

ISSUE 181 SPRING 2026

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COVER: Veterans at the crease Page 6



FROM THE EDITOR

In this techno-modern world, it can be easy to lament that we're ever more connected yet more lonely. However, here at the *Bulletin* we can most definitely see that this is, very gladly, not the case.

This issue is bursting with heart-warming and feel-good examples of thriving connections.

Connections abound in our community. Whether we're connecting through sport; neighbours who have moved out and back into the area; schools helping the vulnerable members in our community; gorgeous dogs helping children to read; and even through outdoor music events.

And should you ever feel lonely, know that you can flip to the back to find 11 pages choc-full of local clubs, events and activities – all of whom who would more than welcome your presence!

SPRING 2026

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Lois's dog, Immy.

I met Margaret and Lois at a local café that provided warm relief from a cold day outside and a pleasant place to discover about Story Dogs. Margaret is the “veteran”, having worked with them since 2020; while “newbie” Lois started in 2025.

The basis of Story Dogs, they both quickly assert, is that reading is *fun*, and reading is for life. That's where the dog aspect came in – hence the name *Story Dogs*.

The Story Dog volunteer offers the children a choice of colourful picture books and each child chooses a book to read to the dog.

The dog is there for each child to interact with in their own way. They read, with the dog not judging whether they hesitate, or get some words wrong. It can make such a difference to the child on that day. If they are having a bad day and really don't want to read a lot, but just want to be with the dog, that's okay. “I recently had one child, who was having a terrible day,” says Lois. “She had her session with the dog and decided after that that it was only *half* a bad day because she had a nice end to it with the dog!”

How it got started

It was started in 2009, in Murwillumbah, NSW, by Leah Sheldon and Janine Sigley. At the time both Leah and Janine had primary school aged children.

They had seen this type of literacy program in America called Reading Education Assistance Dogs, and decided that its emphasis on making reading fun plus the one-on-one interaction with a dog was the ideal way to develop young children's literacy.

The program aims at children aged seven to nine years old and is based on the idea that a dog is a non-judgemental audience who helps children gain confidence in reading and communicating.

And it works!

But *who* is Story Dogs? Margaret explains it is an incorporated nonprofit association, and relies on local volunteer coordinators finding people with a dog who would be interested in volunteering in a school program.

Volunteers' dogs have to be assessed as being suitable (there's an accredited dog trainer and assessor who has to be registered with Dogs Victoria). Volunteers also have to undertake a training session and have a current Working With Children Check certificate.

While the dog assessment is not difficult, it includes a range of tasks such as walking past food and toys (and not touching them), responding to the owner and remaining calm on the reading mat while the assessor makes loud noises.

The owners also need to be assessed. Volunteer training includes learning how to encourage children to interact with the dog, understanding school regulations and mandatory reporting and learning how to make reading fun for children who may lack confidence.

Lois adds: “Can the volunteer *read* their dog? Can they understand when their dog has had enough? Because the last thing you want is to continue a session if the dog is suddenly saying, ‘Hey, I've had enough of this today’.”

Continued on page 40





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Veterans at the crease

IT'S a game where everyone gets a hit, batters must retire at 40 and bouncers are a no-no. But concessions to age are few in the Veterans Cricket Victoria competition. Sure, the seniors who pad up every Sunday aren't the young men they once were, but they more than make up for it with enthusiasm and love of the sport.

The competition started with four teams in Victoria, but now there are over 60 active clubs with more than 1200 players over 60 years old – and growing.

The competition fields teams graded 'over 40', 'over 50', 'over 60' and '70-plus'. There isn't an over-80s competition at the moment, but given good health, we expect to see one in about five years' time. Cricket is great for seniors because it keeps us off the couch, away from the TV and staying active.

The competition is a mix of players who ceased regular cricket in their thirties and those that have continued the summer ritual throughout their later years, albeit as they slipped down through the grades! Turning to Veterans Cricket gives a new lease on your cricketing life as you once again are playing against other fellows in the same age profile.

The regular 40-over-a-side competition starts in October and runs until March. Matches are played on Sundays, usually from 11am-5pm. It is general practice that there are barbecues and a chat after the game. A lot of wives and partners come along to watch and participate afterwards. It's a great social outlet for those who still enjoy their cricket.

Players have varying levels of ability, from one long-retired Test player through to fellows who had never played cricket before. Everyone gets a bat and a bowl – we ensure that each team must use seven bowlers, so everyone gets to compete.



While the players might lack the athletic ability of their salad days, and club matches are mostly light-hearted, there still remains the underlying competitive spirit.

Veterans Cricket Victoria also participates in several National Carnivals each season. There are a number of different carnivals each year and recently there has been a move to representative carnivals in age groups split by five years rather than ten. That is, there are carnivals for over 50s, over 55s, over 60s, over 65s, etc. This gives a larger number of players the opportunity to represent their state.

The best players can go on to compete for Australia. A team recently returned from England after competing for the "Grey Ashes".

But for many, the highlight is a week-long end-of-season carnival in Echuca, bringing together teams from all over the state and beyond. Each March we have hundreds of players and supporters converge on Echuca and surrounding areas for a week of cricket, camaraderie, social interaction and fun.

There exists a great future for veteran's cricket. The VCV is keen to continue to grow the sport and get more people involved. Those who might have felt that as their working career is over, there isn't much to do, now have a second chance at playing cricket. And those of us already involved, thank our lucky stars each week that we do!

If you're interested in wielding the willow again – or even for the first time – contact the VCV Secretary Craig Martyn at secretary@vcv.org.au and you will be put in touch with a local club. Those in the *Bulletin's* area include the Glen Waverley Hawks and the Canterbury Cricket Club.

MARK McLAUHLAN





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50TH Ashwood SCHOOL ANNIVERSARY

IN 2026, Ashwood School celebrates 50 years of educating children with a mild intellectual disability. Tucked behind Ashwood High School on Montpellier Road, Ashwood School was one of the first purpose-built special schools in Victoria. But its significance to our community can be easily overlooked when you don't have a child in need of it.

Ashwood School and other schools like it emerged in Victoria in the early 1970s from community outrage at the way state government schools and institutions treated children with disabilities. Eventually, Premier Hamer caved in to immense pressure to accept the Whitlam Government's offer of \$660 million for education (known as the Karmel funding), on the proviso that 30 per cent (\$198.6 million) went to the creation of special schools in Victoria. This money was expected to be spent on specialist teacher training, including providing opportunities for professional advancement; providing additional support workers (speech therapists, social workers and teachers' aides, etc.), renovating existing buildings, and building new schools.

Ashwood became a location for a special school because the Education Department already owned land between High Street Road, Kooyong Koot (Gardiners) Creek, Cassinia Avenue and Ashwood Drive, for Ashwood High School and Jordanville Technical School. Situating the school on Montpellier Road meant the rest of the land could be sold off for housing to help fund it.

Continued on page 13



PICTURES
(clockwise from top):
Young students
in the playground,
1980s; The school
in the 1990s;
2000s Anniversary
Celebrating
Ashwood School.



THE Friends of Wattle Park hosted a successful Community Planting Day on Saturday, 1 August.

Thirty-four people attended the day, including Preschool (bush kinder) families, Scouts and Environmental Studies students.

It was a highly enjoyable day with lots of local interest – some young runners joining in after completing their morning training.

Up to 260 indigenous plants were planted in a corridor downhill from the Chalet car park to attract small birds and butterflies.

For those interested in future working bees, the Friends of Wattle Park meet in the car park at 10am on the first Saturday of each month.

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BREADCRUMBS

HAVE you ever been to a bakery right before it closes? Those loaves and pastries sitting behind the window at the end of the night can't be sold. So what happens to them?

Breadcrumbs is a group of volunteers that collects these end-of-day baked goods, packages them, and distributes them to open pantries in the community. *The Bulletin* sat with Breadcrumbs Coordinator Fulvio Gerardi to discuss their conception, process, and hopes for the future.

B: What made you decide to start Breadcrumbs?

Fulvio: Originally, about three years ago, Burwood Neighbourhood House was picking up from a local bakery. They had advertised on *Nextdoor.com* for someone to help do the pickups on a Friday morning. I volunteered, took the bread home, then rearranged it and brought it in to the Neighbourhood House.

After struggling with accommodation, Fulvio left the area for some time. He returned in 2024 and learned that the bakery was under new management, so the Neighbourhood House was seeking another donor.

Fulvio: I volunteered to find someone, went to all the markets, all the bakeries, and got a variety of responses – from flat out “no” to “we’re already doing something”. The first one to say yes was Chadstone Baker’s Delight. It was on 8 July 2024. That’s the first load that I picked up. Then we started to get people to help through the church. ***Breadcrumbs’ partnership with the bakery in Chadstone was the beginning of the organisation’s success. Once more volunteers and donors joined the program, the volume of bread and other goods began to overwhelm Fulvio and the group.***

Fulvio: It was really a lot. And they wanted us to clean the place out because it’s a tax write-off; it saves on the cost of emptying the bins.

To meet demand, Breadcrumbs now operates three evenings a week. Today, they distribute free bread to open pantries in Burwood, Ashburton and Oakleigh, plus front-door deliveries to those who can’t travel.

B: What does the Breadcrumbs nightly procedure look like?

Fulvio: We get to the bakery half an hour before they close and, typically, take at least three shopping trolleys of bread. Whatever it is, we get it back to the

Neighbourhood House. We take the bread, bag it, and someone ties it. It’s almost like a production line.

B: So what do you get out of your work with Breadcrumbs?

Fulvio: I do it for a very simple reason. I got so much support when I needed it. I get quite emotional thinking about it. I had people come out of the woodwork – I had no idea any of this existed. And I learnt a lot. I found support in all sorts of ways. And I felt I couldn’t pay it back. So I paid it forward. I helped people.

B: Just listening to what you’re saying, I guess your achievements would be branching out from the pantry in Burwood to three or four different places.

Fulvio: Well, the achievement is really helping people to navigate an absolutely horrendous time. I don’t know how we got here. I’m 70, and I’ve been through recessions, and boom times; I’ve had the whole spectrum. It’s never been like this. I’ve been helping people because I could and they needed it. But, you know, we have to get the supply because the need is there. I’m doing my little bit where I can.

While Breadcrumbs is supporting as many people as possible, Fulvio knows that having more volunteers could expand their reach further to those who are in need.

B: What’s on your wish list for Breadcrumbs?

Fulvio: Now we have a core crew of three people. We have myself, Jean (Parker) and Sammi (Harrison). But my wish is for more people. Because if you’ve got the people, you can do more things. A bigger team means you can do more. You could arrange distribution networks or pipelines for stock. There’s no point even trying to branch out without people. And you can’t ask more of the ones you’ve got.

Breadcrumbs works Monday, Thursday and Saturday evenings at the Burwood Neighbourhood House, 1 Church Street, Burwood. They would love more volunteers! If you would like to get involved, you can learn more at breadcrumbs.org.au or message the organisers at contact@burwoodnh.org.au

MATT SIDES

(Below):

Fulvio and team preparing packages for distribution.





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Ashwood School celebrates 50 years

Continued from page 9

Ashwood School's architectural design did not follow the standard layout of a Victorian primary school. The Karmel funding enabled the architecture of the new school to reflect the needs of the children, rather than the other way around. After wide consultation, Education Department architects created a model of classrooms, demonstration units and special education units that rolled out in Bendigo, Bulleen, St Albans and Ashwood.

According to the Public Records Office documents on the school, the school buildings were erected quite quickly. A little too quickly according to John Sharp, Ashwood's first principal.

"Such was the Department's preparedness for the opening of the new schools that all the toilet paper and tissues were delivered to Ashwood the day before school started for the principals from the other new schools to pick up and take to their schools," John Sharp wrote in 2004.

Almost every day a new problem cropped up.

"Your attention is drawn to the fact that no ventilation provision has been made for the washing machine and clothes dryer in the laundry section of the homecrafts area in this new special school," Sharp wrote to the Education Department, a few weeks after opening day. The grounds were also not complete. Mr Sharp soon discovered the School suffered from persistent weeds and grass growth on the oval, the legacy of its prior use as pasture.

From the day Ashwood School opened, John Sharp and the school's teachers believed a person with a mild intellectual disability could live a fulfilling life with the right support. They dedicated themselves to fostering the very best environment for their students to form successful relationships, become gainfully employed, and engage positively with their community.

The school was built for a capacity of 144 pupils and contained a preschool (unusual for its time), Junior and Senior groups, employment training facilities and opportunities to return to 'normal' schools. Sharp initiated a vocational training room, liaising with local industry and businesses to provide work experience for students and building important community connections. Programs including homecrafts, physical education, art and craft, speech, library, music and school camps followed.

Many of Ashwood's first students came from other special schools but transferred there because it was closer to their home. Before long the school's reputation grew so much that students travelled from all over Melbourne to attend. By the new millennium, the school housed over 200 students, stretching the capacity of its limited grounds and buildings. Over the next two decades, Ashwood received funding for a new gymnasium, fitness centre, library, meeting and therapy rooms, and additional classrooms.

From the 2000s, Ashwood School ran a fully-costumed musical production every two years, a debutante ball (later called a 'presentation ball') for its senior students, and a celebratory dinner for its graduates. The 2010 ball became the subject of a documentary series called 'The Ball' that screened on ABC TV that year.

Today, Ashwood School ensures its students participate in vocational programs (often off-campus), outdoor education, wellbeing, values, respectful relationship and sex education programs. Preparation for work is also fundamental to the development of older students.

None of this would have been sustainable for 50 years without a phenomenal amount of teacher and parent support.

Ashwood School has a bumper schedule of events planned to celebrate this momentous occasion in October. To donate in support of Ashwood School, email: ashwood.sch@education.vic.gov.au

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Generosity of Spirit

WINTER can be a particularly challenging time for individuals and families who are already doing it tough. However, for the students, families and staff at Our Lady of Sion College in Box Hill it was an opportunity to demonstrate their spirit of generosity.

The school community had come together by donating groceries to support the efforts of the St Vincent de Paul Society. "The grocery drive is a wonderful example of the school's motto, Veritas in Caritate ('truth in love') in action – namely, to pursue excellence while engaging with others with compassion, generosity and respect," said Rebecca Cetrola, Principal.

The donated groceries were packed into calico bags, which the students had decorated and added a personal and creative touch. "We encouraged our students to consider the different ways they can show care and thoughtfulness in their actions," explained Rebecca.

The overwhelming generosity was deeply appreciated by Milan Poropat, President of the St Vincent de Paul Conference Box Hill, who praised the "outstanding efforts" and noted that the "quantity and quality of food was extraordinary".

In particular, Milan said that the inclusion of the "special treats, like Tim Tams and hot chocolate, and the decorated bags had lifted our companions' (the people they visit) spirit." The impact of these small but significant gestures brought comfort and joy to those supported by St Vincent de Paul.

"We are incredibly proud of our students, families and our staff for their leadership of the drive," added Rebecca. "It's heart-warming to witness each of our students being agents of change by bringing light, hope and love into the world".

ANNA CHEUNG



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SPROUTS are seeds or grains that have germinated to become very young plants, typically harvested when they are two to seven days old and between two and five centimetres in length. As a space-efficient crop, they are incredibly easy to grow at home, requiring nothing more than a glass jar and a warm, sunny location.

Incorporating sprouts into your diet offers significant health benefits while also being low in calories. The germination process increases nutritional levels compared to unsprouted plants. Research indicates that the protein in sprouts is easier to digest and their fibre content is substantially higher. For example, five-day-old sprouts have been shown to contain 33% more fibre than their unsprouted counterparts.

A wide variety of pantry staples can be sprouted, including most beans, grains, vegetable seeds and nuts. While specialist seeds are available, many seeds found in the spice and bean aisles of a local supermarket will sprout successfully, providing a much more economical alternative to specialist products.

However, be aware that some commercially sold seeds are heat-treated for quarantine purposes, which may occasionally affect germination. I live by the ethos of you never know till you try. So just start trying to sprout some, and see what happens!

How to cultivate sprouts at home

Growing your own sprouts is a multi-day, but simple, process:

1. Soaking: begin by soaking your chosen seeds in water for a minimum of four hours, though overnight is often best, especially for larger sized grains.
2. Initial draining: drain the seeds using a sieve and return them to a glass jar.
3. Covering: use a moisture and oxygen permeable cover, such as muslin cloth, to allow the seeds to breathe while retaining some moisture.
4. The rinse cycle: twice a day, rinse the seeds thoroughly in cold water and drain them before returning them to the jar.
5. Harvesting: repeat this cycle until the sprouts reach the desired length of two to five centimetres.

Ensuring food safety

Because the warm, moist conditions required for sprouting can also encourage the growth of bacteria like *E. coli* and salmonella, sprouts are considered high-risk foods. To minimise the risk of food poisoning, follow these safety guidelines:

- Rinse thoroughly throughout the growing process.
- Refrigerate sprouts immediately once they have finished growing.
- Perform a "sniff and sight" test: if the sprouts look slimy or have an "iffy" odour, discard them immediately.
- Lightly cook the sprouts before serving to further reduce any remaining microbial risk.
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YOUR skin is the largest organ in your body and one of the easiest to examine. A simple self-check every few months can help you spot new or changing spots and early detection greatly improves treatment outcomes. Many skin cancers are first noticed by individuals, family members, or even hairdressers.

The aim of a skin self-examination is not to diagnose skin cancer, but to identify anything new, changing, or unusual and seek prompt medical advice.

Know Your Risk: Who should check your skin?

Everyone should check their skin regularly, but you may be at higher risk of skin cancer if you:

- Have had melanoma or another skin cancer;
- Have a strong family history of melanoma;
- Have fair skin, light eyes, or red/blonde hair;
- Have many moles or unusual (atypical) moles;
- Have a history of frequent sunburns or high sun exposure;
- Work or spend long periods outdoors;
- Have used tanning beds or solariums;
- Have a weakened immune system.

How to perform a skin self-examination

Try to check your skin fully undressed, in a well-lit room using a full-length mirror and a hand-held mirror. Get yourself familiar with the spots so you can monitor them regularly. Ask a family member or friend to help if needed.

Step 1: Examine your face and scalp

- Check your face, ears, lips, neck, and nose;
- Use a comb or hairdryer to part your hair and inspect your scalp.

Step 2: Check your upper body

- Look at your chest and abdomen and sides of your body. Women should examine under the breasts.

Step 3: Examine your arms and hands

- Look at your forearms, upper arms, and underarms.
- Check your palms, backs of your hands, and between your fingers and fingernails.

Step 4: Check your back and buttocks

- Use a hand mirror to inspect your upper and lower back buttocks and the back of your neck.

Step 5: Examine your legs and feet

- Check the front and back of your legs.
- Look at your feet, soles, heels, between your toes, and your toenails.

A helpful tip is to take photographs of moles or spots you want to monitor and compare them over time. Try to do it every three months. I suggest in the first week of every season.

What warning signs should you look for?

Ugly Duckling sign

A mole that looks different from your other moles.

Other warning features

Seek medical advice if you notice:

- A new spot appearing in adulthood;

Spot it early

- A sore that does not heal within a few weeks;
- A spot that bleeds easily;
- Persistent itching, tenderness, or pain in a lesion;
- A crusty or scaly patch that does not improve;
- A rapidly growing or tender lump.

How often should you have a professional skin check?

The ideal frequency depends on your individual risk factors.

Average risk

- Perform a self-skin examination every 2–3 months.
- Discuss skin checks with your GP as part of routine healthcare.

Increased risk

- Professional skin examinations every 6–12 months may be recommended.

Very High risk

This includes people with a previous melanoma, multiple skin cancers, strong family history, numerous atypical moles, or significant genetic risk factors. Professional skin examinations every 3–6 months may be advised.

If you notice a new, changing, bleeding, or non-healing spot, arrange an appointment promptly rather than waiting for your next scheduled skin check.

Take-home message

Getting to know your skin is one of the simplest health habits you can develop. A five-minute self-skin check every 2–3 months can help you identify suspicious changes early, when treatment is often easier and more effective.

Know your skin. Notice change. Spot it early.

DEEPANI RATHNAYAKE

The ABCDE Signs of Melanoma

Look for changes in moles or new spots on your skin.



Know your skin. Check regularly. See your doctor if you notice any changes.



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Back to the future!

MARY and Mick O'Keeffe were well known in the Burwood area in the 1970s and '80s. Mick, a chartered accountant, had offices in Burwood, Ashburton, then Glen Iris and later Camberwell. Mary, a community worker was tireless in support of many causes. She started and ran the Holiday Program for school-aged children at the St Benedict's Parish Hall, later moving on to run the Alamein Community Centre for over 10 years. In 1992 Mary received an OAM for her work in the community. Somewhere in this time period she got involved with, and was instrumental in, the early days of publishing a local newsletter/paper called the *Burwood Bulletin*. Together with their six children they were well integrated into Burwood and the St Benedict's parish.

In around 1980 they purchased 81 acres at Phillip Island. This was a meld of Mick's dream of farming and Mary's feeling that a beach house would be a good thing for the family. They enjoyed many wonderful years down there, first as weekend farmers (with help from the locals) raising beef cattle and selling them as "vealers" (one-year-olds), then retiring down there as permanent farmers, when they also branched out into ostrich farming.

Once they retired from farming they built a house on five of the 81 acres and sold the remaining 76 acres, and, as more grandchildren came along, there was much enjoyment had by all the family; the combination of beach and farm life finding a special place in their six children and 17 grandchildren's hearts. They continued being active in the community at Phillip Island, including with Landcare, the Salvation Army, The Offshore Theatre Company, Probus, The Phillip Island RSL, as well as the local parish community.

Eight years ago they sold the five acres and shifted into a house in Cowes, where they continued being as active as possible in the Phillip Island community.

Three years ago they moved back to East Burwood and here, sadly, Mick passed away in August 2025. Mary, however, is still going strong and would love to catch up with any friends that she has not reconnected with since returning to the Burwood area.

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Life is Sweet

DO you remember when you were a child and dreamt of what you would do when you grew up? For Evie Chan-Yam, she knew exactly what that was – to become a pastry chef. “When I little, my only hobby was baking. Back in primary school, I used to have a YouTube channel where I posted videos of me making cookies, cakes and desserts,” smiles Evie.

“I love baking because I enjoy being creative in the kitchen. Baking is both relaxing and rewarding. I enjoy the process of measuring ingredients, following techniques and seeing the final result come together”. Indeed, these days Evie is developing those techniques as she completes a Certificate IV in Patisserie at the William Angliss Institute.

“There’s always something new to learn, and I also experiment with recipes, which keeps baking interesting and exciting for me,” she adds. Her family, friends and neighbours are appreciative of the dedication and effort that Evie puts in mastering her craft. Not a week goes by where Evie isn’t sending out stacks of takeaway containers packed full of croissants filled with pistachio crème, brioche, handmade chocolates and more – all made in the pursuit of excellence. “I can’t possibly eat all of my creations so I share them,” she laughs.

With such delicious goodies making their way through the neighbourhood, word soon spread of Evie’s skills and orders started to come in. “My most popular item is the almond tart because I can adjust the sugar levels for both the pastry and filling. The toasted almonds give a caramelised flavour and texture. It’s a lovely tart especially if you want something that isn’t too sweet but is still indulgent”.

The cake orders have also given an opportunity for Evie to flex her creativity. “My most elaborate request I have was making a unicorn cake. The client wanted two unicorn figurines for each of their daughters and extra unicorn decorations, including sprinkles and non-edible unicorn plaques”.

Though Evie rarely bakes for herself, her favourite recipe is the Basque cheesecake. “It is easy to make – anyone can make it – and it only requires a few ingredients. I love that I can customise the flavour – vanilla bean, matcha (powdered green tea) and Earl Grey are just some of the variations that I’ve made,” she enthuses.

With such sweet beginnings, the future looks very promising for Evie. If you would like to find out more, check out Evie’s Instagram account (@feast_n_yeast_bakehouse) or email her at ecchanyam@gmail.com

ANNA CHEUNG



(Above): Evie Chan-Yam with a chocolate teapot that took six hours to make;
(Below) The Unicorn cake.





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Labor plans to strip Protective Service Officers (PSOs) from 32 local railway stations in Southern Metropolitan Region. Local railway stations left denuded and exposed to violent thugs in or adjacent to the Cities of Monash and Boroondara include:

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Scan the QR code to have your say on the Labor government's plan to remove PSOs from local stations and the impact this will have on your family.



DAVID DAVIS MP

MEMBER FOR SOUTHERN METROPOLITAN REGION

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Ask a Vet with Dr Suzanne

Bird Flu: a primer

A number of you lovely folks have contacted me for advice following confirmation of the highly pathogenic H5N1 bird flu virus in Australia and what it could mean for your household pets. Until June 2026, Australia was the last inhabited continent to be free of this particular strain.¹

Please note that this is a rapidly evolving situation. The information in this article is current as of **20 July 2026**, when it was written.

What is bird flu?

Bird flu, or *avian influenza* (AI), is a disease caused by influenza A virus. Descriptions of this disease, then known as "fowl plague", date back to 1878.²

The virus primarily affects birds, particularly waterbirds like ducks and swans. In these populations, the virus can occur naturally, and some birds may remain asymptomatic (showing no signs of illness) whilst still carrying and shedding the virus. These birds can then go on to spread infection to other wild birds and domestic poultry.³

What's in a name?

There are many different strains of AI. The *H* and *N* in H5N1 refer to two proteins found on the surface of the virus – *haemagglutinin* (H) and *neuraminidase* (N). Different combinations of these proteins create different influenza subtypes.

Avian influenza viruses are also classified according to their ability to cause disease:

- **Highly Pathogenic Avian Influenza** (HPAI) viruses spread rapidly and cause severe disease with high mortality e.g. H5N1.
- **Low Pathogenic Avian Influenza** (LPAI) viruses often cause mild or no clinical signs. They commonly circulate in wild birds, although some strains can evolve into highly pathogenic forms.^{4,5}

How is H5N1 different from the Victorian avian influenza outbreaks in 2024?

The HPAI H5N1 virus currently causing concern is completely different from the H7 strains responsible for the Victorian outbreaks in 2024. Those were confined to poultry farms and, through aggressive biosecurity measures and population control, the virus was successfully eradicated.⁵

By contrast, H5N1 was first identified in Scotland in 1959² and is now established in wild bird populations

across much of the world. Because migratory birds carry the virus over vast distances, global eradication is considered highly unlikely.

Another important difference is that H5N1 has demonstrated its ability to infect a much wider range of species. Over 600 bird species and more than 100 mammalian species have now been affected worldwide, including dogs, cats, dairy cattle, foxes, marine mammals⁶ and, on rare occasions, humans.⁷

In 2025, H5N1 reached Heard Island, a remote Australian territory approximately 4,000 kilometres south-west of mainland Australia, where it was estimated to have killed around 13,000 seal pups – more than three-quarters of that year's pup population.⁸

Infected birds can spread the virus through body fluids, droppings and feathers of affected birds, and under the right conditions the virus can survive in the environment for months. The virus can also spread indirectly through contaminated clothing, shoes, in-contact animals, vehicles and equipment.⁵

What is the risk to people?

The World Health Organization (WHO) and the World Organisation for Animal Health (WOAH) currently assess the global public health risk from AI(H5) viruses as low.⁷

Internationally, almost all human infections have occurred following close, prolonged or unprotected contact with infected poultry, wild birds, dairy cattle or heavily contaminated environments.⁷ Most human cases have been mild.⁵

What should you do if you find a sick or dead wild bird?

Wild birds infected with H5N1 may:

- Be unable to fly or walk normally;
 - Appear droopy or fluffed up;
 - Show breathing difficulties;
 - Hold their head in an unusual position;
 - Show no obvious signs before dying suddenly.
- Sometimes multiple birds may die within a short period.

If you encounter sick or dead birds:

- **AVOID** the area and do not touch sick or dead birds.
- **RECORD** the location and, if safe to do so, take photographs or videos.
- **REPORT** your observations to the Emergency Animal Disease (EAD) Hotline on 1800 675 888.⁵

Continued on page 40

Dr. Susanna Gamage BVSc MRCVS has over a decade of international veterinary experience and is the founding director of Dr. Suzanne My Visiting Vet, a mobile veterinary business in the Eastern Suburbs providing caring, personalised and professional veterinary care in the comfort of your own home, keeping things convenient for you and comfortable for your pet. If you have a general pet question you would like answered by Dr. Suzanne to be featured in the Burwood Bulletin or to find out more about our services, please contact us via the website: www.dr.suzannemyvisitingvet.com.au Please note the information in this article is of a general nature and is not intended to be a substitute for professional healthcare advice. If you have specific concerns about your pet, you should always seek advice directly from your veterinary healthcare practitioner.



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PICTURES (Clockwise from left): Robyn dressed as Brigitte Bardot; The author, dressed to go; The author as Ahab the Arab with Robyn as Bardot – dressed for a fancy dress night at Danse Court.



A terpsichorean connection

DANCING is an effective way to become socially comfortable and confident. My mid to late teens were the frenetic early years of rock 'n' roll. We hurried home from school to listen to Stan the Man and learn the words to Elvis Presley's latest hit. Fortunately, my parents saw the value in learning ballroom dancing.

The tram stopped outside an elegant Victorian residence, 309 Riversdale Road, Hawthorn. Its cream brick front fence was topped with musical notes. Tram and car drivers stopped and copied down the notes. These notes were the opening few bars of the Blue Danube Waltz. Nervous young teenagers walked through the rose garden to knock on the front door of Danse Court. Mr Reginald Clive-Jones, or his beautiful daughter, Leone, opened the door and invited the well-groomed boys, all wearing ties, and attractively dressed teenage girls in their satin, tulle or cotton dresses into their home. At the end of the long central hallway was a spacious and magical ballroom. A huge mirror ball was in the centre of the ceiling. Dr Google says "It was a prominent venue for old-time and modern ballroom dancing from the 1930s until well into the 1960s".

Reginald Clive-Jones was an imposing man. Always in a suit with a girdle-like waistcoat. Tall, with an upper lip moustache and erect posture, he seemed a relic of a bygone era. He insisted on silence, attention and respectful manners at all times. He had been a notable figure in Melbourne's dancing scene before and after the war.

Reginald would often grab a young man and, to demonstrate a dance step, would tightly hold him close (nowadays it would be considered an invasion of personal space and a questionable activity!). Mr Clive-Jones would dance the female role whilst suitably embarrassing the poor young chap. It was a beautiful floor to dance on and was regularly sprinkled with "Palais wax".

Learning to dance at Danse Court was a memorable experience, worth remembering 65 years on in a fit of nostalgia. It was a delightful melting pot. We were dancing with the stars, before "Dancing with the Stars" hit our TV screens. Young people from the full range of schools, public and private mixed comfortably. We made friends with our

peers from Glen Iris, Deepdene, Burwood, Kew, Wattle Park, Ashburton and Camberwell. Most of us arrived by tram.

We learnt to stride out, spin, glide and move our hips. We enjoyed the structured elegant partner dancing. We waltzed, did an evening three step, Charmaine, Pride of Erin, Merrilyn or a Parmer Waltz – but Rock and Roll was acknowledged. Most nights we danced a progressive jive. Once we mastered them we longed to have some Latin dances: cha cha, samba, rumba, bossa nova, jive. Smooth or gliding dances were Charleston, foxtrot, barn dance, quickstep, waltz, Viennese waltz, modern waltz . . . Some dances that briefly shone brightly were The Madison, Mashed Potato, The Twist, The Watusi, The Frug and the Hitch Hike. I had a lot of fun with Chubby Checker's *The Twist* and was fortunate to win a couple of Twist competitions.

Learning to dance was often a stop-start, repeat exercise. We were treated to monthly or bi-monthly Saturday theme night dances. Memorable nights where the music had us gliding and floating to the notes from the fence. The rotating mirror ball gave us a sense of romantic glamour. I remember receiving a dance book where you would book up a particular girl for a special dance. A fancy dress night saw me accompanying Robyn Blake to the ballroom. Robyn went as a stunning Brigitte Bardot and I went as "Ahab the Arab".

My years at Danse Court I believe influenced the type of music I preferred. I enjoyed music from right across the music spectrum as long as it had a regular danceable beat. Discordant music did not "rock my boat" or stomp my Madison.

STUART WILLIAMS



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Independence and Wellbeing

FATHER'S Day celebrates the power of mateship at Balwyn Evergreen Centre. We know that for many men, mateship is more than a shared laugh or a pat on the back – it is a lifeline. Its men's exercise classes keep bodies moving and strengthen the mental health and resilience of local fathers, grandfathers and mates.

At a time when loneliness and mental health challenges are increasingly part of the conversation, our exercise sessions have become a regular meeting ground where men can connect, talk and look out for one another. The camaraderie built in the exercise rooms often extends well beyond the class – into coffee catch-ups, walking groups and friendships that help weather life's ups and downs.

"It's a very well-run class – good exercise, varied and structured to use all your muscles," says Tom Sallai, 86, who has been attending for more than 10 years. "The camaraderie is also excellent. There are five of us from Kew Golf Club, and we have known each other a long time. We share a coffee and a snack afterwards – it's so friendly."

The program's success lies in its mix of movement, humour and genuine connection. Whether it's encouraging each other to push through a final set or checking in on someone who has been unwell, the shared commitment builds trust and belonging.

Balwyn Evergreen Centre's men's exercise classes run every Thursday at 9:30am, and are open to men of all fitness levels. The sessions are led by experienced instructor Tom, who ensures the focus remains on fitness, camaraderie and creating an environment where everyone feels welcome and supported.

This Father's Day, Balwyn Evergreen Centres invites local men to take the first step towards stronger health, both physical and mental and discover the mateship that awaits!

DIANE FALZON

(BELOW): Tom Sallai



woody

insert brain here



Buses that were Part Four



Two AEC Regal Mark III buses
designed and built by MMTB 1950s

WHILE there was a great number of suburban bus routes in the first half of last century, many did not survive and I have documented those in Part One without reference to the Melbourne & Metropolitan Tramways Board (MMTB), which started bus operations back in January 1925. They were not entrepreneurial, however, in developing new routes as they essentially followed the existing cable tram routes in the inner city and close-neighbouring suburbs.

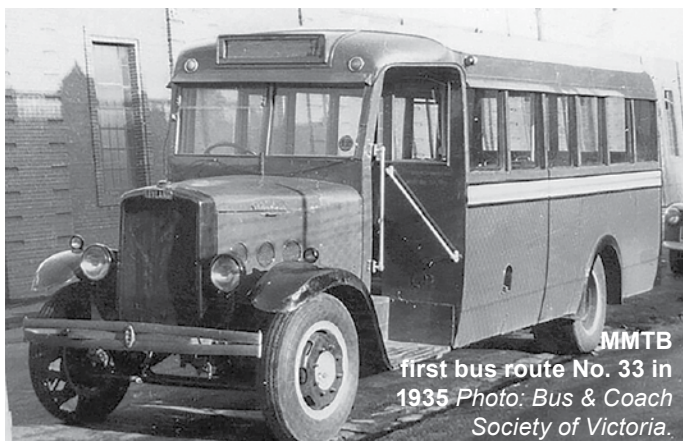
Cable trams started in Melbourne on 11 November 1885, with the first, a lengthy distance from Spencer Street passing through Flinders Street to the end of Bridge Road, Richmond. Today you will see the heritage façades of the cable tram depot, retained at the front of the Amora Hotel just before the Hawthorn Bridge.

It was a mixed beginning for the MMTB bus era, as they gradually came to the fore with the cable tram lines being progressively closed by 1940 and replaced with electrified tram services. But that didn't happen all at once. There were 17 cable tram routes, mostly running from the city into the suburbs with the last to close, the City Bourke Street to Northcote, on 26 October 1940. This was replaced by a fleet of 45 Leyland Titan TD5c double-decker buses.

All well-planned, with the thinking that it was a high patronage route and that a double-decker bus would serve the public well on the two routes through Carlton, North Carlton, East Brunswick and Northcote, commencing from Spencer Street along the busy retail Bourke Street.

MMTB imported a fully-built unit from British Leyland that was used by local coach builders Martin & King (Melbourne) and J A Lawton & Sons (Adelaide) to match specifications as they rolled out the 44 units that would service the two routes for some 15 years before electrification took place, providing for what was said to be a more reliable service.

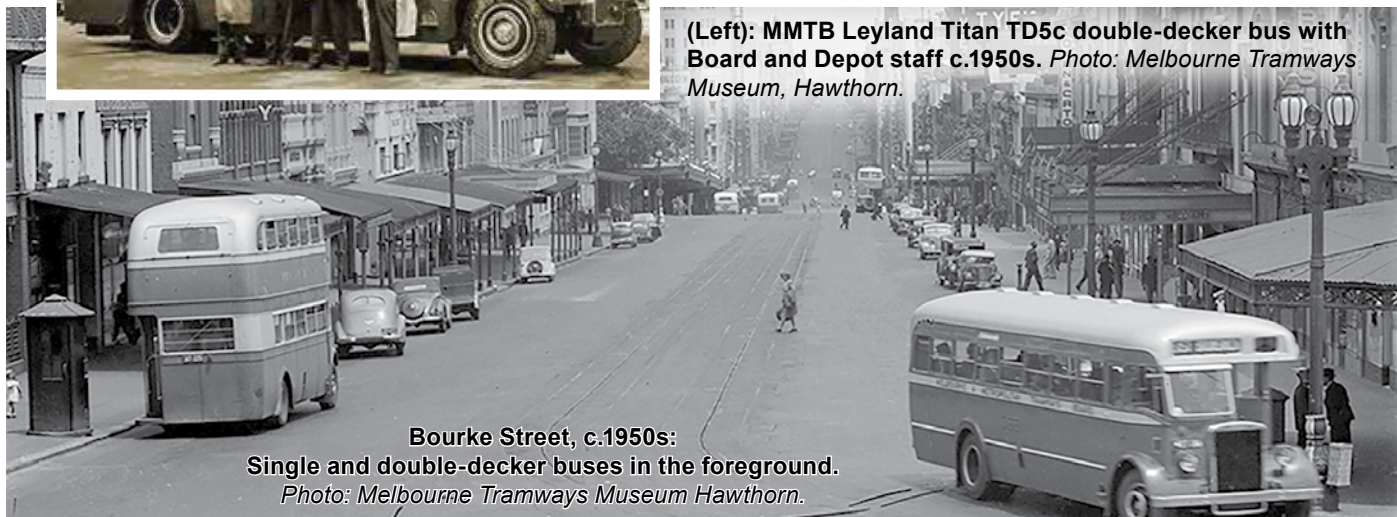
The double-deckers were painted in tramways livery of cream and green, with a seating capacity of 32 upper deck and 23 lower deck passengers, all who boarded and left by the rear open "platform" where the conductor stood issuing tickets, helping passengers on and off when needed and pushing a button to start the driver after a stop.



MMTB
first bus route No. 33 in
1935 Photo: Bus & Coach
Society of Victoria.



(Left): MMTB Leyland Titan TD5c double-decker bus with
Board and Depot staff c.1950s. Photo: Melbourne Tramways
Museum, Hawthorn.



Bourke Street, c.1950s:
Single and double-decker buses in the foreground.
Photo: Melbourne Tramways Museum Hawthorn.

Upper level was very popular with children and I, for one, when travelling with father would leave him paying for the tickets while I rushed up the narrow staircase to quickly gain a front seat for an elevated view of Bourke Street and beyond. Father said it was a treat as he reluctantly managed the staircase. I marvelled at seeing the enormous Father Christmas on the face of the Foy & Gibson building on the Swanston Street corner – having just passed the GJ Coles Christmas decoration of reindeers with Father Christmas in full flight in a starry sky across the face of the building.

I ducked for cover in my upper deck front row seat as we would often meet some overhanging branches as we pulled into a stop. While these appeared to be cut back in time, there were concerns with the bus routes as they also scraped against the face of a shop's verandah post.

I was not allowed to go down the stairs until the bus had stopped; this, of course, caused delays to the timetables, as passenger movement was slow – particularly with others following down the staircase and at times meeting a crowd from below also getting off or on through just the one exit.

There was a lot of discontent with passengers having to climb the stairs, particularly for short trips or if they had a disability, which slowed bus movement as they carried fewer passengers than the electric trams; so they were constantly over-crowded during peak periods, causing further delays in meeting the schedules.

Age and continual maintenance caught up with most of the fleet, some having travelled over 440,000 miles. March 1954 saw the start of tram tracks being laid, and electrification infrastructure in Bourke Street was scheduled to be completed well before the 1956 Melbourne Olympic Games. The authorities wanted Bourke Street to become a key focal point for visiting tourists, considering its high-level retail stores, with the luxury of efficient electric tram transportation.

All the Fleet of 45 double-deckers were sold off by the Melbourne & Metropolitan Tramways Board, and despite many searches there would appear to be none in existence today. Somewhere in NSW, we are told, stands the steel skeleton of one in an overgrown paddock.

It was a different story with the original single-deck buses that replaced the many closing cable routes from 1935, that were either electrified for trams or, where deemed low patronage, replaced by an MMTB bus service.

While a 1935 MMTB bus (No 33) still exists in a museum, all others are well gone, giving way to a mass introduction from early 1950 of a new style of bus, a single-deck AEC Regal Mark III, with 135 built between January 1951 and December 1953. Sixty-five were built by Commonwealth Engineering (Comeng) in Sydney, one by Ansair in March 1952, and the remaining 69 by Martin & King in their High Street, Armadale, Melbourne factory.

Original configuration provided for 41 seats with a one-man operator. Despite union objections, an Arbitration Commission decision in the mid 1950s

deemed that the buses over 30 feet in length were required to have a driver and a conductor. This did not sit well with the MMTB and they immediately started to shorten their buses, losing nine seats and providing only one door, with the driver as conductor – all within regulation. Such body changes were carried out over several years at many places including the MMTB Workshops, Ansair and R V Piper factory located at the Ventura bus Lines, Centre Road, Oakleigh South Depot).

For some years I would travel on either size bus, depending on which turned up at the Flinders Street bus stop outside the former Gas & Fuel Building near St Paul's Cathedral. At 8.30am each weekday morning it would take me up Russell Street to the corner of Lygon and Victoria streets, stopping outside the Emily McPherson College of Domestic Economy, a domestic science college for women that started in 1906; then I would cross the road to the Commonwealth Bank of Australia, where I was a junior clerk. Generally, I would open the windows, sort the halfpenny and penny coins and collect the lunch orders.

With the Trades Hall on the opposite corner business was always brisk and I eagerly waited for the late afternoon return to Flinders Street, again on whatever size bus turned up. Sometimes it was one that you entered similarly to the earlier double-deckers, with the platform at the rear. The difference was that because of the crowd we were able to ride on the platform – today unacceptable!

The MMTB actually designed the body of the 135 AEC Regal Mark III fleet and, with growing patronage and particularly with the 1956 Olympic Games, they built 25 Regal IVs just for use in servicing the Games. These were a success and with the aging AEC Mark III fleet they built a further 100 Regal Mark IVs between 1964 to 1966. They then started to withdraw the aging Regal Mark IIIs, with the last going in June 1979.

These went in all directions when sold; however, rare examples exist today and only recently the Bus and Coach Society of Victoria celebrated the completion of a meticulous restoration of AEC Regal Mark III No 560. Built in 1953 and withdrawn in 1978, this was in storage until April 2012.

The MMTB history of buses continued with the addition of 30 new Leyland buses in 1975. New Volvo B59s, with 31 seats, were amongst the fleet used from 1977 for all night services, replacing late-night trams.

The Board ceased operations on 30 June 1983 and immediately dissolved its bus routes and tram operations, being taken over by the newly established, Metropolitan Transit Authority. And later known as "The Met", they utilised many of the existing MMTB stock of Volvo B59s into the 1990s, when the government began a series of privatisation and franchising of Melbourne bus routes as we know them today. There is one thing certain: buses will never replace Melbourne's trams.

GRAEME MCCOUBRIE

a Town Hall blossoms

CAMBERWELL was first incorporated as the Boroondara Road District on 11 July 1864, which became the Shire of Boroondara on 17 November 1871. At this point, Camberwell consisted of two small settlements; one near the Camberwell Inn and the other to the east, at Hartwell. Much of the shire's area was under cultivation, with a few sites for fine residences at the northern end.

The shire was renamed to the Shire of Camberwell and Boroondara on 16 May 1905. It became a borough on 28 April 1905, a town on 15 May 1906, and was proclaimed a city on 20 April 1914.

Camberwell Town Hall, situated at 360 Camberwell Road, was constructed for the Boroondara Shire Council in the late 1880s, in the Free Classical style. The building became the Camberwell Town Hall when the town was proclaimed in 1906. It was extensively refurbished in the mid-1920s, and new council offices were constructed alongside. This is the story of that refurbishment, as reported in the newspapers of the time.

The first account demonstrates that, to begin with, the maintaining of the Town Hall in its current location was by no means a foregone conclusion.

The Box Hill Reporter 4 May 1923

Camberwell Town Hall.

Before the work of additions to the City Hall, Camberwell, are commenced, it would appear an opportune time for the adequacy and location of the hall to be considered. As the former headquarters of the Boroondara Shire, with its long period of municipal control, the present Town Hall is historic, and has naturally gathered around it sentiment, but as the headquarters of the City of Camberwell it is most inconveniently situated. The City of Camberwell, because of its larger territory than most cities in greater Melbourne, and possessing such ideal building areas, already much in favour, should be second only to the City of Melbourne in importance. The need for municipal chambers being situated as nearly as practicable in the geographical centre of the city will become daily and increasingly urgent in the interest of ratepayers and efficient administration. Burke road, Camberwell, a fine and busy thoroughfare, after all forms the boundary line of two cities, and can only claim to be half Camberwell, and one-half Hawthorn. Selection of a central site would take place only after the fullest enquiry, but Canterbury appears in the wider consideration of the position the centre that should be chosen if an active business place with a big residential population, situated in the territorial centre of the city, is to be decided upon. The question of finance would need, of course, to be fully considered – the cost of a new building for, say, Canterbury, and whether the present building could be sold for a reasonable sum. If the establishment of the hall in the city centre is the ambition of a majority of the councillors and rate-payers, the present is the time to give it consideration and decision.

The second article draws attention to the shortcomings of the Town Hall as its refurbishment was under consideration, detailing the plans in hand and how they were developing.

The Town Hall before refurbishment. Note the wood replacing the clock dials as mentioned in the second article.



CAMBERWELL TOWN HALL.

Additions and Improvements.

Residents of Camberwell have long felt that their rapidly expanding city is worthy of something better than the small grey building which is its town hall. It has stood since 1890, and still bears upon its tower the inscription "Boroondara Shire Hall." For years the offices and the hall have been hopelessly inadequate to cope with the increasing demands made upon them, and in addition the whole structure is rapidly falling into decay. Cracks have appeared in the ceilings, and the outside walls are chipped. In the tower four round apertures, block with woodwork, take the place of clock dials. The council chamber is so small that visitors often have to stand, and on warm nights the atmosphere becomes unbearably oppressive. The whole building is poorly lighted with gas.

Finally, the reportage gives further details of the financial outlay, and covers the opening of the new facility in 1924.

The Argus 28 November 1924

PROGRESSIVE CAMBERWELL.

NEW TOWN HALL OPENED.

City of Greatest Area in State.

Fifty-three years ago Camberwell was a shire with but 231 ratepayers and 214 buildings. From a rate of 1/- in the £1 an annual revenue of £476 was obtained. Today Camberwell is a city with a population exceeding 33,000. There is a rate of 2/6 in the £1 which returns an annual revenue of £80,000. There are more than 9,000 buildings within the municipality, which is progressing with remarkable rapidity. To meet requirements it was found necessary to build new municipal chambers. The new building, which adjoins the old town hall, which was erected in 1890, at a cost of £18,000, is a two-storied structure of concrete, the erection of which cost £13,000. Accommodation for the indoor staff employed by the council has been provided on the ground floor, and the council chamber, together with the mayor's room and smaller ante-rooms, is situated on the top floor. The white walls are panelled with stained wood, and artistic inlays to a height of 7ft., and the council chamber has been fitted with the indirect method of lighting. When the building was officially opened yesterday, there was a large gathering of councillors, residents, and representatives of other municipalities, as well as the Minister for Public Works (Mr. Goudie, M.L.C.), Senator Elliott, Mr. Edgar, M.L.C., and Mr. Beckett, M.L.C.

The mayor (Councillor A. E. Hocking) said that £1,000,000 had been spent in Camberwell during

Before long the appearance of the building will be completely changed. Last year sufficient money was raised by loan to make considerable improvements. An architect has now practically completed plans for the work, and it is expected that a commencement will be made early next year.

The building will be renovated through out, and the hall will be considerably enlarged. The present municipal offices and council chamber will be transformed into supper and reception rooms. On a site adjoining, a new building will be erected in which the business of the municipality will be transacted. The new council chamber is expected to be one of the finest in Victoria, while the office appointments will be of the most modern type. No provision has been made for the installation of a clock, but the matter is listed for discussion by the council. The whole work will cost between \$11,000 and £12,000.

each of the last two years in the erection of new buildings. The capital value of the city was £5,000,000. Camberwell, with its 12 square miles, was the largest city in the State. At the time when the old town hall was built, there were four indoor employees and 18 outside workers. To day the numbers were 25 and would 120 respectively. The old building would be renovated at an estimated cost of £5,000, and it would be used for social functions only.

After an inspection of the new building had been made, guests were entertained at afternoon tea in the main hall.

The Town Hall after refurbishment.



Photo: Camberwell Historical Society



Story Dogs

Continued from page 5

Volunteers normally go to collect the child from the classroom; take them out, then deliver them back to their teacher. Two-thirds of the class will want to come out with *you*. Volunteers have to be able to manage that so the dog is not overwhelmed. Part of Story Dogs' involvement means teaching the children how to act responsibly around the dog.

And there was a film made in the first week of term 3.

A grant to the local Bendigo Bank enabled a film to be made about Story Dogs at St Luke's in Blackburn South. "The film follows what we do," says Margaret. "Starting from the beginning of the session: what I do, and then

showing four or five children selected to come and read individually to Cammy, the dog. He was fine with filming, he loves people so much".

So that's how it works. Lois and Margaret both find that the dog actually manages a different relationship with each child. They pick up on what the child is feeling and doing.

"We hear reports from the school that sometimes the day the dog goes to school is the only day a student wants to go to school because that's the day they're with the dog. And if it helps children to want to go to school then that's a positive in its own right. There's no formal assessment because it's for fun, enjoyment. Volunteers record each week what the students read and this helps ensure there are books to suit their interests".

CHRIS GRAY

Do you enjoy reading? Do you enjoy working with children? Do you have a dog that enjoys interacting with children? Why not join the Story Dogs program? We are looking for new volunteers across the eastern suburbs in Melbourne. We have a number of schools who have requested the program and we don't have enough volunteers.

So please contact us: go online to www.storydogs.org.au/ and fill out an application form to become a volunteer. You will be contacted by the local coordinator.

Bird Flu: a primer

Continued from page 27

Protecting backyard poultry and aviary birds

To reduce the risk of infection:

- Keep housing, feeders and drinkers clean.
- Keep bird feed and water out of reach from wild birds.
- Keep wild birds away from your birds using netting or enclose housing.
- Quarantine new birds before introducing them.
- Limit visitor access.
- Monitor birds for signs of illness.
- Report unusual illness or deaths to the EAD Hotline.
- Stay up to date through birdflu.gov.au and agriculture.vic.gov.au⁵

Protecting dogs

Simple precautions can significantly reduce risk:

- Keep dogs on a lead where wild birds congregate, particularly at beaches, wetlands, lakes and estuaries.

- Prevent dogs from sniffing, picking up or eating sick or dead birds.
- Don't allow dogs to scavenge bird carcasses or consume bird droppings.
- Wash your dog's paws after visiting areas frequented by waterbirds.⁵

Protecting cats

- Keep cats indoors wherever possible, particularly if you live near wetlands or coastal areas.
- Prevent hunting of wild birds.⁵

In summary the arrival of H5N1 in Australia is a significant development, but the current risk to people and household pets remains low.

At the time of writing, Victoria remains free of HPAI H5N1. However, migratory birds do not recognise state borders or quarantine zones, making ongoing surveillance and vigilance essential.

If you come across sick or dead wild birds, remember the three key steps:

AVOID. RECORD. REPORT.

Emergency Animal Disease Hotline: 1800 675 888

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SafePaws

*RSPCA Victoria's new program
for people and pets fleeing
domestic family violence*

RSPCA Victoria is helping victim-survivors of domestic or family violence keep their pets safe with the launch of the SafePaws program.

The SafePaws program is providing families in crisis practical support with essential pet supplies, facilitating emergency boarding options and delivering educational workshops and advocacy to support long-term change.

For many victim-survivors, concern for a pet's safety can be an overwhelming barrier, delaying their decision to leave unsafe situations.

Data from family violence risk assessments reported by Victoria Police indicates that between 1 July 2020 and 30 June 2025, there was an 81% increase in the number of incidents where a perpetrator threatening or harming a family pet was identified as a risk factor¹.

RSPCA Victoria's Head of Prevention, Rebecca Cook, said the program directly addresses this issue. "SafePaws has a dedicated Crisis Support Coordinator who works alongside welfare professionals and frontline support workers to secure emergency pet boarding and alternative care solutions for those concerned about their animal's safety.

"SafePaws is stepping in to relieve that concern and ensure victim-survivors do not have to choose between their own safety and the wellbeing, or even or survival, of their beloved pets."

Along with practical assistance and solutions, the program aims to educate frontline and welfare professionals and their organisations about the importance of ensuring pets are part of the plan, as well as providing support for long-term change.

Through SafePaws, RSPCA Victoria will support victim-survivors alongside frontline and welfare professionals by providing:

- Emergency Pet Packs containing essential items such as food, bowls, bedding, leads, carriers and comfort items;
- Access to emergency veterinary care for animals requiring treatment or rehabilitation due to domestic and family violence-related harm;
- Advocacy input to progress policy reform;
- Targeted education with sessions equipping professionals on the links between domestic family violence and animal cruelty, as well as providing input for pet-inclusive risk assessment and safe-exit planning.

To learn more about the RSPCA Victoria SafePaws program please visit rspcavic.org/safepaws

For those interested in learning more around safety planning checklists and resources, please view <https://rspcavic.org/safepaws-facts/>

For more information call 0425 787 243 or email media@rspcavic.org.au

1. Victoria Police. (2025). *Victoria Police Family Violence Data*. Retrieved from Victorian Crime Statistics Agency Family Violence Data Justice System Data Tables (1 July 2020 – 30 June 2025) (L17) Risk Assessment and Risk Management Report Table 33: Number of family violence incidents with risk factors recorded: <https://www.crimestatistics.vic.gov.au/family-violence-data/family-violence-data-tables>





Colon v Semicolon

WHAT'S the difference between a colon and a semicolon in standard prose?

A **colon** must have a full sentence before it, but it can be followed by anything.

So, "*I told her my secret: I add garlic*". There you go – Full sentence, full sentence: that's fine. Also, "*I told her my secret: adding garlic*". That part after the colon isn't a full sentence; but that's fine.

However, with a **semicolon**, you must have a full sentence or independent clause, either side of it.

"*It was the best of times; it was the worst of times*". That's fine because they're both independent clauses. However, if Dickens had written, "*It was the best of times semicolon, also the worst*", it wouldn't have worked.

I always tell students to use a **colon** when the sentence before it is begging for more information.

"*There's only one food I don't like*". You can't leave the sentence there: you've got to give the reader more information.

There's only one food I don't like, **colon**, tomato ketchup. (True story: it's vile).

So, think of the second part as clarifying or explaining the first part.

Now, because semicolons always separate two independent clauses, you could just use a full stop for them: It was the best of times. It was the worst of times.

That's fine.

Or you could use a comma and a coordinating conjunction.

It was the best of times, *and* it was the worst of times.

However, we typically use them when the two sentences are so closely linked that you don't want to separate them with a full stop. It's more of a style choice, so that's when we'd use it there.

I only ever use semicolons when I instinctively go to use a comma to separate two complete sentences. "I feel sick **comma** I'm never drinking again" doesn't work; whereas the semicolon joins them successfully.

LAURIE KNOX



Find your copy of *The Bulletin*

Alamein Alamein Learning Centre, 49 Ashburn Gr.

Ashburton Craig Family Centre, 7 Samarinda Ave • Hi-Clean Dry Cleaners, 409 High St • J.J. Sushi, 279 High St • Library foyer, 154 High St • Ashburton Community Centre, 160 High St • Ashburton Railway Station, Welfare Pde.

Ashwood Ashwood Newsagency, 503 Warrigal Rd • Banger Burger, 499 Warrigal Rd • Power N'hood House, 54 Power Ave • Hi-Clean Dry Cleaners, 409 High St.

Balwyn Balwyn Library, 336 Whitehorse Rd • Balwyn Community Centre, 412 Whitehorse Rd, Surrey Hills.

Bennettswood Bennettswood N'hood House, 7 Greenwood St • Bennettswood PO, 79 Station St, Burwood.

Blackburn Koonung Neighbourhood House, 109 Koonung Rd, Blackburn Nth • Library, Blackburn Rd Blackburn Sth • CatchUp Place, Cnr Canterbury Rd & Charlotte St • The Avenue N'hood House @ Eley, 87 Eley Rd • King Chooks, 9/96 Canterbury Rd • Sweet Blends Café, 191A Middleborough Rd.

Box Hill Library, 1040 Whitehorse Rd • Whitehorse Community Health Cntr, 43 Carrington Rd.

Box Hill Sth Box Hill South Family Centre, Rotary Crt • Box Hill South N'hood House, 47 Kitchener St.

Burwood Burwood Café, 11 Faelon St • Burwood Newsagency, 1394 Toorak Rd • Burwood Neighbourhood House, 1 Church St • Boroondara Lions Op Shop, 1350C Toorak Rd • Burwood Health Centre, 400 Burwood Hwy • Camberwell East Medical Centre, 236 Warrigal Rd • Pebble-Mix, 84 Highbury Rd.



Waverley Gem Club Exhibition

THE Waverley Gem Club is holding its 50th Annual Gemcraft and Mineral Exhibition on Saturday 19th September and Sunday 20th September at the Brandon Park Community Centre, 649 Ferntree Gully Road, Glen Waverley, behind the fire station.

Twenty-four gem traders from interstate and Victoria will be selling jewellery and a range of gemstones. As well, the club is selling items made by members and items that will interest gem collectors and the public alike. We have a children's quiz and a very popular fossicking event for children.

A very well stocked kitchen will satisfy everyone for lunches and afternoon teas, as well as a BBQ.

We are open on Saturday 10am to 5pm and Sunday 10am to 4pm. Admission is adults \$5; children (10–17 years) \$2; under 10 years free.

Come along and enjoy a great event. We look forward to seeing you there.

GWEN DUNSTAN
Publicity Officer
Phone 0407 512 883

Burwood East Burwood Brickworks, 70 Middleborough Rd • Burwood One Ferguson Plarrie, 172-210 Burwood Hwy • East Burwood Travel, 6/2 Burwood Hwy • Sofia's Restaurant, 299 Burwood Hwy • Burwood Heights Uniting Church, 347 Blackburn Rd • Spizzico Café & RSPCA Op Shop, Burwood Heights Shopping Centre • Woolworths, East Burwood, 42 Burwood Hwy.

Camberwell Bowen Street Community Centre, 102 Bowen St • Garvey Real Estate, 195 Through Rd • Library, 340 Camberwell Rd.

Canterbury Canterbury N'hood Centre, 2 Kendall St • BASSCare, 2 Rochester Rd.

Chadstone Amaroo N'hood Centre, 34 Amaroo St.

Forest Hill John Mullahy MP, 2 Brentford Square; • Uniting Op Shop, 333A Canterbury Rd • YES Op Shop, 53 Mahoneys Rd •

Glen Iris Uniting Church, Hyslop St • Hawthorn U3A, 26 Sinclair Ave • St Faith's Anglican Church, 4 Charles St.

Hartwell Hartwell P.O., 1166 Toorak Rd • Fordham Ave Milk Bar, 116 Fordham Ave.

Hawthorn Library, 584 Glenferrie Rd.

Kew Library, Cnr Cotham Rd & Civic Dr.

Mont Albert The Boulevard, 369 Mont Albert Rd • Mont Albert Post Office, 1a Hamilton St • Mont Albert Florist, 1 Hamilton St.

Surrey Hills Surrey Hills N'hood Centre, 157 Union Rd.

Vermont Stev-Computer, 71 Morack Rd • Vermont South Library, Pavey Place.

Wattle Park Rotary Recycle Op Shop, 1113 Riversdale Rd.

PLACES OF WORSHIP

ANGLICAN

Camberwell South Anglican

Cnr Toorak Rd & Bowen St. 10am Sunday.
Rev David Huynh. Ph: 9889 4813.
e: david@csac.org.au

Church of the Ascension, East Burwood

Cnr Blackburn Rd & Witchwood Cres. Sun. 8am, 9:30am; Wed. 10am; Fri. 9:30am. Ph. 9802 4863.
w: ascensionchurch.org.au

Holy Trinity, Surrey Hills Cnr Union Rd & Montrose St. Sun 8am, 9:30am, weekly on Wed 10am. 1st Sun 11.15am Kids' Church; 5pm Choral Evensong. Vicar: Rev. Mark Pearce. Office: 9890 2165.
w: holytrinity.sh

St Dunstan's, Camberwell 163 Wattle Valley Rd. Vicar: Fr. Jobby John. Services Sun 9.30 am. Other activities, subject to prevailing COVID restrictions.
w: stdunstans.org.au

St Edward's, Blackburn South 59 Edinburgh Rd. 9:45am Sun service. Vicar: Rev. Jill McCoy.
e: office@stedwards.org.au

St Faith's, Burwood 6-8 Charles St., Glen Iris. Rev. Heather Scott 0433 477 365 e: office@stfaithsburwood.org.au Sun. Eucharist 10am. Labyrinth open daily Updates/special events:
www.stfaithsburwood.org.au

St John's Camberwell 552 Burke Rd Camberwell. Communion: Sun 8am, 10am & 6pm. Tues 12noon. 1st Wed 6:30pm Taize. Ph 9882 4851 e: office@stjc.org.au

St Matthew's, Ashburton 334 High St (cnr Warrigal Rd). Communion: Sun. 9:15am (English) and 10:30am (Malayalam).

St Oswald's, Glen Iris 100 High St, Glen Iris. Ph. 9885 1125. Sun 8am & 10am, Wed. 10am Holy Communion.
e: admin@stoswaldsgleniris.net.au

St Peter's, Box Hill 1038 Whitehorse Rd. Rev. Victor Fan. Services: Sun. 8am, 9.30am, 11:30am (Mandarin Bible Study), 2pm (Dinka). Wed. 10:30am.
Ph. 9899 5122 w: anglicansboxhill.org.au

St Stephen & St Mary, Mt Waverley 383 High Street Rd. Vicar: Rev. Dianne Sharrock. Sun. 8:30am and 10am. Thurs. 10am. Ph. 9807 3168; 0407 334 928.
w: stephenandmary.org.au

St Thomas', Burwood 44 Station St. Vicar: Rev. John Carrick Ph. 9808 3250. Sun. Svcs: 8.15am, 10am (English), 10am (Mandarin), 11.45am (Cantonese),
e: info@sttoms.org

BAPTIST

Ashburton Baptist 8 Y St, Ashburton. Services: Sun 10am (incl. Sunday Club). Ph. 9885 8210 w: ashburtonbaptist.org.au e: info@ashburtonbaptist.org.au

Camberwell Baptist Cnr Riversdale Road and Wills St, Hawthorn East. Sunday Service 10am. Ph. 9813 0538.
e: office@camberwellbaptist.org

Crossway Baptist, East Burwood

2 Vision Dr. Eng.: Sat. 5pm; Sun. 8:45/10:15am. Mandarin: Sat. 5pm; Sun. 10:15am (Zoom). Cantonese: Sun. 8:45/10:15am. Korean: Sun. 10:15am. Indonesian: Sun. 10:15am. w: crossway.org.au

East Camberwell Baptist

Cnr Highfield & Hunter Roads, East Camberwell. Sun. 10:30am.
Pastor: Murray Hogg. Ph. 9836 6063.

Syndal Baptist 588 High Street Rd, Glen Waverley (park off Tricks Ct) Sun. 9am, 11am & 5pm. Ph. 9803 9144,
e: admin@sb.org.au w: sb.org.au

CATHOLIC

St Benedict's, Burwood 299 Warrigal Rd. Ph. 9808 2492. Fr Cameron Smith MGL Mass 5pm Sat, 10am & 5pm Sun. 9am Tue-Sat. w: stbenedicts.com.au e: admin@stbenedicts.com.au,

St Francis Xavier/St Clare Parish, Greater Box Hill SFX Church - Cnr Whitehorse & Dorking rds, Box Hill/**St Clare Church** 138 Woodhouse Gve, Box Hill Nth Father Ignatius Tan. Ph: 9401 6371 Mass: **SFX** Mon - Fri noon, Sat 5:30pm, Sun 7:30am, 10:15am, 5:30pm **St Clare** Wed 9am, Thu 7pm, Sat 9am, Sun 9am, Italian 11am. e: boxhill@cam.org.au w: melbcatholic.org/s/boxhill

St Michael's, Ashburton 268 High Street. Parish Priest: Fr Darien J. Sticklen. Ph. 9401 6345. Mass: Sat 6pm, Sun, 9am, 10:30am. Tues-Fri 10am.
e: ashburton@cam.org.au

St Scholastica's, Bennettswood 348 Burwood Hwy. Fr Cameron Smith MGL. Mon 11am; Tues 9am; Wed 11am; Thurs/Fri 9am; Sat 5:30pm; Sun 9am, 11am. Ph. 9808 2492
e: admin@stscholasticaparish.com.au

LUTHERAN

St Paul's Lutheran Church, Box Hill 1201 Riversdale Rd, Box Hill Sth. English Sun. Service 9:30am, HC; 1st/3rd Tues 1pm. Ph. 9899 0623.

Chinese Lutheran Church of Vic Mandarin & Cantonese Sun 2pm.
w: clcv.org.au

UNITING/PRESBYTERIAN

Ashburton-Burwood Uniting Church 3 Ashburn Gve, Ashburton Ph. 9809 1705. Sun Service 10am. Hall Hire: Pam 9809 2917. Enq. ashburtonuniting@gmail.com or burwooduc146@gmail.com

Ashburton Presbyterian cnr High St & High Street Rd, Opp. 391 High St. . Sun. 10am. e: office@ashburtonpc.org.au w: ashburtonpc.org.au

Burwood Community Presbyterian Cnr of Greenwood & Tennyson Sts. Sun. worship 11am Rev Dr John Elnatan Ph. 0431 662 869. e: john@bcpc.net.au

Burwood Heights Uniting Church

Cnr Burwood Hwy & Blackburn Rd. Burwood East. Minister Rev. Hye-Ja Kim. Office: 9803 7631. Sunday service 9:30am.

Glen Iris Rd Uniting Church & Community Care

200 Glen Iris Rd. Ph. 9885 8219. Rev. Gareth Darlow. 10am Sun. services. BBQ & Communion 1st Sun of month. e: office@gleniris.victas.uca.org.au

Highfield Road Uniting Cnr Highfield Rd and Prospect Hill Rd. Canterbury. Rev Andrew Boyle 0403 976 411 Sunday Service 9:30 am.

St Luke's Uniting, Mt Waverley 94 Essex Rd. Office: 9807 2656. Sun. 9.30am. Fun at Five: 5pm 3rd Sun: craft, song, soup, shared meal - families. Ph. Amy 9803 4462. e: jamesdouglas@ozemail.com.au

Surrey Hills Uniting Cnr Canterbury Rd & Valonia Ave, Surrey Hills. Sun. Svc 10am (incl. Sunday School). Rev. Rob Gotch, e: shuc.vic@gmail.com Ph. 9898 1097 w: surreyhillsuniting.org

OTHER CHRISTIAN CHURCHES

City Edge, Surrey Hills YWAM Base, 19 Middlesex Rd. Pr Ian Gould. Ph. 0490 946 655. Services: Sun. 10:30am.
w: cityedgechurch@gmail.com

Equippers Church, Burwood 144 Highbury Rd. Sun. Service 10am, incl. full kids' program. All Welcome. Ph. 9888 7466 w: www.equippers.com.au/burwood

Grace Christian Community, Box Hill South 234 Elgar Rd. Pastor: Tim Grant 0402 295 691. Sun. Service 11:30am (incl. lunch), activities, children's programs, English conversation.
w: gracechristiancommunity.org.au

Melbourne CSI Church 334 High St, Ashburton. Vicar: Rev. Bijumon Joseph 0447 438 900. Services: Malayalam 1st & 3rd Sun 10:45am, English 09:30am, Combined 10:45am 2nd Sun.

The Salvation Army, Camberwell 7-11 Bowen St. Sun. worship 10am & 5pm. All welcome. Sun/School 10am school terms. Ph. 9889 2468.
w: salvationarmy.org.au/Camberwell

Wattle Park Chapel 234 Elgar Rd, Box Hill South. Pastor: Richard Coombs. Ph. 9808 2728. Sun. 10am. Kids' Club & Seniors' outings, group Bible study.
e: office@wpchapel.org

OTHER FAITHS

Bao Lin Chan (Zen) Buddhist Monastery 94A High Street, Glen Iris. Non-profit Buddhist org. Free meditation classes. Free but please register. Ph. 9813 8922 w: chungtai.org.au

Shree Shirdi Sai Mandir Melbourne 32 Halley Ave, Camberwell. Glorious Sai Baba Temple. Mon-Sun 9am-1pm; 5pm-9pm. w: shirdisai.net.au



BURWOOD NEIGHBOURHOOD HOUSE

TERM 4 • 5TH OCTOBER TO 18TH DECEMBER

So much under one roof,
Something for all!

	MON	TUE	WED	THU	FRI
AM	Yoga 9:05 – 10:05 Tai Chi 10:15 – 11:15 Mandarin for Adults 11:30 – 12:30	Strength Training 9:15 – 10:15 Karaoke 11:00 – 12:00 English Conversation 11:30 – 12:30	Writing Short Stories 10:00 – 11:30 Social Walking 10:30 – 11:30 Social Scrabble 10:30 – 1:30	Strength Training 9:15 – 10:15 Tai Chi 10:30 – 11:30	Zumba 9:30 – 10:30 German for Beginners 11:00 – 12:30
PM	Book Club 1:30 – 3:00	Computer Basics 1:00 – 2:30	Breast Cancer Support Group 12:00 – 1:30	Knitting & Crocheting 1:00 – 3:00 Mandarin for Kids 4:00 – 5:00	Linux Repair Cafe 12:30 – 2:00 Roundtable Discussion 2:00 – 3:30



Learn
More

- 24/7 Open Pantry 🥫 🍞
- Community Bus Trips 🚌
- Rooms Available for Hire 🎉

Annual General Meeting

Join us 1 pm 29th October to review highlights of the past year & share your input for the next.

9808 6292 • contact@burwoodnh.org.au • 1 Church St Burwood • www.burwoodnh.org.au

Community Centres & Activities

Alamein N'hood & Learning

49 Ashburn Gr, Ashburton. Home Maintenance classes, EAL & literacy, Yoga, Pilates, Body Core Strength, iPads, Technology, Financial Wellbeing, Career/Employment, Volunteering. Men's Shed Tues AM & PM. Shopping Bus & seniors' excursions. e: admin@alameinnlc.com.au w: alameinnlc.com.au Ph. 9885 9401.

Amaroo Neighbourhood Centre

34 Amaroo St, Chadstone. Ph. 9807 2625 All welcome. Programs incl. monthly community lunch, free pantry, affordable op shop. Classes incl. knitting, yoga, fitness, art. Volunteers Welcome. e: admin@amaroonc.org.au

Ashburton Community Centre

160 High St, Ashburton. Ph: 9885 7952 e: office@ashburtoncc.org.au Term-based classes, workshops, casual classes & social activities. Free trials available. Room hire for meetings & training. See our website for more details & to enrol online. w: ashburtoncc.org.au

Ashburton Seniors Centre

296 High St Ashburton. Exercise programs incl.: Gentle exercise, Line dancing, Zumba Gold, Qui Gong. Social activities include: Bus excursions, Table Games, Craft, Art, Entertainers & guest speakers. Ph. 1300 591 464. w: samarinda.org.au

Avenue N'hood House @ Eley

87 Eley Rd, Blackburn Sth. Activities & classes incl. exercise, crochet, mahjong, writing, yoga, computers, poetry, ukulele, iPads, meditation, line dancing, scrabble, social cards, sketching, bingo, carpet bowls & Pilates. Weekly cafe (Fri); special needs programs; Refresh for teens. Ph. 9808 2000. e: info@theavenue.org.au w: theavenue.org.au

Balwyn Community Centre, Surrey Hills

412 Whitehorse Rd. Ph. 9836 7942 Classes/workshops incl. art; crafts, cooking, language (Italian, French, German); fitness/exercise, Pilates, Yoga, Tai Chi, meditation. Special interest groups, monthly Vege Swap & community groups. Function Centre small room hire. w: balwyncc.org.au e: reception@balwyncc.org.au

Balwyn Evergreen Centre

45 Talbot Ave. Ph. 9836 9681. Over 65s activities: group exercises, line dancing, outings, community lunch/entertainment, Supported Lifestyle Program, ladies' discussion group, men's exercise, info sessions, transport, podiatry, rooms for hire. w: balwynevergreen.org.au e: office@balwynevergreen.org.au

BASScare The Canterbury Centre, 2 Rochester Rd. Activities for over 55s incl. outings, exercise, Seniors Yoga, Strength & Balance, art/craft groups & tech assistance. Ph. 9889 4709. e: socialsupport@basscare.org.au w: basscare.org.au

Bennettswood N'hood House

7 Greenwood St, Burwood. Social groups & activities: arts, music (ukulele/singing), Be Connected tech training, gentle exercise, dementia-friendly lunches & venue hire for community groups, children's parties/classes. Ph. 9888 0234. e: info@bennettswoodnh.org.au w: bennettswoodnh.org.au

Blackburn North N'hood House

109 Koonung Rd, Blackburn Nth. Classes/workshops incl. Exercise, Yoga, Watercolour painting, Childcare & community playgroup, Drawing, Craft, Mahjong, Book Groups, Grandparents' Playgroup, Men's walking group, support groups & venue hire. Ph. 9878 6632. e: admin@blackburnnorthnh.org.au w: blackburnnorthnh.org.au

Bowen Street Community Centre

102 Bowen St Camberwell. Activities incl. Playgroups, IT help, Italian (Inter and Adv), French & Spanish conversation & Yoga. Free trials avail. CCS Approv. Childcare: 4 hrs Tues & 5 hrs Wed–Fri. Preschool party hire/ meeting rooms for hire (short & long term). w: bowenstreet.org.au Ph. 9889 0791. e: info@bowenstreet.org.au

Box Hill South N'hood House

47 Kitchener Street. Ph. 9898 8270. w: bhsnh.org.au Programs incl. fitness (Yoga, Pilates, Strength training), Art/crafts (watercolour, botanical drawing, craft). Languages: French. Group & social activities, computer training. Whitehorse Urban Harvest Swap. Umbrella Dementia café. Room hire. e: info@bhsnh.org.au

Camberwell Community Centre

33 Fairholm Grove. Acrylics, Pastels, Drawing, Oil Painting, Watercolour, French, German, Spanish, Yoga, Tai Chi, Pilates, Line Dancing, Qigong, Pottery, Walking Group, Book Club, Bridge, Solo, Mahjong, Seniors Groups Ph. 9882 2611 e: contact@camberwellcc.org.au w: camberwellcommunitycentre.org.au

Canterbury Neighbourhood Centre

2 Kendall Street. Watercolour, open art, upholstery, literature, writing, history, yoga, Pilates, Tai Chi, Zumba, walking groups, book clubs, French & Italian language classes, mah jong, bridge, garden club etc. Free trials avail. Ph. 9830 4214 w: canterburync.org.au

Clota Cottage Neighbourhood House

31 Clota Ave, Box Hill. Learn/ socialise/join in. Courses: Computers/ Digital Devices, Business Admin. Chinese speaking computer group. English & Mandarin classes. CHSP activities for over 65s incl. exercise, movies & outings. Gardening group, volunteer opportunities etc. Ph. 9899 0062. Visit website for info. & sign up for our newsletter: clotacottage.org.au

Craig Family Centre

7 Samarinda Ave, Ashburton Ph. 9885 7789. **Occ.** Care & Kinder programs, Facilitated Playgroups, Primary & Secondary homework support, Seniors Activities, Volunteer Opportunities, Hall Hire. e: enquiries@craigfc.org.au w: craigfc.org.au

Kerrie Rd Neighbourhood House

36 Kincumber Dve Glen Waverley. Ph. 9887 6226. Yoga, Strength Training, Pilates, Gentle Exercise, Salsa Dancing, Kids/adults' Art Classes, Playgroup, French/Spanish classes, Mon. Walking Group, Knitting Group, Japanese Playgroup, Waverley Widowed Support Group, Hungarian Social Group. e: info@knh.org.au w: knh.org.au

Kerrimuir Neighbourhood House

57 Linda Ave Box Hill Nth. Ph. 9899 7660. Range of classes & activities to suit all ages. From Art Classes to Strength & Fitness. See our website for more details: w: kerrimuirhouse.org.au

Louise Multicultural Comm. Centre

Suite 8, Town Hall Hub, 27 Bank Street, Box Hill. Ph. 9285 4850. Classes/activities: EAL/ESL (beginners, inter., advanced), Mandarin, Computer/iPad, Conversation Groups, Korean Drumming, Knitting, Social interest, Aust. Culture & History, Chinese & Korean Calligraphy; Dancing for Fitness. w: louise.org.au, e: info@louise.org.au

Mount Street N'hood House

6 Mount St, Glen Waverley. Drawing/ Painting, Mosaic, Decoupage, Paper Tole, Patchwork & Quilting, Yoga, Strength Training, Pilates, Gentle Exercise, Meditation, Seniors IT – basic/advanced computer skills, Tablets, Smartphones. e: mountst@msnh.org.au w: msnh.org.au Ph. 9803 8706.

Phoenix Park N'hood House

22 Rob Roy Rd Malvern East. Walking groups, Pilates, Yoga, Tai Chi, HeartFIT, Zumba gold. iPad /Tablets classes. Art classes adults/children. Writers, Discussion, Film & photography groups. Mahjong, Singers, Art & Craft. Hrs 9–4:30/3pm Fri) Ph. 9530 4397 w: phoenixparknh.org.au

Community Notices

Power Neighbourhood House

54 Power Ave, Ashwood. Ph. 8849 9707. English Language, Art for Health & Wellbeing, Gardening, Children's Storytime, Chinese Social Group, Art & Craft, Carer Support, Connecting Teens, Yoga, Crochet & Knitting, Book Group, Homework Club, Asperger's Vic., C'well Salvos, Free Bread Tuesdays, Public Computer Access, Wheelchair access. e: office@powernh.org.au w: powernh.org.au

Surrey Hills Neighbourhood Centre

157 Union Road. Ph. 9890 2467. e: enquiries@surreyhillsnc.org.au w: surreyhillsnc.org.au Mon-Thu 9am-3:30pm Fri 9am-2:30pm. Venue hire. Playgroup, drop in m/tea, disc. groups, laughter, painting & drawing, craft, cooking. Active: Tai Chi, bike riding, Pilates, walking, yoga, Qi Gong, strength training, short courses, workshops.

Vermont South N'hood House

1 Karobran Drive, Vermont Sth. Where all people belong. JP, Art as Therapy, Barista, French, Drawing & Painting, Mosaics, Patchwork & Applique, Chair Yoga, Strength Training, Tai Chi, Yoga, Sketching for Children/Tweens. Knit & Chat, Walking Groups, Room Hire & more! Ph. 9803 2335. e: info@vsnh.org.au w: vsnh.org.au

Waverley Community Learning Centre

5 Fleet St, Mt Waverley. Ph. 9807 6011. Programs & activities include: art, sewing, crochet, fitness drumming, pilates, strength training, yoga, calligraphy, creative writing, technology, English classes, children's art, Lego robotics, cooking & more. w: wclc.org.au e: info@wclc.org.au



Childcare & Activities

Aurora School, Blackburn South

Specialist school for young deaf & deaf blind children. Mon-Fri 9am-3pm. Early intervention staff visit families in homes. 96 Holland Rd. Ph. 8878 9878.

Avenue N'hood House @ Eley, Blackburn Sth

Occ. care 9am-3pm Mon-Fri (bookings essential). Bubba Beats music group for children 0-4 yrs. Thurs morns. Ph. 9808 2000. w: theavenue.org.au

Blackburn North Neighbourhood House Childcare

Blackburn North N'hood House 109 Koonung Rd. Tues, Thurs & Fri 9am-2pm Enq: 9878 6632.

Clay Youth Group Evening Christian program for highschoolers. All welcome. 7.30-9.30pm. St Thomas Anglican Church, 44 Station St, Burwood. e: joshuam@sttoms.org

Community Playgroup Blackburn North N'hood House 109 Koonung Rd. Mon 10am-12noon term time. \$5 per family per session. Ph. 9878 6632.

Facilitated Grandparents' Playgroup

Blackburn North Neighbourhood House 109 Koonung Rd. Wed. school terms 9:30-11:30am. \$45 per term. Ph. 9878 6632.

French Playgroup in Camberwell

"Le jardin des enfants". Camberwell South Anglican Church, 101-103 Bowen St. Wed 10-11:30am. \$5 per family. Ph. 0450 676 537. e: french@csac.org.au

Grandparents/New Families

Playgroup, Camberwell Bowen Street Community Centre, 102 Bowen St. Various times. Ph. 9889 0791. e: info@bowenstreet.org.au

Playgroup at Burwood Heights

Uniting Church Cnr Burwood Hwy & Blackburn Rd East Burwood. Wed. 10am school terms. Ph. Edith 0410 756 203 or Marg 9955 4532.

Playgroups & Kids' Club St Thomas Anglican Church, 44 Station St, Burwood. Playgroup Tue (English) & Thur (Chinese) 10am-noon. Yr 1-6 Thurs 3.30-6pm incl. dinner. e: rachelgh@sttoms.org

William St. Playhouse, Hawthorn

Mon-Thurs 9am-3pm. \$80 per 6-month family membership incl. Mon activity group. Ph. 9819 2629. e: Williamstplayhouse@hch.org.au

Community Music & Singing

Blackburn North Sing Australia Group

Thurs 7:30pm. Community Centre Forest Hill Village, 264 Springvale Rd. Perform for comm. orgs. 1st wk free; no auditions. Ph. Mick 0414 484 080.

Box Hill Chorale Friendly community choir meets Mon 7.30pm at Box Hill Community Arts Centre. Singers from 15 up welcome. e: info@boxhillchorale.org.au

Celtic Jam Blackburn North N'hood House 109 Koonung Rd. Wed 6:30-7.30pm Introduct.; 7:30-9pm Easy-going jam session. Learn a tune. New members welcome \$4 per week.

Cloud9 Women's Choir Nth Balwyn Uniting Church, 17-21 Duggan St. We rehearse Thurs. 7:30-9:30pm school terms. w: cloud9womenschoir.com

Creativity Australia - With One Voice, Ashburton

Ph. 8679 6088 Ashburton Baptist Church, 8 Y St. Entry: Marquis St carpark. Tues. 6:15-7:30pm. Supper incl.

e: withonevoice@creativityaustralia.org.au

Gilbert & Sullivan Opera Victoria, Blackburn Sth

Rehearse Sun PM +2 weekday PMs in Scouts Performing Arts Centre, Blackburn Sth, producing 4 productions annually. Ph. 0490 465 009 e: info@gsov.org.au w: www.gsov.org.au

Majellan Singers, Ashburton

Like to join a small, friendly women's choir? Rehearsals in Ashburton Wed. 7:30-9:30pm. \$450 p.a. For info or audition Ph. Rosemary 0416 267 500.

Melbourne Tramways Brass Band

Friendly, inclusive group. Welcomes new members. No audition, basic lesson avail. Rehearse Mon 8pm Camberwell RSL Hall, 403 Camberwell Rd. Info Ph. Mark 0400 542 768. e: exec@melbtramband.org.au

Open Door Community Singers

Habitat Uniting Church, cnr Burke & Mont Albert Rds, Canterbury. Mon 7:30-9:30pm. \$85 pa (admits to all Open Door choirs), \$10 per night. Ph. 0419 894 340.

Open Door Gospel Singers

Details as above. Thurs 7:30-9:30pm.

reCHOIRed Community Choir

Rehearses in Surrey Hills 7:30-9pm Wednesday school terms. No auditions. e: pricetj1963@gmail.com w: rechoired.com

Sing Australia Choir, Camberwell

Camberwell Uniting Church, 314 Camberwell Rd. Community-based choir. Tues. 10am-noon. Annual sub., plus \$10 per visit. No auditions. Ph. 0439 381 091.

Treble Tones Join ladies who enjoy singing. Rehearsals Wed mornings, Burwood. Membership \$150pa. Ability to read music desirable. Regular 1-hour performances to the wider community. Ph. Lorraine 0497 170 276.

Ukulele & Singing (BUGSS)

Bennettswood Neighbourhood House, 7 Greenwood St, Burwood. Mon. 11:30am-12:45pm. Ph. 9888 0234. e: info@bennettswoodnh.org.au

Victoria Welsh Male Choir, Blackburn South

Wed. 7:30-9:30pm St Edward's, Edinburgh Rd. Ph. David on 0413 077 573. Looking for men who can hold a tune. Great camaraderie. w: vicwelshmenschoir.com.au

Yarra Gospel Community Choir

Friendly inclusive group, inspiring songs, 1st night free, no auditions. \$15/week or \$100/term. Music provided, supper incl. Thurs 7pm in Surrey Hills. Ph 0421 337 430 e: info@yarragospel.org

Community Notices

Community Shopping

Animal Welfare Op Shop, Camberwell
1355 Toorak Rd. Mon–Sat 11am–5pm.
Shop, donate, recycle. Nothing over \$20.
Quality new/recycled clothing, books, etc.
We can pick up. 9889 9435 shop hours.

Lions Club of Boroondara Central Op Shop 1350C Toorak Rd, Camberwell.
Ph. 9809 4950. Bric-a-brac, clothes, furn., etc.
Mon–Thurs 10:30am–4:30pm (Fri–4pm), Sat
9:30am–12:30pm. Proceeds to community.

Monash Rotary Op Shop 13 Barlyn
Road, Mt Waverley. Mon–Fri 10am–4pm;
Sat 10am–1pm. Op shop goodies incl.
small electrical appliances. Bargain
prices. Join our VIP list, meet our
volunteers, have a chat.

Rotary Recycle Op Shop, Surrey Hills
1113 Riversdale Rd. Excellent range of
books/bric-a-brac/ladies wear. All profits
to community projects. Mon–Fri 10am–
4pm; Sat 10am–1pm. Volunteers welcome.

Rotary Recycled Treasures Op Shop, Blackburn 113 Canterbury Rd.
Ph. 0451 200 237. Books, clothing,
jewellery, bric-a-brac. Accept elec.
goods. All funds to Charity Projects.
Mon–Fri 10am–4pm, Sat 10am–1pm.

RSPCA Op Shop Burwood East
Shop 10 / 2–8 Burwood Hwy. Quality,
ethical & environmentally friendly
treasures. Help care for our animals.
Hours: Monday to Saturday 9–5.

Salvation Army Thrift Shop, Ashburton 401 High St. Books, toys,
clothing, bric-a-brac. Accept elec. goods,
not monitors/TVs/scanners. 8:30am–5pm.
Mon–Sat. Leave goods at Shop rear bus. hrs.
Ph. 9885 4965.

Samarinda The Ashy Op Shop
Cnr High St & Welfare Pde. Mon–Fri
10am–4.30pm, Sat. 9:30am–4pm, Sun
11am–3pm. Easy drop off. All proceeds
help aged locals. Ph. 9058 6050.

Uniting Op Shop, Forest Hill
333A Canterbury Rd. Newly renovated Op
Shop, Open 9.30am–1.00pm, Tues–Sat.
Friendly volunteers. All funds to local &
O/S charities. Ph. 0411 490 365.

Vinnies Mont Albert 24 Hamilton St.
Ph. 9898 0720. Mon–Sat 10am–5pm. A
unique Op-shopping experience with a great
range of clothing, homewares, books etc.

YES Op Shop, Forest Hill
53 Mahoneys Rd. Ph. 9877 1881. Youth
Education Support Inc. sponsors young
disadvantaged people. Shop, donate,
volunteer. Books, toys, clothing, bric-a-brac.

Crafts & Hobbies

Abbey Girls of Victoria Phone
Margaret on 9886 0232. Bennettswood
N'hood House, 7 Greenwood St. Club
based on Elsie J. Oxenham's books.

Australian Philatelic Society
Memorial Homes Hall, 152 Canterbury Rd,
Canterbury. Meets bi-monthly. Interesting
displays at meetings. Visitors/ new members
welcome. Ph. John Young 9889 1385.

Box Hill Art Group Inc. NFP. Highly
qualified tutors. Flexible classes: beginners/
experienced in watercolour, oils, pastel,
acrylics, etc. Ph. Eric 0424 775 540.
w: boxhillartgroup.com.au

Box Hill Hand Spinners & Weavers
Box Hill Comm. Arts Centre, 470 Station
St. NFP. Meet Wed 7–9.30pm Thurs 10am–
2pm. Workshops in dyeing, felting. Library
& equip. loan avail. Ph. 0400 669 383.
e: boxhillspinweave@gmail.com

Camberwell Camera Club Rutherford
Rm, St John's Anglican Church, 552 Burke
Rd. Ph. Wolf 0428 398 446. 7:30pm,
2nd/4th Mon. Speakers, comps, outings.
w: camberwellcameraclub.org.au

Camberwell Film Society 3rd Wed
(Feb–Nov), 2nd Wed Dec with party.
Prompt 7:30pm start. Camberwell Comm.
Centre, 33 Fairholm Gr. Includes tea/
coffee. Must be 18 years+. Ph. Bill Kerr
9347 6969. e: wkerr@access.net.au

Dream Stitches St Aidan's Church Hall,
10 Surrey St, Box Hill Sth. Friday 9:30am–
noon school terms. Community-based
sewing for migrant & refugee women. w:
dreamstitches.org.au

Forest Hill Woodturners Sat 9:30–
noon; Mon (2 sessions) 9:30–noon
& 12:30–3pm. Warrawong Annex, 32
Richmond St, Blackburn Sth. Learn &
practise woodturning with quality equip.
& skilled instructors. w: fhwt.org.au

Jane Austen Society of Melbourne Inc., Ashburton Purves House, 303
High St. Meet 2pm last Sat. Feb, Apr, Jun,
Aug, Oct, Nov. Guest speakers, afternoon
tea, raffle. Guests welcome. Charge \$5.
Ph. 0407 985 614. w: jasm.org.au

Melbourne Playing Card Collectors
Alkira, 3 Thurston St Box Hill, 1st
Sat Feb–Dec. 12–4pm. Cost \$5. Incl.
refreshments. Discuss cards with like-
minded people. Ph. 9725 2461.

Melbourne Numismatic Society Inc.
Meets Nunawading Community Hub,
Studio 3 Upper ground floor, each 2nd
Thursday except Jan. Learn about coins
notes, badges, medallions. Ph. 9725 0945.
e: monica.deknecht@bigpond.com.

Needlework Tapestry Guild of Victoria Inc. Box Hill Comm. Arts
Centre, 470 Station St. Sat 8:30am–3pm
2nd Wed 11am–3pm. Ph. Anne Bryan
0400 644 086 or 9728 3256.
e: eannebryan@gmail.com

Nunawading & District Lapidary Club
Nunawading Community Hub, 96
Springvale Rd. Club night 2nd Wed.
Mineral group 3rd Wed. Juniors (12–16)
Sat 1–4. Cut & polish gems & silver work.
ndlc@ndlconline.asn.au

Power N'hood House Book Group
54 Power Avenue, Ashwood. Chat about
books over a cuppa. Meets 3rd Wed,
10–11:30am with bestsellers from free
Monash Library Book Group. All welcome.
w: powernh.org.au

Surrey Park Model Boat Club
Meets Wed & Sun mornings 9am–noon
at Surrey Park Lake. Supports a range of
model boating interests. w: spmbc.org.au

Victorian Button Collectors' Club
Burwood Hts Uniting Church, cnr
Burwood Hwy & Blackburn Rd. 2nd Tues
8pm. w: vicbuttonclub.com.au

Victorian Egg Decorators' Guild
Craig Family Centre, Ashburton. Meet
1st Sat. Feb, Apr, June, Aug, Oct, Dec.
Displays/workshops of egg art using
real egg shells. Ph. Helen 0409 589 424
Instagram @vic.egg.decorators.guild.inc

Waverley Film Society, Mt Waverley
Church hall, St John's Uniting Church
Virginia St. 7:45pm 2nd Wed Feb–Dec.
Older "classic" films. Ann. m/ship \$30 (1st
visit free). Ph. Brett 9807 3426.
w: waverleyfilm.org.au

Waverley Gem Club Central Reserve,
Glen Waverley. Wide range of activities:
gem cutting, silver smithing. Training at
Mt Waverley. Ph. Garry 0425 710 006
e: waverleygemclub@gmail.com
w: https://tinyurl.com/y5gp8s4j

Waverley Scale Modelling Club
Wadham House, 52 Wadham Pde, Mt
Waverley (behind library). Meet 2nd Tues,
Feb–Dec, 7:30–10:30pm. NFP for Scale Model
builders. Ph. Edward Russell 9857 6891.

Waverley Patchworkers Inc.
Mt Waverley Community Centre, Millers
Cres. 4th Monday of the month, 7–9pm.
Also, day meetings available.
e: info@waverleypatchworkers.com.au
w: waverleypatchworkers.com.au

Waverley Woodworkers Inc.
Central Reserve, Glen Waverley. Under
Grandstand. Enter from Springvale Rd.
New members welcome. Open 7 days
(AM) & some other times.
w: waverleywoodworkers.com

Whitehorse Film Society, Willis Rm,
Whitehorse Civic Centre, 379 Whitehorse
Rd, Nunawading. 2pm, 1st/3rd Sat. Feb–
Dec \$55. Ph. 9877 1474 or 9800 1825
w: whitehorse.filmsociety.org.au



Dance & Exercise

Box Hill Ballet Association Inc.

NFP. Classical ballet (Cecchetti), Jazz, Tap, Folk, Wu Tao. Students 3yo–adult. Adult beginners. Ph. 7067 3310.

w: boxhillballet.com.au
e: info@boxhillballet.com.au

Dance for Fitness Box Hill Community Arts Centre, 470 Station St. Mon, 1–2pm. Low impact informal dance class for those who don't like gym. Ph. 9895 8888. w: bhcac.com.au

Dance for Parkinson's, Camberwell Uniting Church, 314 Camberwell Road. Fridays 10–11am. \$5 donation. e: quixoticdancetech@gmail.com

English Country Dance Bennettswood N'hood House, 7 Greenwood St, Burwood. Tues 8–10pm. \$5. All dances taught. Partners not nec. Think Pride & Prejudice. Ph. George on 9890 5650.

Hong Kong Club Tai Chi Group

Evergreen Centre, 45 Talbot Ave, Balwyn. Tai Chi & Qigong classes – various forms. Sat. 8:30am–1pm. Ph. Sam 0418 101 937 e: hongkongclub.taichigroup@gmail.com

Let's TAP Cardio & Low Impact Tap Dancing Classes Experience not req, enthusiasm & energy essential. \$22 a session, \$100 per 6–class pass. Ph. Lisa 0431 887 697 w: LetsTAP.com.au pass.

Scottish Country Dancing, Surrey Hills Surrey Hills Uniting Church, 679 Canterbury Rd, Tues Mar–Nov 7:30–10pm. \$7. Beg. & exp. welcome. Flat, soft shoes. Ph. 0425 883 218. e: boxhillscottish@yahoo.com.au

Surrey Dance East Malvern RSL Stanley Grose Dv.(off Winton Rd) Friendly & welcoming venue. Ballroom, New Vogue & Latin. Tues 1–4pm Ph. Debbie. 0412 297 025.

Education/Self-improvement

Boroondara Toastmasters Burwood N'hood House, 1 Church St. 1st & 3rd Thurs 7:30pm Communication, leadership and self-communication skills. e: boroondara.toastmasters@gmail.com Ph. 0408 008 801.

Glen Iris Toastmasters Club Glen Iris Community Centre, 200 Glen Iris Rd. 2nd/4th Wed 7:15pm. Improve leadership, public speaking, self-confidence. Ph. 0420 846 853. e: vidhu1001@gmail.com

Let's Talk English English teaching program at Camberwell Baptist Church 10–11:30am Saturdays school terms. 460 Riversdale Rd, Hawthorn East Ph. 9813 0538

Mpower Me Homework Club

54 Power Ave, Ashwood. A fun group with qualified tutors supporting primary school children with homework on Tuesdays during school term 3:30–5pm. Ph. 9807 3589.

Speaking Made Easy, Camberwell Camberwell Library, 340 Camberwell Rd. 4th Thurs 12 for 12:15pm start. Public speaking for women; communicating with confidence; meeting procedures. Ph: 0459 186 670 w: speakingmadeeasy.com.au

U3A, Box Hill 29 Strabane Ave. Learning & social activities for seniors. Art, exercise, games, history, iPad, languages, literature, meditation. Ph. 9898 3336. w: u3aboxhill.com.au

U3A, Hawthorn 26 Sinclair Ave. Ph. 9821 0282. Educational, creative courses for retirees/semi-retirees. 90 courses/activities. Low annual fee. 10:30am–1:30pm Mon–Fri. w: u3ahawthorn.org.au

U3A, Nunawading Ph. 9878 3898. e: admin@u3anunawading.org.au Semi & Retired people; 250+ classes: IT, languages, art craft, humanities, science, exercise etc. w: u3anunawading.com.au

Environment & Gardening

Back2Nettleton Friends, Glen Iris

Share the joy of scattering mulch, pulling weeds & planting, finishing with a cuppa & chat. Contact Ruthie Scharley or Jeff Patchell (Ph. 0419 394 979) or e: Back2Nettletonfriends@gmail.com

BASScare Maranoa Club Gardening. 6 Faversham Rd, Canterbury. Monthly workshop with master gardener Martin. Cost: \$5, Incl. morning tea. Ph. 9880 4709. e: socialsupport@basscare.org.au

Bellbird Dell Reserve, Vermont Sth Ph. 9262 6333. Working bees 1st Sat. 10am–noon, m/tea. Dig and make friends! Check Dell noticeboard, take garden gloves, tools provided. e: info@bellbirddell.org

Box Hill Garden Club Springfield Park Pavilion (cnr Dorking & Springfield roads) 3rd Tues 10am. Guest speakers. All welcome. Ph. Yvonne 9808 5112. e: boxhillgardenclub@gmail.com

Bungalook Nursery, Blackburn Sth Buy/help prepare/propagate indigenous plants to distribute to homes/parks; collect seeds/cuttings. Also friendly volunteer Social events. See website for times. e: wcipp@yahoo.com.au w: wcipp.org.au

Burwood Community Garden

Grow your own flowers/veges in one of our 16 plots at 15 Sinnott St. \$20 joining fee, \$50 deposit (refundable if garden left in good condition) & \$20 pa. Contact the Secretary: burwoodcg@gmail.com

Camberwell Morning Garden Club

Camberwell Petanque Club rms, Wakefields Gr. (Mel. 60F4) 9:45am–noon, 2nd Thurs, Feb–Nov. Plant stall, outings. Visitors welcome Ph. 0413 790 051 e: cmgcvic1979@yahoo.com

The Field Naturalists Club of Victoria Inc. Groups hold monthly meetings 1 Gardenia St, Blackburn. Visitors welcome for small fee. Groups: Botany, Fauna, Geology & more. Special juniors group. w: fncv.org.au

Friends of South Surrey Park 909–911 Riversdale Rd, Surrey Hills. New volunteers welcome to working bees. Last Sun. & every Tues. 10am–noon. w: facebook.com/southsurreypark Ph. 0437 959 013.

Friends of Wattle Park

We meet 10am, 1st Sat each month in the top carpark near the Anzac memorial. Assistance welcomed. Coffee, food & discussion follows. Details Ph. 044 8052 604; e: ewalmsle@bigpond.net.au

Greenlink Box Hill Indigenous Plant Nursery Indigenous plant nursery run by volunteers in nursery or parklands. Open Tues/Wed 9am–noon. Ph. 0479 121 653 (Tues/Wed) e: greenlinkboxhill@gmail.com

Lighter Footprints – Climate Action Group Guide Hall, Faversham Road, Canterbury. All welcome. Last Wed. 7pm for 7:30–9:30pm. More info: 0411 115 186. w: lighterfootprints.org

Vermont Garden Club Feb–Nov 2nd Thurs 8pm, Whitehorse Horticultural Centre, 82 Jolimont Rd, Forest Hill. Trading table, Bench, Raffle, Guest speakers, Supper. Friendly environment. All welcome. e: Louise, vermontgardenclub@gmail.com

Waverley Bonsai Group 3rd Tues 8pm, St Johns Church Hall, 37 Virginia St, Mt Wav. All levels plus weekend workshops. Annual show in August. New members welcome. Ph. Bruce Wensor 9802 8529.

Waverley Garden Club Mt Waverley Community Centre, 47 Miller Cres. Meets 1st Fri 7:30 for 8pm. Monthly guest speakers. Ph. Gill Read 0409 568 422. E: info@waverleygardenclub.com

Flowers & Floral Art Groups

Camellias Victoria Inc. East Burwood Uniting Church Hall, cnr Burwood Hwy & Blackburn Rd. Meets monthly 8pm 2nd Wed, Mar–Nov inclusive. Visitors welcome. w: camelliasvic.org.au

Chrysanthemum Society of Victoria Inc. Burwood Heights Uniting Church Hall, Cnr Blackburn Rd & Burwood Hwy. 2nd Sat 2:30pm. (excl. June). Cultivation specialist society to exhibition standards. Ph. 9898 5458.

Early Morn African Violet Group, Alvie Hall, cnr Alvie & High Street rds. Mt Waverley. 1st Mon. at 8pm & 3rd Wed. at 10am. Learn how to grow African violets, and make new friends. Ph. 5678 8814.

Next Community Notices deadline: 1 November 2026

Email: freenotices@burwoodbulletin.org **or phone** Chris on 0413 412 844.

Community Notices

For Teens

Australian Youth Band, Ashwood

Musical standard no lower than AMEB 5th Grade or equiv. Rehearsals Sat. 9am-noon, Parkhill Primary School Recreation Hall. Ashwood. w: ayb.org.au

Bao Lin Teens Meditation Class

94A High St, Glen Iris. Sat 7-9pm fortnightly. Learn lost art of mindfulness & discover happiness through Zen meditation. Classes free!

w: chungtai.org.au Ph.9813 8922

Box Hill Jiu Jitsu

Self defence-oriented martial arts training held at Aqualink Box Hill. Wed evenings & Sat afternoons. Beginners welcome.

e: dan@bhjj.com.au w: bhjj.com.au

Box Hill Library Study Support

Weekly (12-18 years) Free program provides help with maths, science & English. School terms: Thurs 4-6pm at the Library. Incl. Wi-Fi, computers & printing. Ph. 9898 9340. wml.vic.gov.au/Services/Children-Youth/Teenagers-young-adults

Connecting Teens, Ashwood

Social group (13-18 yrs); Power N'hood House, 54 Power Ave. For all teenagers - esp. high functioning with Autism, Asperger's, ADHD. Ph. 9807 3589; e: office@powernh.org.au

Epee and Sabre Fencing

Learn Olympic sport of the sword: Fencing! Beginner classes every term. All equipment provided. Sat. 10-11:30am; Tues. 7:30-9pm. w: whitehorsechevaliers.com Ph. 0450 556 330.

Girl Guides Local age-specific groups welcome girls (6-10yrs; 10-13yrs; 14+). Weekly programs focus on new skills & challenges, self-respect, leadership & outdoors (incl. Camps). w: guidesvic.org.au

Homework Help Club, Surrey Hills

Run by young adults during school term, free tutoring Yrs 7-10: Maths, English, Science. Fri. 5:30-7pm. St Stephen's Presbyterian Church, Canterbury Rd.

Monash Youth Services

Info, support, referral, range of programs/activities for 10-25 y.o. Free service. 14 Bogong Ave, Glen Waverley. 9am-5pm, Mon-Fri. Ph. 9518 3900. w: myfs.org.au

Nunawading & District Lapidary Club

Nunawading Community Hub, 96 Springvale Rd. Club night 2nd Wed. Mineral group 3rd Wed. Juniors (12-16) Sat 1-4. Cut & polish gems & silver work. ndlc@ndlconline.asn.au

Scouts Make new friends, expand your world. Offers an exciting & varied program for youth (boys and girls) aged between 5-25. w: scouts victoria.com.au

Waverley Gem Club Central Reserve, Glen Waverley. Ages 11 upward. Learn working with gemstones. Join us for field trips with parents & find your own gems. Ph. 9561 4027.

e: waverleygemclub@gmail.com

Friendship & Activity Groups

Avenue N'hood House @Eley,

Blackburn Sth 87 Eley Rd. Social groups meet weekly for interests incl. sketching, scrabble, crochet & cards for social players. Ph. 9808 2000. w: theavenue.org.au

Boroondara Life Activities Club,

Camberwell Day trips, lunches, mah-jong, table tennis, scrabble and other activities. Ph. Lyn 0413 783 274.

Burwood Ladies Social Group Come meet new people and plan outings over tea or coffee. Monthly first Tues at 1pm, Ph. 9808 6292.

Camberwell Friendship Group

Friendly, interesting retiree group seeking new members. 3rd Thursdays at 12noon for lunch (\$20 incl. drink of choice) at Harp of Erin Hotel, East Kew. Ph. Yvonne 0432 041 593.

Camberwell Italian Senior Citizens

405 Camberwell Rd. Outings/bingo/lunches. Ph. Teresa Donato 0412 840 703.

Coffee Connect @ Camberwell

Baptist Friendship time over coffee Wed. morning in Fellowship Centre; enter Riversdale Rd. Weekly during school terms 10am-noon. Share & make new friends. Ph. Margaret on 0412 422 309.

Friends Getting Together Inc. A NFP active social club for single people 55+. Full calendar of events every month. For info: w: friendsgettingtogether.org.au

GOLD (Growing Older Living

Dangerously) Friendly, supportive women over 55. Fun, new experiences. 10:35am-12:30pm 2nd Thurs. Craig Centre, 7 Samarinda Ave, Ashburton. Ph. 9885 7789. e: craig.cd@craigfc.org.au

Novus 50+ Singles Group

Friendly & welcoming social group in eastern suburbs meets for weekly dinners at hotels/restaurants plus dances. Ph. Denise 0417 591 122 or email: novussingles@gmail.com

Whitehorse Activities Club

Various groups: dancing, sporting activities, cards, walking groups, board games & golf. New members welcome. e: waclubsecretary@gmail.com w: whitehorseactivitiesclub.org.au

Probus Clubs

For information about local Probus Clubs please go to our website at
burwoodbulletin.org/probus-clubs

Health & Support Groups

Anxiety Recovery Centre Victoria

(ARCVic) OCD & Anxiety Support Group. 1st/3rd Tues 7:30-9:30pm Hawthorn Community House. 32 Henry St, Hawthorn. Ph. 9830 0566. e: admin@arcvic.org.au

Aphasia Support Group Link Health & Community - Batesford Hub, 94 Batesford Rd, Chadstone. Fortnightly group for Aphasia sufferers & their families. Ph. 1300 552 509. w: linkhc.org.au

Betting On A Better Life!

MonashLink Community Health project. Gambling concerns? Activities. Ph. Judy Avisar 0426 245 897 or 1300 552 509. e: javisar@monashlink.org.au

Balwyn Evergreen Centre Supported Lifestyle Program

Fri 10am-3pm. For those less mobile with mild dementia/cognitive impairment. Incl exercise class, morning/afternoon tea, lunch, activities. Ph. 9836 9681.

Blackburn Take Off Weight

Naturally Club Avenue N'hood House @ Eley, Eley Rd. Friendly Weight Loss Support. NFP weight loss club can help you. Meets Mon, 9:30-11am. Ph. Rene Gale 0409 010 068.

Box Hill Prostate Cancer Support

Group 9:30-11:30am, 3rd Tuesdays. Box Hill RSL Upton Room, Nelson Rd. Onsite parking. Ph. Bert Alesich 0418 344 057

Day Respite for People Living with

Dementia Samarinda's Elsie Salter House, 11 Marquis St, Ashburton. Day respite for carers of those living with dementia, memory loss or confusion. 4 days p.w. Ph. 1300 591 464



Disability Support & Respite Program

Social groups for young people 16 yrs up with intellectual disabilities. Group fitness, cooking, outings. Tues. afternoons & Sat. Ph. Leza, Craig Family Centre, 9885 7789.

Eastern Suburbs Widowed Support

Our Group helps widows/widowers recover after their loss. Weekly meetings incl. guest speakers; social outings. Ph. Lesley 9725 6843 or Nonie 9802 2316.

Evening Warm Water Exercises

Mon/Thurs, Peter James Centre. \$9 per session. Run by physiotherapists. For people with musculoskeletal disease. Eastern Suburbs Hydrotherapy Inc. Ph. 0467 631 835.

Kara House Outreach Service

Domestic Violence Support Agency. For women experiencing domestic violence. Support to women from diverse cultural & linguistic backgrounds. Ph. 1800 900 520.

Melbourne East Disability Advocacy, Surrey Hills

Provides individual/citizen advocacy to those with intellectual disabilities in Boroondara, Monash, Whitehorse. Ph. 9808 8633.

e: office@meda.org.au w: meda.org.au

Nunawading Take Off Weight

Naturally Club Friendly, low cost, support group for men & women. Meets Forest Hill Uniting Church Wed 6:30–8pm. Ph. Margaret 9894 4942.

Neighbourhood Watch Ashwood

West & surrounds Looking after each other's safety/security. Meets 7:15pm 2nd Mon. even months. Eastern Lions SC Sixth Ave Burwood. e: manager-ashwoodwest@nhwmonash.org.au

Parkinson's Victoria Inc.

Boroondara Camberwell Support Group, Meet last Mon. 10am–noon. Ph. Parkinson's Victoria 1800 644 189.

Personal Helpers & Mentors

Program, Monash Lvl 1, 12 Hamilton Pl, Mt Waverley. Ph. 9692 9400. Community-based outreach support for people with mental illness, Referrals/self-referrals welcome. Free program.

Reconnexion NFP Counselling, group therapy, phone support, anxiety disorders, depression, pills dependency. Ph. 1300 273 266. w: reconnexion.org.au e: info@reconnexion.org.au

Suicide Loss Support Group Free program explores 12 topics over 12 fortnights, beginning June. Limited to 8 people. Please phone 0434 533671 or 0417 523871.

Whitehorse Community Support Register

Feel safe and secure at home. Confidential Whitehorse Register designed to help elderly, disabled or isolated. Ph. 8892 3385 (Mon–Fri 10am–noon).

History Groups

Aviation Historical Society of Australia

Meets 4th Wed. 7:30pm at Air Force Association, 24 Camberwell Rd, Hawthorn East. w: ahsa.org.au e: membership@ahsa.org.au Ph. 0418 530 001

Balwyn Historical Society

Balwyn Library, 336 Whitehorse Rd. Meet 2nd Thurs 7:30pm (Sept–May); 2pm (June–Aug). Speakers on Balwyn & local history. e: balwynhistory@gmail.com w: https://balwynhistory.org.au

Box Hill Historical Society Inc.

Mtg Rm 1, Library, 1022 Whitehorse Rd. 3rd Sun. (Feb–Nov) 2pm. Archives Box Hill Town Hall Tues. 11am 1st Sat. by appt. Ph. 0480651323. e: boxhillhistory@gmail.com

Camberwell Historical Society Inc.

Meetings 25 Inglesby Rd 4th Tuesdays 7:30pm (winter Sat 2pm). New members welcome. e: enquiries@chs.org.au w: chs.org.au Ph. 0448 296 258.

Family History Connections

1/41 Railway Rd, Blackburn. Ph. 9877 3789. Weekdays, online access, books. Research services, seminars, free beginners' classes. e: info@familyhistoryconnections.org.au w: familyhistoryconnections.org.au

Hawthorn Historical Society

Local History Room, Hawthorn Library, Glenferrie Rd. 2nd & 4th Weds 11am–1pm. Members work & to learn about materials in collection. Ph. 9278 4666. e: hawthornhistoricalsociety@gmail.com

Surrey Hills Historical Society

Maling Heritage Centre 190A Canterbury Rd, Canterbury. 3rd Tues 8pm Feb–Nov. Membership \$25 p/a. Visitors \$5 per meeting. Collection open Mon 10am–3pm or by appt. e: Shhistory3127@gmail.com

Waverley Historical Society Inc.,

Above Mt Waverley library, Miller Cres (lift avail.). Have queries about Waverley's history? Visit Wed. 2–4pm or by appt. e: waverleyhsvic@gmail.com

Whitehorse Historical Society Inc.

Local History Rm, Schwerkolt Cottage & Museum, Deep Creek Rd, Mitcham. Open for research Wed 10:30am–2:30pm. e: whitehorsehistory@hotmail.com Ph. 9873 4946.

Nunawading Market – Craft & Produce

4th Sun. Feb–Nov 9am–2pm. Dec. 2nd Sun. 1–5pm. Toys, clothing, jewellery, gifts, plants, gourmet foods, fresh produce. Whitehorse Civic Centre, 379–397 Whitehorse Rd.

Treasures & Tastes@Trinity

3rd Sat, 9am–1pm. Holy Trinity Anglican Church, 177 Union Rd. Surrey Hills Indoor boutique makers' & growers' market. Ph. 9890 2165. e: treasuresandtastes@gmail.com

Whitehorse Farmers Market

2nd Sundays (8am–1pm) Whitehorse City Council's Civic Centre precinct, 379–397 Whitehorse Rd, Nunawading. Fresh fruit & vegetables, eggs, meat, fish, game meats, from the grower to you.

Mainly for Men

Alamein Men's Shed

Alamein Neighbourhood & Learning, 49 Ashburn Grove, Ashburton Tues 9.30–11.30am and 12.30–2.30pm. \$30 per term & \$2 per session. Ph. 9885 9401.

Australian Model Railway Assoc.

Vic. Branch Inc. 92 Wills St, Glen Iris. New members welcome. For membership /activities Ph. 9885 7034. w: amracvic.com.au

BASScare

The Canterbury Centre 2 Rochester Rd. Boroondara Blokes (over 55s) Fortnightly men's outing group. e: socialsupport@basscare.org.au Ph. 9880 4709.

Box Hill Prostate Cancer Support

Group 9:30–11:30am, 3rd Tuesdays. Box Hill RSL Upton Room, Nelson Rd. Onsite parking. Ph. Bert Alesich 0418 344 057

East Malvern Men's Shed

51A Ivanhoe Grove. Tues & Wed 9am–3pm. Place for active retired men to meet those with similar interests. e: info@eastmalvernmentshed.org.au

Hand Tool Preservation Association

of Aust. Inc. Box Hill Community Arts Centre, 470 Station St. 7:30pm. 3rd Tues of Jan, Mar, May, Jul, Sep, Nov. Visitors welcome. Ph. 9803 9871.

e: secretary@htpaa.org.au

The Historical Radio Society of

Australia We collect and restore old radios. Visit one of our monthly meetings or radio auctions, in Mulgrave. w: hrsa.org.au Ph. Kevin 0435 378 678

Koonung Woodturners Guild

Friendly group, 4th Sat. 9am–noon. Beginners' tuition Thurs. p.m. Blackburn North Neighbourhood House, 109 Koonung Rd. Ph. 9890 9201 w: koonungwoodturners.com

Monash Men's Shed

77 Bogong Ave, Bogong Reserve, Glen Waverley. Mon–Sat 9:30am–1:30pm. Activities for all ages. Drop in for a cuppa. Ph. 9561 8557. e: info@monashshed.org.au

Community Notices

Number Plate Collectors' Club

Plate enquiries welcome. All welcome to attend meetings & ask general questions. Contact David West. Ph 0417 993 369. e: davidwest3152@gmail.com

Service Clubs

Blackburn Evening VIEW Club

Supports Smith Family & Learning For Life students. Meets for dinner, Bucatini Rest'nt, 454 Whitehorse Rd Mitcham 2nd Thurs 7 for 7:30pm. Ph. Hazel 0407 845 292.

Box Hill/Mitcham Day VIEW Club

Supporting the Smith Family & Learning for Life Students. 11:30am for Lunch 4th Mon Bucatini Restaurant, 454 Whitehorse Rd Mitcham. Visitors Welcome Ph. Anne 0409 192 700.

Burwood Evening VIEW Club

Bucatini Restaurant, 454 Whitehorse Rd, Mitcham, 7pm 2nd Wed. Dinner/guest speaker. Visitors welcome. Ph. 9885 2336. e: burwoodeveningviewclub@gmail.com

Burwood RSL Sub Branch

Cnr Myrniong & Hyslop Sts. Meets Mon & Thurs 11am-4pm. Activities incl. billiards & snooker. Visitors & new members welcome. Ph. 0412 392099 e: jim@jlfs.com.au

Kiwanis Club of Monash Waverley

To help improve the lives of children we do community service, enjoy occasional social events and fundraise for local projects. Meetings online 2nd and last Wednesdays 7:30pm. Occasional morning meetings in cafes. Contact waverley@kiwanis.org.au

Lions Club of Ashwood-Mt Waverley

Lionsville Hall, 100 metres into Lionsville Senior Citizens Village, 88 Winbirra Parade, Ashwood. Meet first Wed, 7:30pm. Ph. Heather Lauder 0407 813 979.

Lions Club of Blackburn

Men/women all ages. Friendly active club. Bus. Meeting: 1st Wed. 7pm Blackburn North Bowls Club. Social Dinner: 3rd Wed. 7pm "The Coach" Ringwood. New members welcome. Ph. Kate 0434 254 607.

Lions Club of Boroondara Central

Glenferrie Hotel, 324 Burwood Rd, Hawthorn. Men/women all ages meet 2nd Tues, 6pm for 6:30pm. Friendly dinner/ business mtg. Ph. 9836 0541 or 0409 389 927.

Lions Club of Boroondara Gardiners Creek

Bus. Mtgs: Craig Family Centre, Samarinda Ave, Ashburton, 2nd Mon, 7:30pm. e: jenniferjoseph@iinet.net.au Ph. 0419 880 616.

Rotary Club of Box Hill Burwood

Meets Upton Room, Box Hill RSL, 26 Nelson Rd, Box Hill, 1st, 3rd & 5th Tues 6pm-7:15pm. Social meetings 2nd & 4th Tues. Ph. Ray 0408 857 924.

Rotary Club of Box Hill Central

Tudor Box Hill Best Western, 1101 Whitehorse Rd. Prof. women/men who enjoy helping the community/sharing fun times. Breakfast Wed 7:30am.

e: info@boxhillcentralrotary.org.au

Rotary Club of Nunawading

Vibrant, active and social. Make new friends, enjoy fellowship and fun while helping the community. Meetings locally on a Wednesday. For details email: rotarynunawading@gmail.com

Rotary Satellite Club of Box Hill Central – Volunteering with Friends

No weekly commitment. Dinners/ service activities monthly. Focus: women & children projects. Meeting details: satellite@boxhillcentralrotary.org.au

Rotary Club of Mont Albert and Surrey Hills

Box Hill Institute Nelson Campus, Rm B10.G025 Ground Floor, Nelson Rd. Community service, friendship, guest speakers. First and Third Tuesdays 6.45 to 7pm. e: info@rotarymash.org.au

The Country Women's Assoc. of Vic. Inc.

CWA Ashburton Branch. Meet 1st Tues 7pm. Ashburton Seniors Centre, 296 High St. Friendly active group. e: cwa.ashburton@gmail.com

Sporting Clubs

Ashburton Bowls Club

Enter off Warner Ave. Two grass greens; free coaching. 1st Sun. Barefoot bowls. Oct-April. Indoor winter bowls/cards. Memberships. Ph. 9885 4788. w: ashburtonbowls.com

Bennettswood Bowling Club

179 Station St. Burwood. Ph. 9808 4373. 2 Tift Grass Greens. Summer/winter bowls (indoor mats). Barefoot Fri evening. Free coaching. e: benwoodbowls@gmail

Burwood Cricket Club

Training & home matches: Burwood Reserve, Warrigal Rd, Glen Iris. Ph. Carol 0409 827 321 e: burwoodccsecretary@gmail.com w: burwoodcricket.com

Burwood District Bowls Club

Barefoot Friday nights; function catering, fully licensed, Pennant bowls, Tue/Sat New members welcome. Ph. 9889 5931 w: burwooddistrict.com.au

Burwood Tennis Club

Enter off Queens Pde. A progressive & inclusive club offering coaching, competition, plus social tennis day & night, on five synthetic grass courts. Ph. 9830 6618.

Camberwell Central Bowls Club

14 Bowen St. Ph. 9889 4813 "Come Bowlin' on Bowen". Bowling all year. Summertime night bowls Free Coaching. New Members welcome. w: camberwellbowlsclub.com.au

Camberwell Petanque Club

Wakefields Grove. Ph. 0408 700 550. w: onpisteup.com Summer/Fri. pm. Winter/Sat. noon. Funny name, great game. Free coaching, social play &/or comps, home & away.

Camberwell Target Rifle Club

Mon & Tues nights from 7:30pm. Coaching & equipment supplied. Ph. Cam 0499 756 187, Barry 0411 469 646 or Ross 0418 331 696.

East Burwood Masters Athletics

Bill Sewart Athletics Track, East Burwood Reserve, Burwood Hwy. Thurs 7-9pm. Fun athletics & supper. Ph. 0403 910 183. w: vicmastersaths.org.au/vma-venues/east-burwood-masters-athletics/

East Malvern Senior Citizens

Bowling Club MECWA Hall, 57 Fisher St. Thurs 1:30-3:30pm. Indoor carpet bowls on two mats. Outings, more than just a bowls club. New members all ages welcome. Ph. 9555 8639.

Monash Croquet Club

Electra Community Centre, Electra Ave, Ashwood. Friendly atmosphere. Beginners' lessons. Ph. Ros, 9802 6545. e: monashcroquet@gmail.com w: croquetvic.asn.au

Phoenix Park Table Tennis Club

26 Rob Roy Rd, Malvern East. Mon & Thurs 5.30-9.30pm coaching/comps all ages. 10am-1pm seniors. Ph. Paul Bronstein 0412 804 036.

Unquenchables Rugby Union

Part of Box Hill RUFC. 35yo+. Less strenuous rugby. Exp. opt. Sat pm & Thurs eve. Refreshments and laugh after. w: unquenchables.com

Whitehorse Chevaliers Fencing Club

Nunawading, Vermont South. 'All ages' beginners, coaching & equipment provided. Free trial sessions available. Ph. 0450 556 330. w: whitehorsechevaliers.com

The Bulletin is seeking volunteers to help with the magazine.

We currently need assistance with magazine delivery.

Email
info@burwoodbulletin.org



Although space is limited, if you have a suitable Community Notice listing, please email: freenotices@burwoodbulletin.org or phone Chris on 0413 412 844.

Amaroo Neighbourhood Centre Inc.

Support social harmony. Volunteers needed to help out. Inc. free lunch. Flexible days. No experience req. Phone 9807 2625 e: admin@amaroonc.org.au

Ashburton Community Centre

Vacancies: Events Volunteers; Office Assistants 9am-2pm (flexible). Mgt Committee Members. Application form: ashburtoncc.org.au/our-volunteers.

Ashburton Community Residents

Association (ACRA) Inc. Volunteers needed to help with our artisan market activities in Ashburton & Ashwood. Ph. 9885 8890 e: acraashburton@gmail.com

Ashy Op Shop, Ashburton

285b High St. We fund local Ashburton aged care services. Volunteer weekday or Sat. All welcome. Just 4 hours p/wk. Ph. 0447 503 741 e: b.scicluna@basscare.org.au

Avenue Neighbourhood House @

Eley Volunteers always welcome. Opp. avail: reception, classes assist, drive small community bus, committees. Ph. 9808 2000 or e: info@theavenue.org.au

Balwyn Evergreen Centre

Volunteer visitors needed for the Evergreen Connection Visits program (ACVVS), Drivers for local pick ups and/or weekly outings. Other opportunities available. Ph 9836 9681

BASScare

The Canterbury Centre 2 Rochester Rd. Supporting older people. Vacancies avail. in meals on wheels, social support & connection. e: b.scicluna@basscare.org.au Ph. 0447 503 741.

Boroondara Central Lions Club Op Shop

1350C Toorak Rd, Camberwell (Burwood Village) Volunteers needed morn. & a/ noons, also emergencies. Ph. Margaret 0409 389 927 or visit Op Shop.

Bowen Street Community Centre, Camberwell

Family-focused centre. Need volunteers in childcare, office admin., Committee of Mgt, Vice-president, staff liaison, Treasurer. Ph. 9889 0791. w: bowenstreet.org.au.

Canterbury Neighbourhood Centre

Volunteers interested in book clubs, dementia support; community mag. distribution. Ph. 9830 4214 e: enquiries@canterburynh.org.au

Craig Family Centre

Need homework tutor, committee member, community gardener, childcare or kinder helper. Lots of opportunities! Ph. 9885 7789 e: enquiries@craigfc.org.au

Eastern Emergency Relief Network Inc.

Volunteer one morning per wk. Drivers, Warehouse Coordinators & Assistants, Sorting/Pantry Crews, whitegoods servicers & qualified electrical testers, office admin. Ph. 9874 8433.

Gilbert & Sullivan Opera Victoria,

Bayswater Regular workshops for set/ prop construction, costuming, & bump in/out activities. Light timber work skills helpful, but training provided. 9.30am-3pm most Saturdays. Lunch/coffee incl. Call John 0412 411 629.

Greenlink Box Hill, Box Hill North

Indigenous plant nursery run by friendly volunteers in nursery or parklands. Sow seeds, take cuttings, etc. Open Tues & Wed 9am-noon. Ph. 0479 121 653 only Tues & Wed. e: greenlinkboxhill@gmail.com

healthAbility/Whitehorse Repair Cafe

Seeking volunteer Repairers to join our Cafe, 2nd Sat. of the month (Jan excepted). Have you skills/experience & would like to help reuse & keep items from landfill? Contact Stewart on e: Stewart.Blair@healthability.org.au

Inclusion Melbourne

Support adults with intellectual disabilities. Seeking volunteers as art mentor, friendly visitor, leisure buddy or tutor. Commitment of 6-12 months. Ph. 9509 4266 or e: volunteer@inclusion.melbourne

Knitted Knockers Australia, Burwood

Admin Assist. (KKA supports breast cancer survivors). e: knittedknockersaustralia@gmail.com

Louise Multicultural Community

Centre, Box Hill Tutors (English & Computer), Office Admin. & Project volunteers. Help support and encourage social harmony in a safe environment. Ph. 9285 4850. e: programs@louise.org.au

MND (Motor Neurone Disease)

Victoria Provide care and support for people with MND, incl. services to support carers, etc. Volunteers undertake a range of roles/responsibilities. Ph. 9830 2122.

MS Community Visitors Scheme

Just like you but older – Would you like to visit older people who would benefit from friendship? We have people waiting to be matched to a visitor for friendship & companionship. Ph. 9845 2729.

Neighbourhood Watch Whitehorse

Volunteer for 'Caring for Communities'. Support local area groups. e: whitehorse@nhw.com.au

Neighbourhood Watch Ashwood

West & surrounds Local people needed to help with running/ administering committee & newsletter delivery. Ph. 9885 7554 or e: manager-ashwoodwest@nhwmonash.org.au

Peridot Theatre Inc.

Community theatre co. in eastern suburbs for 35 years. Interested in theatre? Secretarial/bookkeeping skills highly valued. w: peridot.com.au Ph. Helen: 0429 115 334.

Power Neighbourhood House,

Ashwood Committee members needed to achieve community participation by providing support, referral & activities in a friendly non-judgemental environment. Ph. 8849 9707.

RSPCA, Burwood East

3 Burwood Hwy. Ph. 9224 2222. Many volunteer roles: office admin, events, grounds maint. Min. age 15. Visit our website <https://rspcavic.org/volunteer/>

Samarinda – local for local

Vacancies for Meals-on-Wheels drivers, Bus excursions, Seniors transport to attend activities. Ashy Op Shop staff. Ph. 0447 503 741 e: b.scicluna@basscare.org.au

Uniting Op Shop, Forest Hill

Volunteers needed to join the team at our newly renovated Op Shop. Phone Don on 0411 490 365 for details.

Wesley Do Care – Active Ageing

Work with elderly people/disabled who want to take part in interests & social activities. We need volunteers happy to share interests, activities & companionship. Ph. 9794 3000.

Youth Education Support Inc. (YES)

Help disadvantaged youth to gain an education. Volunteers for Op Shop needed, Level 1/Office 3, 79 Mahoney Rd. Forest Hill. Ph. 0430 546 467.

THE BULLETIN VOLUNTEER VACANCIES

- Advertising coordinator
- Writers
- Deliverers

Contact Chris on 0413 412 844 or email editor@burwoodbulletin.org

Community Notices

As space is at a premium, please report any out-of-date notices to enable their updating or removal at freenotices@burwoodbulletin.org



WHAT'S ON LOCALLY

To publicise local once-off events, markets or theatre productions, etc. in our next issue please email editor@burwoodbulletin.org

VENUE KEY:

- ACC – Ashburton Community Centre, 160 High St.
- AL – Ashburton Library, 154 High St, Ashburton.
- BFM – Boroondara Farmers' Market, 484 Auburn Rd, Hawthorn.
- BHCAC – Box Hill Community Arts Centre, 470 Station St, Box Hill.
- BTH – Box Hill Town Hall, 1022 Whitehorse Rd, Box Hill
- CFS – Camberwell Film Society, Camberwell Community Centre, 33-35 Fairholm Gve, Camberwell.
- CL – Camberwell Library, 340 Camberwell Rd.
- CMS – Camberwell Music Society, Camberwell Uniting Church, 314 Camberwell Rd.
- CT&T – Car park adjacent to Station St and Riversdale Rd, Camberwell (behind Burke Rd shopping strip).

- HAC – Hawthorn Arts Centre, 360 Burwood Rd. Ph. 9278 4770.
- MTB – Melbourne Tramways Band, cnr Riversdale & Warrigal Rds, (stop 59).
- PT – Peridot Theatre, Clayton Community Centre, 9 Cooke St. tickets@peridot.com.au or 0429 115 334.
- R – The Round (located behind the Whitehorse Civic Centre)
- SHNC – Surrey Hills Neighbourhood Centre, 157 Union Rd
- SHOP – Strathdon House & Orchard Precinct 449-465 Springvale Rd, Forest Hill
- THG – Town Hall Gallery, 360 Burwood Rd, Hawthorn.
- WC – Whitehorse Centre, Rear 379-397 Whitehorse Rd, Nunawading
- WFS – Whitehorse Film Society, Whitehorse Centre, 379 Whitehorse Rd, Nunawading.

REGULAR EVENTS (MARKETS)

Fourth Sun each month 9am–2pm Arts Nunawading Market Shop local at the Make it, Bake it, Grow it, Nunawading Market. Free entry/ample free parking. [WC]

3rd & 5th Sat 8am–12.30pm Boroondara Farmers' Market Patterson Reserve, Auburn Rd, Hawthorn East. No 5th week market in December. Cost \$2.

Every Sun 6:30am–12.30pm Camberwell Trash & Treasure About 370 stalls; second-hand goods, antiques, bric-a-brac, collectibles, hardware, preloved, vintage/retro clothes & shoes, books, music. [CT&T]

Every Sun 10am–3pm Hawthorn Makers Market Curated designer market selling a wide range of individually designed and handcrafted items. [HAC]

Third Sat each month 9am–1pm Treasures and Tastes at Trinity Hand-crafted items, baked treats & plants. Sausage sizzle & Treasures cafe. Fun kids' craft table, free activities, plus chance to win a \$30 voucher at each market. w: treasurestastetrinity.com.au [HTSH]

Second Sun each month 9am–1pm Whitehorse Farmers' Market Organised/managed by Whitehorse Rotary & Rotaract Clubs, features stalls selling fresh seasonal produce in front of the Civic Centre building. [WC]

SEPTEMBER

Sat 5 Sep 7:45pm Runt. (Aust) 2024. Follows ten-year-old Annie and Runt, her stray dog, as they attempt to win a championship at a Dog Show in London in order to save their family's farm. [WFS]

Sat 5 Sep 7:30pm The Linda Ronstadt Show. Celebrate Linda with Violet Town country cowgirl Ella Hooper and an all-star backing band. Cost \$60 \$48 conc. \$30 child (under 16). [HAC]

Thur 12 Sep 7:30pm Seraphim Trio. One of Australia's most celebrated ensembles present Tchaikovsky's towering Piano Trio in A minor. Book on-line: Trybooking.com/DGQVV [CMS]

Sun 13 Sep 10am – 12pm Terracotta Wine Cooler. Create your own traditional terracotta cooler in this hands-on workshop. All materials included. Tickets \$80. [BHCAC]

REGULAR EVENTS (OTHER)

Third Tues each month 2–4pm Family history group. Learn about the resources available for family history research & how to use them. Share family history stories/help each other with ideas for what to do next. [CL]

Every 1st Mon 4–5pm STEAM Club for kids – Ashburton. Fun session of science, technology, engineering, arts & maths. Each month we will explore different topics by getting hands-on. Age: primary school. Please book tickets for each child attending. [AL]

Every 2nd Sat Feb–Dec 10am–2pm healthAbility/Whitehorse Repair Cafe. Instead of feeding landfill, come & have broken items fixed whilst sharing tea/coffee. Gold coin donation. [SHOP]

Tues Mornings 10:30am–12pm Burwood Walking Football. Low-impact, modified version of soccer where players walk instead of run. Ideal for seniors, injury recoverees. Synthetic Pitch, Sixth Avenue, Burwood. Contact Mick at m.trim@wf4hvic.onmicrosoft.com

Sun 13 Sep 2pm and 6pm Nathan Cavaleri: Growing Pains. From child prodigy to cancer survivor, success to mental health collapse, Nathan traces his path from busking to stardom and back to himself. Cost Full \$57 Conc. \$54. Book: <https://tickets.theround.com.au> [R]

Sun 13 Sep 2–4pm Gelli Plate Printing Workshop. Discover the magic of monoprinting with gel plates! Perfect for beginners and creatives of all levels. All materials are included. Tickets \$72. [BHCAC]

Tue 15 Sep 11am Lunchtime chair yoga at Town Hall Gallery. Surrounded by beautiful artworks you'll be guided through a series of postures/movements that build rhythm, balance & strength. Beginners welcome. All equipment provided. Cost \$15 [THG]

Wed 16 Sep 12–1pm Town Hall Gallery Collection Tour. Join Town Hall Gallery curator for a rare tour of the storerooms. Free, but booking req. Ph. 9278 4770 e: arts@boroondara.vic.gov.au [THG]

Wed 16 Sep 7:30pm Cabaret. (USA) 1972. Berlin 1931: American cabaret singer Sally Bowles (Liza Minnelli) meets British academic Brian Roberts (Michael York). Ph. 9347 6969. [CFS]

Sat 19 Sep 7:45pm *The Teacher Who Promised the Sea.* (Spain) 2023. Buried memories of the Spanish Civil War are unearthed as a woman searches for the remains of her grandfather's father and discovers the story of an idealistic young teacher. [WFS]

Sun 20 Sep 10am & 2pm *Mario The Maker Magician.* Contagiously upbeat and full of heart, Mario leads you through a romping explosion of energy and belly laughs. All materials included. Tickets: Full \$22 Group (4+) \$18. [R]

Sun 20 Sep 11am – 4pm *Public Running Day @ Box Hill Miniature Steam Railway.* Location: Cnr Elgar & Belmore rds Mont Albert North. Tickets available on site at the Ticket Office. www.bhmsrs.org.au

Wed 23 Sep 10am *Trash Test Dummies.* Slapstick circus comedy takes the household wheelie bin to new heights, and delivers a dump-truck full of hilarity! Tickets Full \$22 Group (4+) \$18 Book: <https://tickets.theround.com.au> [R]

Wed 23 Sep – Sat 7 Nov *Celebrating our Parks and Gardens by U3A Hawthorn Art Groups.* Bringing together a series of works inspired by the natural spaces enriching our community. Free. [THG]

Sat 26 Sep 10am–2pm *ACRA Ashburton Artisan Market.* Alamein Neighbourhood & Learning Centre 49 Ashburn Gve, Ashburton. High quality Australian handcrafted products. Contact via www.Facebook.com/AshyCRA. or acraashburton@gmail.com Come & support the local Neighbourhood House & crafters.

OCTOBER

Sat 3 Oct, 10am–2pm *Eggshell Artistry.* Exhibition, demonstrations and sales of artworks from real eggshells, plus craft de-stash stall. The Craig Family Centre, 7 Samarinda Ave, Ashburton. Free entry. Enq. Helen 0409 589 424 or email viceggdecoratorsguildinc@gmail.com

Sat 3 Oct 7:45pm *Mr. Burton.* (UK) 2025. The story of how Richie Jenkins was turned into Richard Burton, the greatest star Wales has ever produced. [WFS]

Wed 7 Oct – Sat 21 Nov *Thresholds by Amy Dwight.* A community exhibition examines the artist's personal experience of the sacred mystery: the ways in which beauty is born through moments of grief and loss. Free. [THG]

Fri 9 Oct 1pm & 8pm; Sat 10 Oct 2pm *Dust.* One man's unforgettable journey, examining trauma, resilience and survival against the backdrop of post-WWII England. Tickets Full \$46; Conc. \$43; 30 Yrs & Under \$30. <https://tickets.theround.com.au> [R]

Fri 16 Oct 7:30pm; Sat 17 Oct 1:30pm *The Gospel According to Paul.* Jonathan Biggins transforms into reformer and rabble-rouser Paul Keating. Tickets Full \$70. Conc. \$67. 30 Yrs & Under \$30. <https://tickets.theround.com.au> [R]

Sat 17 Oct 7:45pm *Une Belle Course (Driving Madeleine).* (USA) 2022. A seemingly simple taxi ride across Paris evolves into a meditation on the realities of the driver and his fare, an elderly woman whose warmth belies her shocking past. [WFS]

Sat 17 Oct 2 – 4pm *Floristry design workshop.* Learn the fundamentals of floristry, develop new skills and take home your unique bouquet masterpiece. Cost \$75. [HAC]

Sun 18 Oct 11am – 4pm *Public Running Day @ Box Hill Miniature Steam Railway.* Join us for a memorable day. Location: Cnr Elgar & Belmore rds Mont Albert North. Tickets available on site at the Ticket Office. www.bhmsrs.org.au

Tue 20 Oct 10:30am – 12pm *Morning Music: Invictus Quartet.* Engaging and interactive quartet bring an enchanting mix of nostalgia, artistry & cinematic magic to the stage. Cost \$20. Bookings essential. Ph. 9278 4770. [HAC]

Tue 20 Oct 10:30am *Beethoven and Mozart Quintets.* Elyane Laussade along with friends from Melbourne Symphony, Orchestra Victoria & Melbourne Conservatorium, reprise performances of two quintets by Beethoven and Mozart. Book: Trybooking.com/DGQWK [CMS]

Wed 21 Oct 7:30pm *Dangerous Liaisons.* (UK/USA) 1988. Based on the novel, the film follows two aristocratic libertines in 18th-century France who engage in a complex game of seduction and betrayal. Ph. 9347 6969. [CFS]

Sat 24 Oct 7:30pm *Wolf by Circa.* A symbol of our untameable selves and a gasp-inducing acrobatic thrill ride. Tickets Full \$68, Conc. \$65, 30 Yrs & Under \$30. <https://tickets.theround.com.au> [R]

Sat 31 Oct 10am–2pm *ACRA Ashburton Artisan Market.* Alamein Neighbourhood & Learning Centre 49 Ashburn Gve, Ashburton. High quality Australian handcrafted products. Contact via www.Facebook.com/AshyCRA. or acraashburton@gmail.com Come & support the local Neighbourhood House & crafters.

NOVEMBER

Wed 4 Nov – Sat 30 Jan 2027 *The Uncomfortable Truth: Maree Clarke and Megan Evans.* In dialogue through their artworks, these two artists unpack the impact of colonisation in a contemporary context. Free. [THG]

Sat 7 Nov 7:45pm *We Live In Time.* (UK) 2024. After an unusual encounter, a chef and a divorcée fall in love until a painful truth puts their love story to the test. [WFS]

Wed 11 Nov – Sat 23 Jan 2027 *2026 Boroondara Summer Salon.* This exhibition is a vibrant showcase of creativity, featuring the work of artists who live, work or study in Boroondara. Free. [THG]

Sat 14 Nov 7:30pm *Sophie Rowell and Kristian Chong.* These two renowned Australian musicians present a thrilling program featuring duo Sonatas of Beethoven and Mozart. Book on-line: Trybooking.com/DGQVY [CMS]

Sun 15 Nov 11am – 4pm *Public Running Day @ Box Hill Miniature Steam Railway.* Location: Cnr Elgar & Belmore rds Mont Albert North. Tickets available on site at the Ticket Office. www.bhmsrs.org.au

Wed 18 Nov 11am & 2pm *Pot-Pourri.* Award-winning entertainment sensation delivers a spellbinding musical experience that's guaranteed to captivate. <https://tickets.theround.com.au> [R]

Wed 18 Nov 7:30pm *The Thread.* (France) 2025. Drama exploring the complexities of a murder trial where a man is accused of killing his wife. Ph. 9347 6969. [CFS]

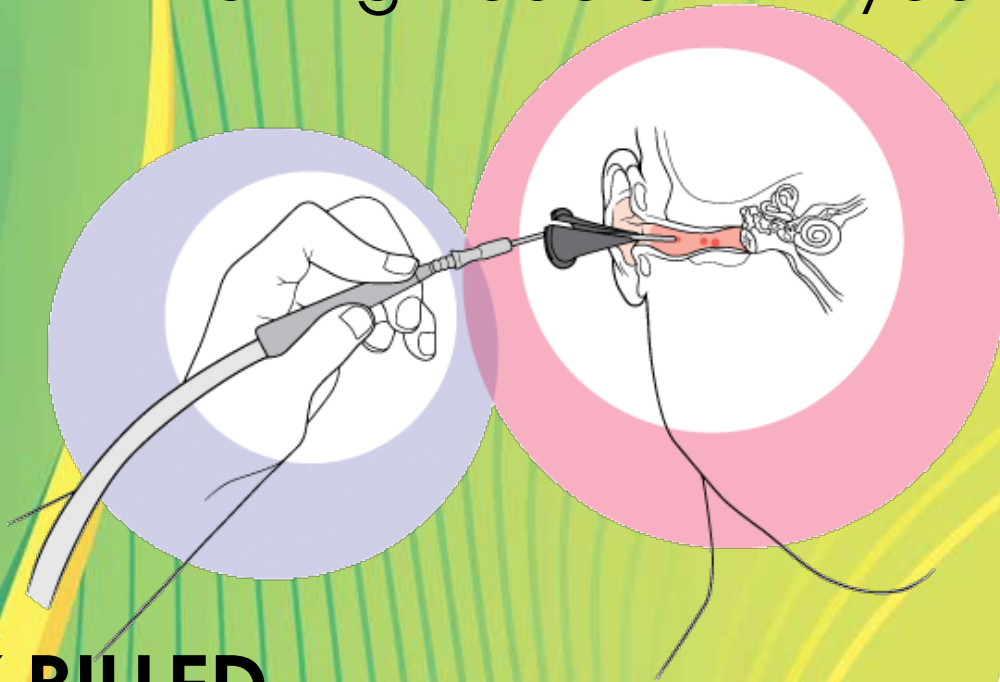
Sat 21 Nov 7:45pm *De Buchspazierer (Door-to-Doorbookstore).* (Germany) 2024. 70-year-old Carl Kollhoff works in a little bookshop. One day a 9-year old girl joins him on his delivering-tours. [WFS]

Wed 25 Nov – Sat 30 Jan 2027 *Woven Journeys.* Through the tactile use of fibre and material, the featured artists explore how people relate to both built and natural environments. Free. [THG]

Sat 28 Nov 10am–2pm *ACRA Ashburton Artisan Market.* Alamein Neighbourhood & Learning Centre 49 Ashburn Gve, Ashburton. High quality Australian handcrafted products. Contact via www.Facebook.com/AshyCRA. or acraashburton@gmail.com Come & support the local Neighbourhood House & crafters.

Wax-Blocked Ears

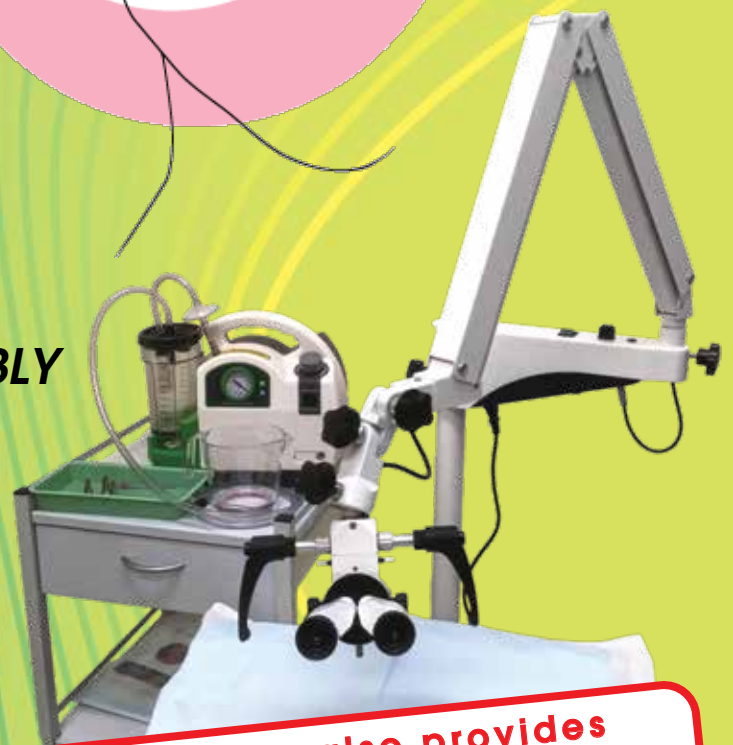
Having trouble with your ears?



BULK BILLED

REMOVE EAR WAX COMFORTABLY

Camberwell East Medical Centre provides safe, effective and professional ear wax removal using Micro-suction technology performed by a Registered GP.



**Our Clinic also provides
Mole and Skin Cancer Checks
- Bulk Billed**



**East Camberwell Medical Centre
236 Warrigal Rd**

Toorak Rd

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