for more details: Ph. 9899 7660. w: kerrimuirhouse.org.au

Koonung Cottage Community House

109 Koonung Rd, Blackburn Nth. Classes & workshops incl. Exercise, Meditation, Yoga, Drawing, Botanical Illustration, Craft, Spinning, Mahjong, Book Groups, Gossip & Games, Childcare, Grandparents' Playgroup, Men's walking group, support groups & venue hire. e: admin@koonungcottage.org.au Ph. 9878 6632. w: koonungcottage.org.au

Louise Multicultural Comm. Centre

Suite 8, Town Hall Hub, 27 Bank Street, Box Hill. Ph. 9285 4850. w: louise.org.au, e: info@louise.org.au Classes & activities: EAL/ESL (beginners, inter., advanced), Mandarin, Computer/ iPad, Conversation Groups, Korean Drumming, Knitting, Social interest, Aust. Culture & History, Chinese & Korean Calligraphy; Dancing for Fitness.

Mount Street N'hood House

6 Mount St, Glen Waverley. Ph. 9803 8706. Drawing/Painting, Mosaic, Decoupage, Paper Tole, Patchwork & Quilting, Yoga, Strength Training, Pilates, Gentle Exercise, Meditation, Seniors IT – basic & advanced computer skills, Tablets, Smartphones. e: mountst@msnh.org.au w: msnh.org.au

Phoenix Park N'hood House

22 Rob Roy Rd Malvern East. Walking groups, Pilates, Yoga, Tai Chi, HeartFIT, Zumba gold. iPad /Tablets classes. Art classes adults/children. Writers, Discussion, Film & photography groups. Mahjong, Singers, Art & Craft. Hrs 9-4:30/3pm Fri) Ph. 9530 4397 w: phoenixparknh.org.au

Power Neighbourhood House

54 Power Ave, Ashwood. Ph. 8849 9707. e: office@powernh.org.au English Language, Art for Health & Wellbeing, Gardening, Children's Storytime, Chinese Social Group, Art & Craft, Carer Support, Connecting Teens, Yoga, Crochet & Knitting, Book Group, Homework Club, Asperger's Vic., C'well Salvos, Free Bread Tuesdays, Public Computer Access, Wheelchair access. w: powernh.org.au

Samarinda Community Centre

296 High St Ashburton. Ph. 1300 591 464. Exercise programs include: Gentle exercise, Line dancing, Zumba Gold, Qui Gong. Social activities include: Bus excursions, Table Games, Craft, Art, Entertainers & guest speakers. w: samarinda.org.au

Surrey Hills Neighbourhood Centre

157 Union Road. Ph. 9890 2467. e: enquiries@surreyhillsnc.org.au w: surreyhillsnc.org.au Mon-Thu 9am-3:30pm Fri 9am-2:30pm. Venue hire. Playgroup, drop in m/tea, disc. groups, laughter, painting & drawing, craft, cooking. Active: Tai Chi, bike riding, Pilates, walking, yoga, Qi Gong, strength training, short courses, workshops.

Waverley Community Learning Centre

5 Fleet St, Mt Waverley. Ph. 9807 6011. Programs & activities include: children's art, pottery, creative writing, technology courses, pilates, strength training, yoga, Spanish, calligraphy, yoga, painting, English for migrants & more. w: wclc.org.au e: info@wclc.org.au

PLACES OF WORSHIP

ANGLICAN

Camberwell South Anglican

Cnr Toorak Rd & Bowen St. 10am Sunday. Rev David Huynh. Ph: 9889 4813. e: info@csac.org.au

Church of the Ascension, East Burwood Cnr Blackburn Rd & Witchwood Cres. Sun. 8am, 9:30am; Wed. 10am; Fri. 9:30am. Ph. 9802 4863. w: ascensionchurch.org.au

Holy Trinity, Surrey Hills

Cnr Union Rd & Montrose St. Sun 8am, 9:30am, weekly on Wed 10am. 1st Sun 11.15am Kids' Church; 5pm Choral Evensong. Vicar: Rev. Mark Pearce. Office: 9890 2165. w: holytrinity.sh

St Dunstan's, Camberwell

163 Wattle Valley Rd. Vicar: Fr. Jobby John. Services Sun 9.30 am. Other activities, subject to prevailing COVID restrictions. w: stdunstans.org.au

St Edward's, Blackburn South

59 Edinburgh Rd. Sun. services 8am & 10am. Vicar: Rev. Rob Culhane Ph. 9877 3665 Mb 0412 832 328

St Faith's, Burwood

6-8 Charles St., Glen Iris. e:office@stfaiths.org; w: stfaiths.org; Sun 8 and 10am; Wed 10am; labyrinth open daily. Govt Covid and Vac compliant.

St Matthew's, Ashburton

334 High St (cnr Warrigal Rd). Communion: Sun. 9:15am (English) and 10:30am (Malayalam).

St Oswald's, Glen Iris 100 High St, Glen Iris. Vicar Rev. Glenn Loughrey e: vicar@stoswaldsgleniris.net.au Ph. 9885 1125. Sun 8am and 10am (5th Sun 9:30am only), Wed.10am Holy Communion.

St Peter's, Box Hill 1030 Whitehorse Rd. Rev. Anne Kennedy (Locum). Ph. 9899 5122 (Office). Services: Sun. 8am, 9.30am, 11:30am, 2pm. Wed. 10:30am. w: anglicansboxhill.org.au

St Stephen & St Mary, Mt Waverley 383 High Street Road. Vicar: Rev. Dianne Sharrock. Sun. 8am and 10am (esp. for

kids). Thurs. 10am. Ph. 9807 3168; 0407 334 928.

w: stephenandmary.org.au

St Thomas's, Burwood 44 Station St. Vicar: Rev. John Carrick Ph. 9808 3250, 0412 438 021. Sun. Svcs: 8:30am, 10:30am, 10:30am (Cantonese), 2pm (Mandarin), 7pm. e: johnc@sttoms.org

BAPTIST

Ashburton Baptist 8 Y St, Ashburton. Services: Sun 10am (incl. Sunday Club). Ph. 9885 8210 w: ashburtonbaptist.org.au e: info@ashburtonbaptist.org.au

Camberwell Baptist Cnr Riversdale Road and Wills St, Hawthorn East. Sunday Service 10am. Ph. 9813 0538. e: office@camberwellbaptist.org

Crossway Baptist, East Burwood

2 Vision Dr. w: crossway.org.au Eng.: Sat. 5pm; Sun. 8:45/10:15am. Mandarin: Sat. 5pm; Sun. 10:15am (Zoom). Cantonese: Sun. 8:45/10:15am. Korean: Sun. 10:15am. Indonesian: Sun. 10:15am.

East Camberwell Baptist

Cnr Highfield & Hunter Roads, East Camberwell. Sun. 10:30am. Pastor: Murray Hogg. Ph. 9836 6063. Syndal Baptist 588 High Street Rd, Glen Waverley (park off Tricks Ct) Sun. 8:30am, 10.30am & 6pm. Ph. 9803 9144, e: admin@sb.org.au w: sb.org.au

CATHOLIC

St Benedict's, Burwood 299 Warrigal Rd. Ph. 9808 2492. Fr Daniel Serratore. Mass 6pm Sat, 10am & 5pm Sun. 9am Tue-Sat, 7:30pm Wed. e: admin@stbenedicts.com.au, burwood@cam.org.au

St Clare's, Box Hill North

138 Woodhouse Gr. For Mass times visit scfx.org.au Fr Tony Kerin Ph. 9401 6371 e: boxhill@cam.org.au

St Francis Xavier's, Box Hill Cnr Whitehorse & Dorking Rds. Fr Tony Kerin Ph. 9401 6371 For Mass times: scfx.org.au e: boxhill@cam.org.au

St Michael's, Ashburton 268 High Street. Parish Priest: Fr Laurence Cortez. Ph. 9401 6345. Mass: Sat 6:30pm, Sun, 9am, 10:30am. Tues/Wed 10am. Thurs 10am, Fri 10am e: ashburton@cam.org.au

St Scholastica's, Bennettswood

348 Burwood Hwy. Father Thanh Tran. Ph. 9808 1006. e: stschpar@bigpond.net.au Tues 9am Wed 11am; Thurs/Fri 9am; Sat 9am, 5:30pm; Sun 9am, 11am, 5:30pm.

Uniting/Presbyterian

Ashburton Presbyterian cnr High St & High Street Rd, Opp. 391 High St. Pastor: Rev. Barry Oakes. Sun. 10am. w: ashburtonpc.org.au e: office@ashburtonpc.org.au

Ashburton Uniting

3 Ashburn Grove. Ph. 9809 1795. Rev. Lavingi Tupou. Sunday Service 10am, 4th Sunday Messy Church 5pm. w: ashburton.unitingchurch.org.au

Burwood Community Presbyterian

Cnr of Greenwood & Tennyson Sts. Sunday worship 11am Rev Dr John Elnatan 0431 662 869 e: john@bcpc.net.au

Burwood Heights Uniting

Cnr Burwood Hwy & Blackburn Rd. Burwood East. Supply Minister Rev Chris Meneilly. Ph. 0403 122 471. Sunday service 9:30am.

Burwood Uniting 1 Hyslop St. Worship Sun 10am Hall Hire: Pam 98092917 e: burwooduc146@gmail.com http://burwood.ucavictas.org.au

Glen Iris Rd Uniting Church & Community Care 200 Glen Iris Rd. Ph. 9885 8219. Rev. Gareth Darlow. 10am Sun. services. BBQ & Communion 1st Sun of month. w: gleniris.ucavictas.org.au/ e: office@gleniris.victas.uca.org.au

St Luke's Uniting, Mt Waverley

94 Essex Rd. Office: 9807 2656. Sun. 9.30am. Fun at Five: 5pm 3rd Sun: craft, song, soup, shared meal – families. Ph. Amy 9803 4462.

e: jamesdouglas@ozemail.com.au

Surrey Hills Uniting Cnr Canterbury Rd & Valonia Ave, Surrey Hills.Sun. Svc 10am (incl. Sunday School). Rev. Rob Gotch, e: robgotch@optusnet.com.au Ph. 9898 1097 w: surreyhillsuniting.org

OTHER CHRISTIAN CHURCHES

City Edge, Surrey Hills YWAM Base, 19 Middlesex Rd. Pr Ian Gould. Ph. 0490 946 655. Services: Sun. 10:30am. w: cityedgechurch.com.au

Grace Christian Community, Box Hill South 234 Elgar Rd. Sun. Service 11:30am (incl. lunch), activities, children's programs, English conversation Pastor: Tim Grant 0402 295 691. w: gracechristiancommunity.org.au

The Salvation Army, Camberwell

7–11 Bowen St. Sun. worship 10am & 5pm. All welcome. Sun/School 10am school terms. Ph. 9889 2468. w: salvationarmy.org.au/Camberwell

Wattle Park Chapel 234 Elgar Rd, Box Hill South. Pastor: Richard Coombs. Ph. 9808 2728. Sun. 10am. Kids' Club & Seniors' outings, group Bible study. e: office@wpchapel.org

OTHER FAITHS

Bao Lin Chan (Zen) Buddhist Monastery 94A High Street, Glen Iris. Non-profit Buddhist org. Free meditation classes - learn the art of mindfulness. Free but please register. Ph. 9813 8922 w: chungtai.org.au

Shree Shirdi Sai Mandir Melbourne

32 Halley Ave, Camberwell. Glorious Sai Baba Temple. Mon-Sun 9am-1pm; 5pm-9pm. w: shirdisai.net.au



Community Notices

Childcare & Activities

Aurora School, Blackburn South

Specialist school for young deaf & deaf blind children. Mon-Fri 9am-3pm. Early intervention staff visit families in homes. 96 Holland Rd. Ph. 8878 9878.

Avenue N'hood House @ Eley, **Blackburn Sth** Occ. care 9am–3pm Mon-Fri (bookings essential). Bubba Beats music group for children 0–4 yrs. Thurs morns. Ph. 9808 2000. w: theavenue.org.au

Blackburn South Playgroup

St. Edwards Church, 59 Edinburgh Rd. Thurs mornings 10am-noon. New members welcome. Ph. 0418 537 955 e: suzanne.marazzato@bigpond.com

Facilitated Grandparents' **Playgroup** Koonung Cottage Community House 109 Koonung Rd, Blackburn North. Wed. school terms 9:30-11:30am. \$45 per term. Ph. 9878 6632. e: admin@koonungcottage.org.au

French Playgroup in Camberwell "Le jardin des enfants". Camberwell South Anglican Church, 101–103 Bowen St. Wed 10-11:30am. \$5 per family. Ph. 0450 676 537. e: french@csac.org.au

Grandparents/New Families Playgroup, Camberwell Bowen Street Community Centre, 102 Bowen St. Various times. Ph. 9889 0791. e: info@bowenstreet.org.au

Playgroup at Burwood Heights Uniting Church Cnr Burwood Hwy & Blackburn Rd East Burwood. Wed. 10am school terms. Ph. Edith 0410 756 203 or Marg 9955 4532.

Playgroups & Kids' Club St Thomas's Anglican Church, 44 Station St, Burwood. Thurs, 3:30-6:30pm, \$5, dinner incl. School aged, yrs 1–6. Playgroups Tues & Thurs 10-noon. e: Rachel, rachelgh@sttoms.org.

Community Music & Singing

Blackburn North Sing Australia Group

Thurs 7:30pm. Community Centre Forest Hill Village, 264 Springvale Rd. Perform for comm. orgs. 1st wk free; no auditions. Ph. Mick 0414 484 080.

Box Hill Chorale Friendly & welcoming community choir meet Mondays 7.30pm at Box Hill Community Arts Centre. To join: www.boxhillchorale.org.au

Celtic Jam, Box Hill Box Hill Community Arts Centre, 470 Station St. Ph. Judy 0422 868 680. Wed. 7:45-9:15pm. Easygoing jam session; learn a tune p.w. New members welcome. \$10.

Community Singing at Bennetswood N'hood House 7 Greenwood St, Burwood. Sing & String-along Mon. 11:30am-12:45pm. Fees vary Book at office or ph. 9888 0234.

Creativity Australia – With One Voice, Ashburton Ph. 8679 6088 Ashburton Baptist Church, 8 Y St. Wed. 6:15–7:30pm. Supper incl. e: withonevoice@creativityaustralia.org.au

Majellan Singers, Ashburton Like to join a small, friendly women's choir? Rehearsals in Ashburton Wed. 7:30-9:30pm. \$450 p.a. For info or audition Ph. Rosemary 0416 267 500.

Open Door Community Singers Habitat Uniting Church, cnr Burke & Mont Albert Rds, Canterbury. Mon 7:30–9:30pm. \$85 pa (admits to all Open Door choirs), \$8 per night. Ph. 0419 894 340.

Open Door Gospel Singers Details as above. Thurs 7:30-9:30pm.

reCHOIRed Community Choir

Rehearses in Surrey Hills 7:30–9pm Wednesday school terms. No auditions. e: pricetj1963@gmail.com w: rechoired.com

Scotsglen Singers Inc. Ph. Elizabeth 0407 542 680. All-female choir entertains shut-ins, raises money for charity. Rehearse Glen Waverley Thurs pm. Perform regularly in local area. Membership: \$85.

Sing Australia Choir, Camberwell Camberwell Uniting Church, 314 Camberwell Rd. Community-based choir. Tues. 10am-noon. Annual sub., plus \$7 per visit. No auditions. Ph. 0439 381 091.

Treble Tones Join ladies who enjoy singing. Rehearsals Wed mornings, Burwood. Membership: \$110 pa. Ability to read music desirable. Ph. Lorraine Pollard 9807 5936.

Ukulele & Singing (BUGSS)

Bennettswood Neighbourhood House, 7 Greenwood St, Burwood. Mon. 11:30am-12:45pm. Ph. 9888 0234. e: info@bennettswoodnh.org.au

Victoria Welsh Male Choir, Blackburn South Wed. 7:30–9:30pm St Edward's, Edinburgh Rd. Ph. David on 0413 077 573. Looking for men who can hold a tune. Great camaraderie. w:vicwelshmenschoir.com.au

Yarra Gospel Community Choir A friendly group who sing inspiring songs, enjoy a wine & cheese supper and meet Thurs. 7:15pm St John's Camberwell. ALL welcome w: yarragospel.org

Community Shopping

Animal Welfare Op Shop, Camberwell

1355 Toorak Rd. Mon-Sat 11am-5pm. Shop, donate, recycle. Nothing over \$20. Quality new/recycled clothing, books, etc. We can pick up. 9889 9435 shop hours.

Kindilan, Mont Albert 9 Hamilton Street, Ph. 9899 5431. Mon-Fri 10am-5pm, Sat 9:30am-1.30 pm. Boutique Op Shop. Welcoming volunteers.

Lions Club of Boroondara Central Op Shop 1350C Toorak Rd, Camberwell. Ph. 9809 4950. Bric-a-brac, clothes, furn., etc. Mon-Thurs 10:30am-4:30pm (Fri-4pm), Sat 9:30am-12:30pm. Proceeds to community. **Rotary Recycled Treasures Op Shop, Blackburn** 113 Canterbury Rd. Ph. 0451 200 237. Books, clothing, jewellery, bric-a-brac. Accept elec. goods. All funds to Charity Projects. Mon-Fri 10am-4pm, Sat 10am-1pm.

Rotary Recycle Op Shop, Surrey Hills 1113 Riversdale Rd. Excellent range of books/bric-a-brac/ladies wear. All profits to community projects. Mon-Fri 10am-4pm; Sat 10am-1pm. Volunteers welcome.

Salvation Army Thrift Shop, **Ashburton** 401 High St. Books, toys, clothing, bric-a-brac. Accept elec. goods, not monitors/TVs/scanners. 8:30am-5pm. Mon-Sat. Leave goods at Shop rear bus. hrs. Ph. 9885 4965.

Samarinda The Ashy Op Shop Cnr High St & Welfare Pde. Mon-Fri 10am-4.30pm, Sat. 9:30am-4pm, Sun 11am–3pm. Easy drop off. All proceeds help aged locals. Ph. 9058 6050.

Uniting Op Shop, Forest Hill 333A Canterbury Rd. Newly renovated Op Shop, Open 9.30am-1.00pm, Tues-Sat. Friendly volunteers. All funds to local &O/S charities.Ph. 9878 3222.

Vinnies Mont Albert 24 Hamilton St. Ph. 9898 0720. Mon-Sat 10am-5pm. A unique Op-shopping experience with a great range of clothing, homewares, books etc.

YES Op Shop, Forest Hill

53 Mahoneys Rd. Ph. 9894 0992. Youth Education Support Inc. sponsors young disadvantaged people. Shop, donate, volunteer. Books, toys, clothing, bric-a-brac.

Crafts & Hobbies

Abbey Girls of Victoria Phone Margaret on 9886 0232. Bennettswood N'hood House, 7 Greenwood St. Club based on Elsie J. Oxenham's books.

Australian Philatelic Society

Memorial Homes Hall, 152 Canterbury Rd, Canterbury. Meets bi-monthly. Interesting displays at meetings. Visitors/ new members welcome. Ph. John Young 9889 1385.

Box Hill Art Group Inc. NFP. Highly qualified tutors. Flexible classes: beginners/ experienced in watercolour, oils, pastel, acrylics, etc. Ph. Eric 0424 775 540. w: boxhillartgroup.com.au

Box Hill Hand Spinners & Weavers Box Hill Comm. Arts Centre, 470 Station St. NFP. Meet Wed 7-9.30pm Thurs 10am-2pm. Workshops in dyeing, felting. Ph. Janet on 0400 669 383 or e: thanhd567@gmail.com

Camberwell Camera Club Rutherford Rm, St John's Anglican Church, 552 Burke Rd. Ph. Wolf 0428 398 446. 7:30pm, 2nd/4th Mon. Speakers, comps, outings. w: camberwellcameraclub.org.au

Camberwell Film Society 3rd Wed (Feb-Nov), 2nd Wed Dec with party. Prompt 7:30pm start. Camberwell Community Centre, 33 Fairholm Gr. Includes tea/coffee. Must be 18 years+. Ph. Bill Kerr 9347 6969.

Dream Stitches St Aidan's Church Hall, 10 Surrey St, Box Hill Sth. Friday 9:30am-noon school terms. Communitybased sewing for migrant & refugee women. w: dreamstitches.org.au

Forest Hill Woodturners Sat 9:30noon; Mon (2 sessions) 9:30-noon & 12:30-3pm. Warrawong Annex, 32 Richmond St, Blackburn Sth. Learn & practise woodturning with quality equip. & skilled instructors. w: fhwt.org.au

French Book Club in Camberwell Camberwell Sth Anglican Church, 103 Bowen St. Relaxed chat about French books & novels with other French speakers. Sun. 2–3pm. Ph. 0450 676 537 e: French@csac.org.au

Jane Austen Society of Melbourne Inc., Ashburton Purves House, 303 High St. Meet 2pm last Sat. Feb, Apr, Jun, Aug, Oct, Nov. Guest speakers, afternoon tea, raffle. Guests welcome. Charge \$5. Ph. 0407 985 614. w: jasm.org.au

Melbourne Numismatic Society Inc. Box Hill Community Arts Centre, cnr Station/Combarton Sts. 2nd Thurs, exc. Jan. Learn about coins, notes, badges, medallions. Ph. 9725 0945 e: monica.deknecht@bigpond.com

Needlework Tapestry Guild of Victoria Inc. Box Hill Comm. Arts Centre, 470 Station St. Sat 8:30am-3pm 2nd Wed 11am-3pm. Ph. Anne Bryan 0400 644 086 or 9728 3256. e: eannebryan@gmail.com

Nunawading & District Lapidary Club Nunawading Community Hub, 96 Springvale Rd. Club night 2nd Wed. Mineral group 3rd Wed. Juniors (12-16) Sat 1-4. Cut & polish gems & silver work. ndlc@ndlconline.asn.au

Power N'hood House Book Group 54 Power Avenue, Ashwood. Chat about books over a cuppa. Meets 3rd Wed, 10–11:30am with bestsellers from free Monash Library Book Group. All welcome. w: powernh.org.au

Victorian Button Collectors' Club Burwood Hts Uniting Church, cnr Burwood Hwy & Blackburn Rd. 2nd Tues 8pm. Ph. Robyn 9884 5675. w: vicbuttonclub.com.au

Waverley Film Society, Mt Waverley Church hall, St John's Uniting Church Virginia St. 7:45pm 2nd Wed Feb-Dec. Older "classic" films. Ann. m/ship \$30 (1st visit free). Ph. Brett 9807 3426. w: waverleyfilm.org.au

Waverley Gem Club Central Reserve, Glen Waverley. Wide range of activities: gem cutting, silver smithing. Training at Mt Waverley. Ph. 9561 4027 w: https://tinyurl.com/y5gp8s4j

Waverley Scale Modelling Club

Wadham House, 52 Wadham Pde, Mt Waverley (behind library). Meet 2nd Tues, Feb-Dec, 7:30-10:30pm. NFP for Scale Model builders. Ph. Edward Russell 9857 6891.

Whitehorse Film Society, Willis Rm, Whitehorse Civic Centre, 379 Whitehorse Road, Nunawading, 7:45pm, 1st/3rd Sat. Feb-Dec \$55. Ph. Pat 9877 1474 w: whitehorse.filmsociety.org.au

Dance & Exercise

Box Hill Ballet Association Inc.

NFP. Classical ballet (Cecchetti), Jazz, Tap, Folk, Wu Tao. Students 4yo-adult. Adult beginners. Ph. 0407 524 278. w: boxhillballet.com.au e: boxhillballet@gmail.com

Dance for Fitness Box Hill Community Arts Centre, 470 Station St. Mon, 1–2pm. Low impact informal dance class for those who don't like gym. Ph. 9895 8888. w: bhcac.com.au

Dance for Parkinson's, Camberwell Uniting Church, 314 Camberwell Road. Fridays 10-11am. \$5 donation. e: quixoticdancetech@gmail.com

English Country Dance Bennettswood N'hood House, 7 Greenwood St, Burwood. Tues 8-10pm. \$5. All dances taught. Partners not nec. Think Pride & Prejudice. Ph. George on 9890 5650.

Hong Kong Club Tai Chi Group Evergreen Centre, 45 Talbot Ave, Balwyn. Tai Chi & Qigong classes – various forms. Sat. 8:30am-1pm. Ph. Sam 0418 101 937 e: hongkongclub.taichigroup@gmail.com

Melbourne Colonial Dancers

Ashburton Uniting Church Hall, 3 Ashburn Gve. Most 3rd Thurs 8-10pm, \$10, Members \$8. For info see Facebook or w: melbournecolonialdancers.org.au Ph.0493 219 385

Scottish Country Dancing, Surrey Hills Surrey Hills Uniting Church, 679 Canterbury Rd, Tues Mar–Nov 7:30–10pm. \$7. Beg. & exp. welcome. Flat, soft shoes. Ph. 0425 883 218. e: boxhillscottish@yahoo.com.au

Surrey Dance St Matthew's Church Hall 334 High St. Ashburton. Friendly & welcoming venue. Ballroom, New Vogue & Latin. Wed 7–10:30pm Ph. Fred 0418 340 111; Debbie. 0412 297 025

Let's TAP Cardio & Low Impact Tap Dancing Classes Experience not req, enthusiasm & energy essential. \$22 a session, \$100 per 6-class pass. Ph. Lisa 0431 887 697 w: LetsTAP.com.au pass.

Education/Self-improvement

Boroondara Toastmasters Burwood N'hood House, 1 Church St. 1st & 3rd Thurs 7:30pm Communication, leadership and self-confidence skills. e: boroondara.toastmasters@gmail.com Ph. 0408 008 801.

Glen Iris Toastmasters Club Glen Iris Community Centre, 200 Glen Iris Rd. 2nd/4th Wed 7:15pm. Improve leadership, public speaking, self-confidence. Ph. 0420 846 853. e: vidhu1001@gmail.com

MPower Me Homework Club

54 Power Ave, Ashwood. A fun group with qualified tutors supporting primary school children with homework on Tuesdays during school term 3:30-5pm. Ph. 9807 3589.

Speaking Made Easy, Camberwell Camberwell Library, 340 Camberwell Rd. 4th Thurs 12 for 12:15pm start. Public speaking for women; communicating with confidence; meeting procedures. Ph: 0459 186 670 w: speakingmadeeasy.com.au

U3A, Box Hill 29 Strabane Ave. Learning & social activities for seniors. Art, exercise, games, history, iPad, languages, literature, meditation. Ph. 9898 3336. w: u3aboxhill.com.au

U3A. Hawthorn 26 Sinclair Ave. Ph. 9821 0282. Educational, creative courses for retirees/semi-retirees, 90 courses/activities. Low annual fee. 10:30am-1:30pm Mon-Fri. w: u3ahawthorn.org.au

U3A, Nunawading Ph. 9878 3898. e: admin@u3anunawading.org.au Semi & Retired people; 250+ classes: IT, languages, art craft, humanities, science, exercise etc. w: u3anunawading.com.au

ESL (English as a Second Language)

Box Hill

1010 Whitehorse Rd, Box Hill (car park entrance 17 Bank St). Thurs 10am (Beginners-Intermediate). Ph. 9890 2993. e: corps.boxhill@aus.salvationarmy.org

Burwood East

Crossway Baptist Church, 2 Vision Dve. Sat 10am-noon. Ph. 9886 3700. e: mtai60@gmail.com

Hawthorn East

Let's Talk English @ Camberwell Baptist Church, cnr Riversdale Rd & Wills St. Free classes Sat 9.30-11.30pm school terms. e. office@camberwellbaptist.org

Next Community Notices deadline: 23 January 2023

Email: freenotices@burwoodbulletin.org or phone Chris on 0413 412 844.

Community Notices

Environment & Gardening

Ashwood College Permaculture Food Garden Open 10:30am Wed & Sat. New volunteers always welcome First Ashwood High entry off Vannam Dr. (30m on right at end of school drive). Ph. Lynda 0404 083 272 or Facebook.

Australian Plants Society, Waverley 3rd Thurs 8pm, Wadham House, 52 Wadham Pde, Mt Waverley. Speakers on range of topics re growing Aust. plants, & environment. Garden visits. Virginia Barnett 9803 4502

Bellbird Dell Reserve, Vermont Sth Ph. 9262 6333. Working bees 1st Sat. 10am-noon, m/tea. Dig and make friends! Check Dell noticeboard, take garden gloves, tools provided. e: info@bellbirddell.org

Box Hill Garden Club Meets at Springfield Park Pavilion (cnr Dorking & Springfield roads) 3rd Tues 10am. Guest speakers. All welcome. Ph. Yvonne Chapman 9874 3293.

Bungalook Nursery, Blackburn Sth Propagate indigenous plants and more with friendly volunteers plus social events. Open Wed 9:30-noon, Fri 9:30am-1pm. e: wcipp@yahoo.com.au

Camberwell Morning Garden Club Camberwell Petanque Club rms, Wakefields Gr. (Mel. 60F4) 9:45am-noon, 2nd Thurs, Feb-Nov. Plant stall, outings. Visitors welcome Ph. 0413 790 051 e: cmgcvic1979@yahoo.com

The Field Naturalists Club of **Victoria Inc.** Groups hold monthly meetings 1 Gardenia St, Blackburn. Visitors welcome for small fee. Groups: Botany, Fauna, Geology & more. Special juniors group. w: fncv.org.au

Friends of South Surrey Park 909-911 Riversdale Rd, Surrey Hills. New volunteers welcome to working bees. Last Sun. & every Tues. 10am-noon. w: facebook.com/southsurreypark Ph. 0437 959 013.

Greenlink Box Hill Indigenous Plant Nursery Indigenous plant nursery run by volunteers in nursery or parklands. Open Tues/Wed 9am-noon. Ph. 0479 121 653 (Tues/Wed) e: greenlinkboxhill@gmail.com

Lighter Footprints – Climate Action Group Guide Hall, Faversham Road, Canterbury. All welcome. Last Wed. 7pm for 7:30-9:30pm. Help keep the planet safe. More info: 0411 115 186. w: lighterfootprints.org

Waverley Bonsai Group 3rd Tues 8pm, St Johns Church Hall, 37 Virginia St, Mt Wav. All levels plus weekend workshops. Annual show in August. New members welcome. Ph. Bruce Wensor 9802 8529.

Waverley Garden Club Mt Waverley Community Centre, 47 Miller Cres. Meets 1st Fri 7:30 for 8pm. Monthly guest speakers. Ph. Gill Read 0409 568 422. E: info@waverleygardenclub.com

Winton Road Food Forest, **Ashburton** A community-maintained food forest at Winton Road Reserve growing food organically & sustainably. Working bees 9–11am every 2nd & 4th Sat. morning. 38 Winton Rd. Ph. 0420 961 695.

Flowers & Floral Art Groups

Box Hill Floral Art Inc. The Pavilion, Box Hill Hawks FC cnr Middleborough & Whitehorse roads. 1st Thurs. Workshops 10am, demos by designers 1pm. BYO lunch. All welcome. Ph. 9898 2483.

Camellias Victoria Inc. East Burwood Uniting Church Hall, cnr Burwood Hwy & Blackburn Rd. Meets monthly 8pm 2nd Wed, Mar-Nov inclusive. Visitors welcome. w: camelliasvic.org.au

Chrysanthemum Society of Victoria Inc. Burwood Heights Uniting Church Hall, Cnr Blackburn Rd & Burwood Hwy. 2nd Sat 2:30pm. (excl. June). Cultivation specialist society to exhibition standards. Ph. 9898 5458.

Early Morn African Violet Group, Alvie Hall, cnr Alvie & High Street rds. Mt Waverley. 1st Mon. at 8pm & 3rd Wed. at 10am. Learn how to grow African violets, and make new friends. Ph. 5678 8814.

For Teens

Australian Youth Band, Ashwood Musical standard no lower than AMEB 5th Grade or equiv. Rehearsals Sat. 9amnoon, Parkhill Primary School Recreation Hall. Ashwood. w: ayb.org.au

Bao Lin Teens Meditation Class 94A High St, Glen Iris. Sat 7–9pm fortnightly. Learn lost art of mindfulness & discover happiness through Zen meditation. Classes free! w: chungtai.org.au Ph.9813 8922

Box Hill Jiu Jitsu Self defenceoriented martial arts training held at Aqualink Box Hill. Wed evenings & Sat afternoons. Beginners welcome. e: dan@bhjj.com.au w: bhjj.com.au

Connecting Teens, Ashwood Social group (13–18 yrs); Power N'hood House, 54 Power Ave. For all teenagers esp. high functioning with Autism, Asperger's, ADHD. Ph. 9807 3589; e: office@powernh.org.au

Cruzin Study Homework Support Program Free homework support during school terms for 12-25 year-olds. Secondary, TAFE, uni subjects. Thurs 4-6pm, Box Hill Library, 1040 Whitehorse Rd. Ph. 9898 9340.

Epee and Sabre Fencing Learn Olympic sport of the sword: Fencing! Beginner classes every term. All equipment provided. Sat. 10-11:30am; Tues. 7:30-9pm. w: whitehorsechevaliers.com Ph. 0450 556 330.

Homework Help Club, Surrey Hills Run by young adults during school term, free tutoring Yrs 7-10: Maths, English, Science. Fri. 5:30-7pm. St Stephen's Presbyterian Church, Canterbury Rd.

Monash Youth Services Info, support, referral, range of programs/ activities for 10-25 y.o. Free service. 14 Bogong Ave, Glen Waverley. 9am-5pm, Mon-Fri. Ph. 9518 3900. w: myfs.org.au

Nunawading & District Lapidary Club Nunawading Community Hub, 96 Springvale Rd. Club night 2nd Wed. Mineral group 3rd Wed. Juniors (12-16) Sat 1-4. Cut & polish gems & silver work. ndlc@ndlconline.asn.au

Scouts Make new friends, expand your world. Offers an exciting & varied program for youth (boys and girls) aged between 5–25. w: scoutsvictoria.com.au

Waverley Gem Club Central Reserve, Glen Waverley. Ages 11 upward. Learn working with gemstones. Join us for field trips with parents & find your own gems. Ph. 9561 4027.

e: waverleygemclub@gmail.com

Youth Education Support Inc.(YES) Gain work experience in various areas, window display, admin., etc., while assisting disadvantaged young people. Location: Forest Hill. Ph. 9894 0992.

Friendship & Activity Groups

Avenue N'hood House @Eley, Blackburn Sth 87 Eley Rd. Social groups meet weekly for interests incl. sketching, scrabble, crochet & cards for social players. Ph. 9808 2000. w: theavenue.org.au

Association of Independent Retirees Ph. 9886 8516. For those who intend or do fully/partly self-fund their retirement. Social meetings in Forest Hill. w: independentretirees.com.au

Boroondara Life Activities Club, Camberwell Day trips, lunches, mahjong, table tennis, scrabble and other activities. Ph. Sue 0417 390 339.

Burwood Ladies Social Group Come meet new people and plan outings over tea or coffee. Monthly first Tues at 1pm, Ph. 9808 6292.

Camberwell Italian Senior Citizens 405 Camberwell Rd. Outings/bingo/ lunches. Ph. Teresa Donato 0412 840 703. **Coffee Connect @ Camberwell** Baptist Friendship time over coffee Wed. morning in Fellowship Centre; enter Riversdale Rd. Weekly during school terms 10am-noon. Share & make new friends. Ph. Margaret on 0412 422 309.

Frenz-in-Deed Don't be lonely Sat nights. FID is an Eating-Out Group mainly for senior singles & couples. Thai, Chinese, Indian, German Viet, Italian, French Rest'ts & hotels. Ph. Robin 0407 548 116.

Friends Getting Together Inc. A NFP active social club for single people 55+. Full calendar of events every month. For info: w: friendsgettingtogether.org.au.

GOLD (Growing Older Living Dangerously) Friendly, supportive women over 55. Fun, new experiences. 10:35am-12:30pm 2nd Thurs. Craig Centre, 7 Samarinda Ave, Ashburton. Ph. 9885 7789. e: craig.cd@craigfc.org.au

Vietnamese Senior Cultural Assoc. Inc, Ashburton 296 High St. Tues 9am-5pm. Exercises, singing group, lunches, dancing, table tennis. All welcome. Ph. Yen 0412 157 228. w: vietsca.wixsite.com/vsca

Wominjeka Garden, High St Glen Iris St Oswald's Anglican. Med/Prayer 8am Mon Tues Thurs. 7:30am Wed. Night Conv./Shared Meal (bring a plate) fortnightly Wed 6pm. w: stoswaldsgleniris.net.au/events

Probus Clubs

For information about local Probus Clubs please go to our website at burwoodbulletin.org/probus-clubs

Health & Support Groups

Anxiety Recovery Centre Victoria (ARCVic) OCD & Anxiety Support Group. 1st/3rd Tues 7:30-9:30pm Hawthorn Community House. 32 Henry St, Hawthorn. Ph. 9830 0566. e: admin@arcvic.org.au

Aphasia Support Group Link Health & Community – Batesford Hub, 94 Batesford Rd, Chadstone. Fortnightly group for Aphasia sufferers & their families. Ph. 1300 552 509. w: linkhc.org.au

Betting On A Better Life!

MonashLink Community Health project. Gambling concerns? Activities. Ph. Judy Avisar 0426 245 897 or 1300 552 509. e: javisar@monashlink.org.au

Blackburn Take Off Weight Naturally Club Avenue N'hood House @ Eley, Eley Rd. Friendly Weight Loss Support. NFP weight loss club can help you. Meets Mon, 9:30-11:30am. Ph. Rene Gale 9874 4043.

Box Hill Prostate Cancer Support Group 9:30–11:30am, 3rd Tuesdays. Box Hill RSL Upton Room, Nelson Rd. Onsite parking. Ph. Bert Alesich 0418 344 057

Day Respite for People Living with Dementia Samarinda's Elsie Salter House, 11 Marquis St, Ashburton. Day respite for carers of those living with dementia, memory loss or confusion. 4 days p.w. Ph. 1300 591 464

Disability Support & Respite Program Social groups for young people 16 yrs up with intellectual disabilities. Group fitness, cooking, outings. Tues. afternoons & Sat. Ph. Leza, Craig Family Centre, 9885 7789.

Eastern Suburbs Widowed Support Our Group helps widows/widowers recover after their loss. Weekly meetings incl. guest speakers; social outings. Ph. Lesley 9725 6843 or Nonie 9802 2316.

Evening Warm Water Exercises Mon/Thurs, Peter James Centre. \$9 per session. Run by physiotherapists. For people with musculoskeletal disease. Eastern Suburbs Hydrotherapy Inc. Ph. 0467 631 835.

Kara House Outreach Service

Domestic Violence Support Agency. For women experiencing domestic violence. Support to women from diverse cultural & linguistic backgrounds. Ph. 1800 900 520.

Melbourne East Disability Advocacy, Surrey Hills Provides individual/citizen advocacy to those with intellectual disabilities in Boroondara, Monash, Whitehorse. Ph. 9808 8633. e: office@meda.org.au w: meda.org.au

Melbourne Osteoporosis Support Group Inc. Newsletters posted to all members. Phone Janeene 5282 2767. w: melbosg.org.au and Facebook.

Nunawading Take Off Weight Naturally Club Friendly, low cost, support group for men & women. Meets Forest Hill Uniting Church Wed 6:30-8pm. Ph. Margaret 9894 4942.

Parkinson's Victoria Inc.

Boroondara Camberwell Support Group, Meet last Mon. 10am-noon. Ph. Parkinson's Victoria 1800 644 189.

Personal Helpers & Mentors Program, Monash Lvl 1, 12 Hamilton Pl, Mt Waverley. Ph. 9692 9400. Community-based outreach support for people with mental illness, Referrals/selfreferrals welcome. Free program.

Reconnexion NFP Counselling, group therapy, phone support, anxiety disorders, depression, pills dependency. Ph. 1300 273 266. w: reconnexion.org.au e: info@reconnexion.org.au

Whitehorse Activities Group

Various groups: dancing, sporting activities, cards, walking groups, board games and golf. New members welcome. Joy 0450 977 633/893 3591 or Sue 0427 987 320/9873 2054.

Whitehorse Community Support **Register** Feel safe and secure at home. Confidential Whitehorse Register designed to help elderly, disabled or isolated. Ph. 8892 3385 (Mon-Fri 10am-noon).

History Groups

Balwyn Historical Society

Balwyn Evergreen Centre, 45 Talbot Ave. Meet 8–9pm Thurs (Sept–May), 2pm Tues (June-Aug). Speakers on Balwyn & local history. e: balwynhistory@gmail.com w: home.vicnet.net.au/~balwynhs/

Box Hill Historical Society Inc. Mtg Rm 1, Library, 1022 Whitehorse Rd. 3rd Sun. (Feb-Nov) 2pm. Archives Box Hill Town Hall Tues. 11am 1st Sat. by appt. Ph. 9285 4808. e: boxhillhistory@gmail.com

Camberwell Historical Society Inc. Meeting Room, Camberwell Library, 340 Camberwell Road, Camberwell. Meets 4th Tuesdays 8pm. New members welcome. w: chs.org.au Ph. 9885 9927.

Family History Connections 1/41 Railway Rd, Blackburn. Ph. 9877 3789. Weekdays, online access, books. Research services, seminars, free beginners' classes. e: info@familyhistoryconnections.org.au w: familyhistoryconnections.org.au

Hawthorn Historical Society Local History Room, Hawthorn Library, Glenferrie Rd. 2nd & 4th Weds 11am-1pm. Members work & to learn about materials in collection. Ph. 9278 4666. e: hawthornhistoricalsociety@gmail.com

Surrey Hills N'hood Centre Historical Society 157 Union Road, Surrey Hills. Ph. 9890 2467. Third Tues 8pm. All welcome. \$4/session with \$15 centre membership. e: enquiries@surreyhillsnc.org.au

Waverley Historical Society Inc., Above Mt Waverley library, Miller Cres (lift avail.). Have queries about Waverley's history? Visit Wed. 2–4pm or by appt. e: waverleyhsvic@gmail.com

Whitehorse Historical Society Inc. Local History Rm, Schwerkolt Cottage & Museum, Deep Creek Rd, Mitcham. Open for research Wed 10:30am-2:30pm. e: whitehorsehistory@hotmail.com Ph. 9873 4946. All welcome.

Local Markets

Boroondara Farmers' Market

1st, 3rd & 5th Sat, 8am-12:30pm. Patterson Reserve, Auburn Rd, Hawthorn. Entry \$2. Fresh pasta, organic fruit/veg etc. 60 stalls of fresh produce from all over Vic. Ph. 9278 4879.

Hawthorn Makers Market 1st Sun. (Mar-Dec) 10am-3pm. Free. Hawthorn Arts Centre, 360 Burwood Rd. Handmade homewares, jewellery, fashion, pot plants, gourmet food etc.

Mt Waverley Rotary Art & Craft Market Mt Waverley Village car park, Stephensons Rd. 2nd Sun each month 9am-2pm. Usually about 60 stalls of art, craft & food. Proceeds to many local and international causes.

Community Notices

Nunawading Market – Craft & Produce 4th Sun. Feb-Nov 9am-2pm. Dec. 2nd Sun. 1-5pm. Toys, clothing, jewellery, gifts, plants, gourmet foods, fresh produce. Whitehorse Civic Centre, 379-397 Whitehorse Rd.

Treasures & Tastes@Trinity3rd Sat, 9am–1pm. Holy Trinity Anglican Church, 177 Union Rd. Surrey Hills Indoor boutique makers' & growers' market. Ph. 9890 2165.

e: treasuresandtastes@gmail.com

Whitehorse Farmers Market 2nd Sundays (8am–1pm) Whitehorse City Council's Civic Centre precinct, 379-397 Whitehorse Rd, Nunawading. Fresh fruit & vegetables, eggs, meat, fish, game meats, from the grower to you.

Mainly for Men

Alamein Men's Shed Alamein N'hood & Learning Centre, 49 Ashburn Grove, Ashburton. Tues/Thurs, 9:15am to noon. \$30 per term. Ph. 9885 9401.

Aviation Historical Society of Australia Meets 4th Wed. 7:30pm at Air Force Association, 24 Camberwell Rd, Hawthorn East. w: ahsa.org.au e: membership@ahsa.org.au Ph. 0418 530 001

Box Hill Prostate Cancer Support Group 9:30–11:30am, third Tuesdays.
Box Hill RSL Upton Room, Nelson Rd.
Onsite parking. Men diagnosed with prostate cancer welcome. Ph. Frank
Blackwell 0408 366 268.

East Malvern Men's Shed 51A Ivanhoe Grove. Tues & Wed 9am-3pm. Place for active retired men to meet those with similar interests. e: info@eastmalvernmensshed.org.au

Hand Tool Preservation Association of Aust. Inc. Box Hill Community Arts Centre, 470 Station St. 7:30pm. 3rd Tues of Jan, Mar, May, Jul, Sep, Nov. Visitors welcome. Ph. 9803 9871. e: secretary@htpaa.org.au

The Historical Radio Society of Australia We collect and restore radios. Visit one of our monthly meetings or radio auctions, usually in Ashburton. w: hrsa.asn.au Ph. Kevin 9558 3652.

Koonung Woodturners Guild Friendly group, 4th Sat. 9am–noon. Beginners' tuition Thurs. p.m. Koonung Cottage, 109 Koonung Rd, Nth Blackburn. Ph. 9890 9201 w: koonungwoodturners.com

Australian Model Railway Assoc. Vic. Branch Inc. 92 Wills St, Glen Iris. New members welcome. For membership & activities. Ph. 9885 7034. w: armavic.com

Monash Men's Shed 77 Bogong Ave, Bogong Reserve, Glen Waverley. Mon— Sat 9:30am—3pm. Activities for all ages. Drop in for a cuppa. Ph. 9561 8557. e: info@monashshed.org.au

Number Plate Collectors' Club

Plate enquiries welcome. All welcome to attend meetings & ask general questions. Contact David West. Ph 0417 993 369. e: davidwest3152@gmail.com

Waverley Woodworkers

2 Windsor Ave, Mt Waverley (opp Jordanville station). Open 7 days, 9am– noon & some afternoons. New members welcome. w: waverleywoodworkers.org.au

Service Clubs

Blackburn Evening VIEW Club

Supports Smith Family & Learning For Life students. Meets for dinner, Bucatini Rest'nt, 454 Whitehorse Rd Mitcham 2nd Thurs 7 for 7:30pm. Ph. Hazel 0407 845 292.

Box Hill/Mitcham Day VIEW Club Supporting the Smith Family & Learning for Life Students. 11:30am for Lunch 4th Mon Bucatini Restaurant, 454 Whitehorse Rd Mitcham. Visitors Welcome Ph. Elaine 9878 3211.

Burwood Evening VIEW ClubBucatini Restaurant, 454 Whitehorse Rd,
Mitcham, 7pm 2nd Wed. Dinner/guest
speaker. Visitors welcome. Ph. 9885 2336.
e: burwoodeveningviewclub@gmail.com

Burwood RSL Sub Branch Cnr Myrniong & Hyslop Sts. Meets Mon & Thurs 11am–4pm. Activities incl. billiards & snooker. Visitors & new members welcome. Ph. 0412 392099

Lions Club of Ashwood-Mt Waverley Lionsville Hall, 100 metres into Lionsville Senior Citizens Village, 88 Winbirra Parade, Ashwood. Meet first Wed, 7:30pm. Ph. Heather Lauder 0407 813 979.

Lions Club of Blackburn

e: iim@ilfs.com.au

Men/women all ages. Friendly active club. Bus. Meeting: 1st Wed. 7pm Blackburn North Bowls Club. Social Dinner: 3rd Wed. 7pm "The Coach" Ringwood. New members welcome. Ph. Kate 0434 254 607.

Lions Club of Boroondara Central Glenferrie Hotel, 324 Burwood Rd, Hawthorn. Men/women all ages meet 2nd Tues, 6pm for 6:30pm. Friendly dinner/ business mtg. Ph. 9836 0541 or 0409 389 927.

Lions Club of Boroondara Gardiners Creek Bus. Mtgs: Craig Family Centre, Samarinda Ave, Ashburton, 2nd Mon, 7:30pm. Dinner Mtgs: Glenferrie Hotel, 4th Mon, 7pm. Ph. 9885 2682 or 0419 880 616.

Rotary Club of Box Hill Burwood Meets Upton Room, Box Hill RSL, 26 Nelson Rd, Box Hill, 1st, 3rd & 5th Tues 6pm-7:15pm. Social meetings 2nd & 4th Tues. Ph. Ray 0408 857 924.

Rotary Club of Box Hill Central

Prof. women/men who enjoy helping the community/sharing fun times. Breakfast Wed 7:30am – no charge for 1st two visits. Box Hill Golf Club. Contact Liz Stinson. e: info@boxhillcentralrotary.org.au

Rotary Satellite Club of Box Hill Central – Volunteering with Friends No weekly commitment. Dinners/ service activities monthly. Focus: women & children projects. Meeting details:

satellite@boxhillcentralrotary.org.au

Rotary Club of Mont Albert and Surrey Hills Box Hill Institute Nelson Campus, Room G32 Nelson Rd. Community service, friendship, interesting guest speakers. Tues 6:45 for 7pm. e: info@rotarymash.org.au

The Country Women's Assoc. of Vic. Inc. CWA Ashburton Branch. Meet 1st Tues 7pm. The Craig Family Centre Inc. Friendly active group.
e. cwa.ashburton@gmail.com

Sporting Clubs

Ashburton Bowls Club Enter off Warner Ave. Two grass greens; free coaching. 1st Sun. Barefoot bowls. Oct–April. Indoor winter bowls/cards. Memberships. Ph. 9885 4788. w: ashburtonbowls.com.au

Bennettswood Bowling Club 179 Station St. Burwood. Ph. 9808 4373. 2 Tift Grass Greens. Summer/winter bowls (indoor mats). Barefoot Fri evening. Free coaching. e: benwoodbowls@gmail

Burwood District Bowls ClubBarefoot Friday nights; function catering, fully licensed, Pennant bowls, Tue/Sat New members welcome.

Ph. 9889 5931 w: burwooddistrict.com.au

Burwood Tennis Club

Enter off Queens Pde. A progressive & inclusive club offering coaching, competition, plus social tennis day & night, on five synthetic grass courts. Ph. 9830 6618.

Camberwell Central Bowls Club
14 Bowen St. Ph. 9889 4813 "Come
Bowlin' on Bowen". Bowling all year.
Summertime night bowls Free Coaching.
New Members welcome.
w: camberwellbowlsclub.com.au

Camberwell Petanque Club
Wakefields Grove. Ph. 0408 700 550.
w: onpisteup.com Summer/Fri. pm.
Winter/Sat. noon. Funny name, great
game. Free coaching, social play &/or
comps, home & away.

Camberwell Target Rifle Club Mon & Tues nights from 7:30pm. Coaching & equipment supplied. Ph. Cam 0499 756 187, Barry 0411 469 646 or Ross 0418 331 696.



East Burwood Masters Athletics

Bill Sewart Athletics Track, East Burwood Reserve, Burwood Hwy. Thurs 7–9pm. Fun athletics & supper. Ph. 0403 910 183. w: vicmastersaths.org.au/vma-venues/ east-burwood-masters-athletics/

East Malvern Senior Citizens Bowling Club MECWA Hall, 57 Fisher St. Thurs 1:30–3:30pm. Indoor carpet bowls on two mats. Outings, more than just a bowls club. New members all ages welcome. Ph. 9555 8639.

Monash Croquet Club Electra Community Centre, Electra Ave, Ashwood. Friendly atmosphere.

Beginners' lessons. Ph. Ros, 9802 6545. e: monashcroquet@gmail.com w: croquetvic.asn.au

Phoenix Park Table Tennis Club 26 Rob Roy Rd, Malvern East. Mon & Thurs 5.30-9.30pm coaching/comps all ages. 10am–1pm seniors. Ph. Paul Bronstein 0412 804 036.

Unquenchables Rugby Union

Part of Box Hill RUFC. 35yo+. Less strenuous rugby. Exp. opt. Sat pm & Thurs eve. Refreshments and laugh after. w: unquenchables.com

Whitehorse Chevaliers Fencing

Club Nunawading, Vermont South. 'All ages' beginners, coaching & equipment provided. Free trial sessions available. Ph. 0450 556 330.

w: whitehorsechevaliers.com

Volunteer

Ashburton Community Centre

Vacancies: Events Volunteers; Office Assistants 9am-2pm (flexible). Mgt Committee Members. Application form: https://ashburtoncc.org.au/ourvolunteers

Ashy Op Shop, Ashburton

285b High St. We fund local Ashburton aged care services. Volunteer weekday or Sat/ Sun. Men and women welcome. Just 4 hours a week. Ph. Margaret 9885 3815. w: ashburtonsupport.org.au

Avenue Neighbourhood House @ Eley

Volunteers always welcome & form a vital part of our program. Opp. avail: reception, classes assist, drive small community bus, committees. Ph. 9808 2000 or e: info@theavenue.org.au

Boroondara Central Lions Club Op Shop

1350C Toorak Rd, Camberwell (Burwood Village) Volunteers needed morning & afternoons, also emergencies. Ph. Margaret 0409 389 927 or leave details in Op Shop.

Bowen Street Community Centre, Camberwell Family-focused centre. Need volunteers in childcare, office admin., Committee of Mgt, Vicepresident, staff liaison, Treasurer. Ph. 9889 0791. w: bowemstreet.org.au.

Burwood Connections Website

IT Coordinator for new 'Burwood Connections' social media website. e: burwoodnbigpond.net.au

Canterbury Neighbourhood Centre

Volunteers interested in book clubs, dementia support; community mag. distribution. We're moving to Centre in Canterbury Gardens. Ph. 9830 4214 e: enquiries@canterburynh.org.au

Craig Family Centre

Be a homework tutor, committee member, community gardener, childcare or kinder helper. There are lots of volunteer opportunities! Ph. 9885 7789 e: enquiries@craigfc.org.au

Eastern Emergency Relief Network Inc.

Volunteer one morning per week. Drivers, Warehouse Coordinators & Assistants, Sorting/Pantry Crews, whitegoods servicers and qualified electrical testers, office admin. Ph. 9874 8433.

Greenlink Box Hill, Box Hill North

Indigenous plant nursery run by friendly volunteers in nursery or parklands. We produce over 40 000 indigenous plants each year. Sow seeds, take cuttings, etc. Open Tues & Wed 9am-noon. Ph. 0479 121 653 only on Tues & Wed. e: greenlinkboxhill@gmail.com

Inclusion Melbourne

Support adults with intellectual disabilities. Seeking volunteers as art mentor, friendly visitor, leisure buddy or tutor. Commitment of 6-12 months. Ph. 9509 4266 or email: volunteer@inclusion.melbourne

Knitted Knockers Australia, Burwood Admin Assist. (KKA supports breast cancer survivors).

e: knittedknockersaustralia@gmail.com

Louise Multicultural Community Centre, Box Hill Tutors (English &

Computer), Office Admin. & Project volunteers. Help support and encourage social harmony in a safe environment. Ph. 9285 4850. e: ckung@aanet.com.au

MND (Motor Neurone Disease)

Victoria Provide care and support for people with MND, including services to support their carers, etc. Volunteers undertake a range of roles/ responsibilities. Ph. 9830 2122.

MS Community Visitors Scheme

Just like you but older – Would you like to visit older people who would benefit from friendship? We have people who live in aged care homes or their own homes waiting to be matched to a visitor for friendship and companionship. Ph. 9845 2729.

Neighbourhood Watch Ashburton

Volunteer for 'Caring for Communities'. Support local area groups. Ph. Bryan 0415 356 575 e: Bryanporter59@gmail.com

Neighbourhood Watch Whitehorse

Volunteer for 'Caring for Communities'. Support local area groups. Ph. Ray 0418 596 831 e: whitehorse@nhw.com.au

Peridot Theatre Inc.

Community theatre co. in eastern suburbs for 35 years. Interested in theatre? Secretarial/bookkeeping skills highly valued. w: peridot.com.au Ph. Helen: 0429 115 334.

Power Neighbourhood House,

Ashwood Our mission is to achieve community participation by providing support, referral & activities in a friendly non-judgemental environment. Committee members needed. Ph. 8849 9707.

RSPCA, Burwood East

3 Burwood Hwy. Ph. 9224 2222. Many volunteer roles: office admin, events, grounds maint. Or attend info session re animal care. Min. age 15.

Samarinda – local for local

Meals-on-Wheels drivers, Bus excursions, Seniors transport to attend activities. Gardeners, kitchen/café assistants, Ashy Op Shop staff. Ph. 1300 591 464. e: volunteer@saas.org.au

Uniting East Burwood

Community Workers - info: https:// burwoodbulletin.org/volunteer-2/ Complete training course in seven online sessions, on-site mentoring, police check, current Working with Children Check. Ph. 9803 3400.

Uniting Op Shop, Forest Hill

Volunteers needed to join the team at our newly renovated Op Shop. Phone Don on 0411 490 365 for details.

Wesley Do Care – Active Ageing

Works with elderly people/disabled who want to take part in interests & social activities. We need volunteer happy to share interests, activities & companionship. Ph. 9794 3000.

Youth Education Support Inc. (YES)

Help disadvantaged youth to gain an education. Volunteers for Op Shop needed, 53 Mahoneys Rd Forest Hill. Ph. 9894 0992.



VHAT'S ON LOCAL

To publicise local once-off events, markets or theatre productions, etc. in our summer issue (December–February) please email editor@burwoodbulletin.org

VENUE KEY:

ACC – Ashburton Community Centre, 160 High St, Ashburton.

BFM – Boroondara Farmers' Market, 484 Auburn Rd, Hawthorn.

BHAC – Box Hill Community Arts Centre, 470 Station St, Box Hill.

CFS - Camberwell Film Society, Camberwell Community Centre, 33-35 Fairholm Grove, Camberwell.

CMS – Camberwell Music Society, Camberwell Uniting Church, 314 Camberwell Rd.

CT&T – Car park adjacent to Station St and Riversdale Rd, Camberwell (behind Burke Rd shopping strip).

HAC – Hawthorn Arts Centre, 360 Burwood Rd. Ph. 9278 4770

HMM – Hawthorn Makers' Market, 360 Burwood Rd, Hawthorn

HTSH – Holy Trinity Surrey Hills, Cnr Union Rd & Montrose St, Surrey Hills.

NM - Nunawading Market - Craft & Produce, Whitehorse Civic Centre, 397 Whitehorse Rd, Nunawading.

WFM - Whitehorse Farmers' Market, Whitehorse Civic Centre, 397 Whitehorse Rd, Nunawading.

WFS - Whitehorse Film Society, Whitehorse Centre, 397 Whitehorse Rd, Nunawading.

WPB – Wattle Park Band, corner Riversdale & Warrigal Rds, Surrey Hills (stop 59). Free entry; weather permitting; limited parking available.



DECEMBER

Every Sun 6:30am-12:30pm Camberwell Trash & Treasure About 370 stalls; second-hand goods, antiques, bric-a-brac, collectibles, hardware, preloved, vintage/ retro clothes and shoes, books, music. [CT&T]

Every Sat & Sun 9am-4pm Melbourne Book Market Over 5000 new and pre-loved titles selected and presented by experienced booksellers, authors and illustrators. Include literature, history, gardening, travel, art and kids' books, plus quality second-hand vinyl records and CDs. Queen Victoria Market, Elizabeth St, Melbourne.

Thurs 1 Dec Red Ribbon Day Three Australians are diagnosed with HIV each day. World AIDS Day is recognised and observed by millions of people in more than 190 countries around the world. The red ribbon shows support for everyone affected by HIV/AIDS.

Sat 3 Dec 8am-12:30pm Boroondara Farmers' Market Fresh fruit and vegetables; herbs and olives; seasonal organic produce; meat and eggs; honey; bread and cakes; dips and sauces; wine and beer. [BFM]

Sat 3 Dec 9:30am-2:30pm Ashburton-a-Fair Christmas Edition @ Ashburton Community Centre Quarterly art and craft event presented by ACC and Rotary Chadstone/East Malvern. Browse the market for Christmas gifts, book into an art & craft workshop, drop in to participate in a range of free creative activities for all ages, enjoy Devonshire tea or the sausage sizzle. [ACC]

Sun 4 Dec 10am-3pm Hawthorn Makers Market A reimagined, curated, designer market selling a wide range of individually designed and handcrafted items including: jewellery, cards, accessories, homewares, toys, beauty products, food, fashion and plants. [HMM]

5 Dec World Soil Day By encouraging people around the world to get involved in improving soil health, we can protect our farms, food supply, and natural ecosystems. We all rely on soil, and from backyard composting to campaigning against monocultures, we can all help. www.un.org/en/observances/world-soil-day

5-18 Dec Christmas A'Fair Exhibition Opening Night Mon 5 Dec 6pm-8pm. Unique handmade creations by local artisans. Alcove Art Shop, Box Hill Community Arts Centre, 470 Station St. For opening hours see www. alcoveartshop.org.au, Facebook and Instagram.

Thurs 8 Dec 7pm-8:45pm Community Christmas Concert Presented by Servants Community Housing, the one-night-only event features talented artists, musicians and students from across the region, and highlights good news stories of respect, dignity, hope, and opportunity in Melbourne's marginalised community of people at risk of homelessness. Profits raised will go to supporting those at risk of homelessness this Christmas. Cost \$30, \$20 concession, \$20 pensioner, \$20 student or child, \$10 Servants Housing resident. [HAC]

Sat 10 Dec 6pm-10pm Carols in the Park 2022 Evergreen carols that everyone loves with music provided by the Salvation Army Band. Join in the singing as LED screens in the Park will project the words of the songs. Community BBQ during the event. Venue: MacLeay Park 141 Belmore Rd (cnr Buchannan Ave) Balwyn North..

Sat 10 Dec 11am-2pm Acoustic Duo, Soul Obsession Melton Avenue, Burwood Village.

Sun 11 Dec 8am-1pm Whitehorse Farmers' Market Fresh fruit and vegetables, eggs, meat, fish, game meats, from the grower to you. [WFM]

Sun 11 Dec 10:30am Advent and Christmas at St Tom's All are invited to hear the Yarra Gospel Choir sing ageold songs. Venue: at St Thomas's, 44 Station Street, Burwood.

Sun 11 Dec 1pm – 5pm Nunawading Market Special *Christmas market* – toys, clothing, jewellery, gifts, plants, gourmet foods, fresh produce. [NM]

Sun 11 Dec 6:30pm-8:20pm A Red Hot Swingin' Xmas Rhonda Burchmore joins The Jack Earle Big Band with 'Have Yourself a Merry Little Christmas', 'Cool Yule', 'We Need a Little Christmas' and 'Let it Snow'. There'll be allocated seating at cabaret tables, access to the Boroondara Arts bar. \$40, \$32 conc. [HAC]

Tue 13 Dec noon–1pm Christmas Greek Cooking Learn how to cook delicious keftedes (meat patties), kolokithokeftedes (zucchini fritters) and tzatziki (yoghurt sauce). Cook along or watch at home to this live demo. An online event via Zoom. Register now at: https://tinyurl. com/2d2pk6hm

Wed 14 Dec 7:30pm The Station Agent USA. A very subtle but sweet drama about three loners who meet up and become close friends. It is full of emotion, humour and wonderful characters and focuses on friendship of three very lonely people. (Plus Christmas Party.) [CFS]

Sat 17 Dec 11am-2pm The Christmas Divas Trio Melton Avenue, Burwood Village.

Sat 17 Dec 8am-12:30 pm Boroondara Farmers' Market Fresh fruit and vegetables; herbs and olives; seasonal organic produce; meat and eggs; honey; bread and cakes; dips and sauces; wine and beer. [BFM]

Sat 17 Dec 9am-1pm Treasures and Tastes at Trinity - Christmas Market (Food, Plant & Craft) @ Holy Trinity Surrey Hills. Purchase artisan, hand-crafted items, baked treats or plants at this Christmas market with gifts for everyone on your list! There's a sausage sizzle, Treasures café and a fun kids' craft table with free Christmas-themed activities; plus a chance to win a \$30 voucher at each market. w: treasurestastestrinity.com.au [HTSH]

Sun 18 Dec 2:30pm Wattle Park Tramways Band -Brass and Big Band. [WPB]

Sun 18 Dec 5:30pm-9:30pm Whitehorse Carols Tunstall Park at rear of Nunawading Community Hub.

JANUARY

Every Sun 6:30am-12:30pm Camberwell Trash & Treasure About 370 stalls; second-hand goods, antiques, bric-a-brac, collectibles, hardware, preloved, vintage/ retro clothes and shoes, books, music. [CT&T]

Every Sat & Sun 9am-4pm Melbourne Book Market Over 5000 new and pre-loved titles selected and

presented by experienced booksellers, authors and illustrators. Include literature, history, gardening, travel, art and kids' books, plus quality second-hand vinyl records and CDs. Queen Victoria Market, Elizabeth St, Melbourne.

Sat 14 Jan 11am-8pm Backyard Games Upsized Melton Avenue, Burwood Village.

Sat 21 Jan 6pm-11pm 'Gold Grass' Cinema (Food, beverage and outdoor movie experience). Melton Avenue, Burwood Village.

Thurs 26 Jan 6pm-10pm Australia Day Concert An incredible line-up of live music performances, roving entertainers, rides, activities, and the Australia Day Awards presentation which will be AUSLAN interpreted with a dedicated viewing area. Free event. Accessible parking and toilets available. Tunstall Park, rear of Nunawading Community Hub, 96-106 Springvale Rd, Nunawading. Accessible parking and toilets will be available on the event day.

Fri 27 Jan 4pm-6pm Box Hill Ballet Assoc. Enrolment Day 2023 Family friendly inclusive dance school, providing dance tuition in a supportive and welcoming environment. Run for 70 years as a not-for-profit organisation. Location: The Studio, 1015A Whitehorse Road, Box Hill. Enquiries: boxhillballet@gmail.com

FEBRUARY

Every Sun 6:30am-12:30pm Camberwell Trash & Treasure About 370 stalls; second-hand goods, antiques, bric-a-brac, collectibles, hardware, preloved, vintage/ retro clothes and shoes, books, music. [CT&T]

Every Sat & Sun 9am-4pm Melbourne Book Market Over 5000 new and pre-loved titles selected and presented by experienced booksellers, authors and illustrators. Include literature, history, gardening, travel, art and kids' books, plus quality second-hand vinyl records and CDs. Queen Victoria Market, Elizabeth St, Melbourne.

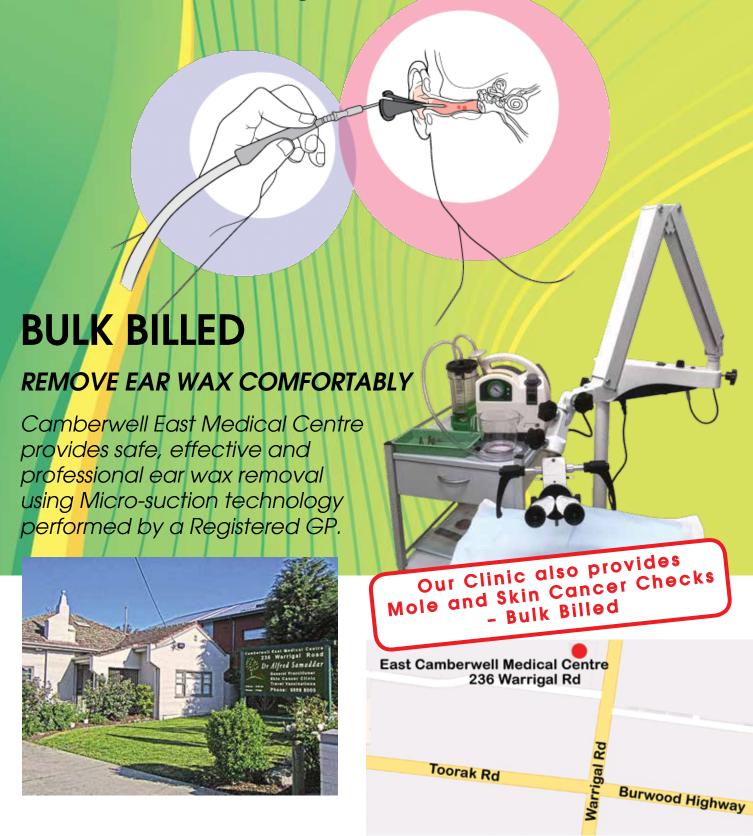
4 Feb 7:45pm The Duke Jim Broadbent, Heather Cranev. In 1961, 60 y.o. Kempton Bunton stole Goya's Duke of Wellington portrait from London's National Gallery. His ransom notes said he'd return it if the government invested more in elderly care. What happened next became the stuff of legend. [WFS]

Sat 18 Feb 9am-1pm Treasures and Tastes at Trinity Back for 2023! Come along and purchase those special artisan, hand-crafted items, baked treats or plants at our monthly markets. Visit the sausage sizzle and Treasures cafe too. There's a fun kids' craft table with free activities, plus the chance to win a \$30 voucher at each market. w: treasurestastestrinity.com.au [HTSH]

18 Feb 7:45pm *Mrs Harris Goes to Paris* Lesley Manville. Isabelle Huppert. 1950's London widowed cleaning lady who falls madly in love with a couture Dior dress. After receiving the funds, she goes to Paris which changes her outlook and the very future of the House of Dior. [WFS]

Wax-Blocked Ears

Having trouble with your ears?



CAMBERWELL EAST MEDICAL CENTRE

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